



## ABOUT THE FACILITATOR

James Freeman (MA, CYC-P) is the founder of Training Grounds and has 30+ years of experience working with youth and families and those who help them. He holds a master's degree in organizational leadership and is a recipient of the president's award from the Association for Child and Youth Care Practice and career achievement award from the National Staff Development and Training Association. He has trained around the world and served in leadership roles on national and international boards. His focus on the interpersonal process and integration of organizational psychology offers a unique and valuable experience for growing leaders.



**TRAINING  
GROUNDS**

[www.training-grounds.net](http://www.training-grounds.net)

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# TRAUMA-INFORMED **LEADERSHIP** **CERTIFICATE** **PROGRAM**

FOR MID-LEVEL &  
FRONTLINE LEADERS



**TRAINING  
GROUNDS**



**12-WEEK  
PROGRAM**

Weekly  
Instruction  
& Application



Weekly  
Live  
Discussion



Strength  
Deployment  
Inventory 2.0



One-on-one  
Coaching

# Imagine the most critical leaders in your organization showing up empowered to engage the workforce

without self-doubt or overwhelm, even in times of conflict or change

## 3-STEP TRANSFORMATION

**1** Expand capacity as a self-aware, empowered leader

**2** Deepen insight into dynamics of a trauma intense setting

**3** Strengthen relational leadership skills to engage the workforce



Mid-level and frontline leaders supervise the largest number of employees, oversee day-to-day operations, and are closest to the client-facing activities of your organization.

**Delaying their development costs unnecessary time, resources, and even the loss of your best people.**

### PROGRAM OPTIONS



#### INDIVIDUAL

Private, individualized with flexible start/end dates

\$4,800 per person



#### COHORT

Join group on preset dates

\$3,600 per person



#### ORGANIZATION

Private group for your organization

\$2,800 per person

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