

Post-Operative Care After Skin Cancer Surgery

What to Expect

Mild pain, swelling, redness, or slight bleeding may occur and usually settles within a few days.

Wound Care

Keep dressing clean and dry for 4 days. After that, clean gently daily and Vaseline application twice daily

Showering

You may shower after 24 hours. Avoid soaking, swimming, or scrubbing the wound.

Pain Management

Use 2 paracetamol 6 hourly per day if needed. Avoid anti-inflammatory medications unless advised. If the wound become painful after 2 days please contact the clinic on 3286 2998

Bleeding

Apply firm pressure for 15–20 minutes. Seek help if bleeding persists.

Signs of Infection

Increasing redness, swelling, pus, or fever—contact the clinic if these occur. Wound become painful after 2 days

Stitches

Face: 5–7 days. Body: 10–14 days (or as advised).

Activity

Avoid strenuous activity for at least 48 hours and protect the wound area.

Sun Protection

Use SPF 50+ sunscreen once healed and protect area from sun exposure