



LONDON ALL STARS TAEKWONDO ACADEMY

'No Surrender'

w: www.londonallstarstaekwondoacademy.com
e: londonallstarstaekwondoacademy@gmail.com

Happy 
Mother's
Day

Welcome all to the **LONDON ALL STARS TAEKWONDO ACADEMY** Newsletter no.4 – March 2018

LONDON ALL STARS TAEKWONDO ACADEMY would firstly like to wish all the Mother's, Grandmother's, Surrogate Mother's, Life Mother's, Guardian Mother's and Role Mother's a Happy Mother's Day for March 11 2018. We hope you are spoilt rotten by your families



GRADING – SUNDAY 25TH MARCH 2018

Let not forget selected club members will be graded on **Sunday March 25th 2018**. Mum's, Dad's, Guardians, please make sure you child(ren) are practicing their Pattern 1 regularly as they will be required to know this at their grading. For the selected yellow belts being graded as well, please make sure you are also practising your Pattern 2.

An email had previously been sent to you with the Pattern 1 link attached for your reference. If you have not received this or require the Pattern 2 link, please inform **Valerie Sandiford, Club Secretary** at londonallstarstaekwondoacademy@gmail.com

Co-Founders: James Williams & Claude Williams
Assistant Coach: Gilroy Wright & Club Secretary: Valerie Sandiford
Flaxman Sports Centre
8 Carew Street, London, SE5 9DF
07984 165276



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GENTLE PARENTS & GUARDIANS REMINDERS: TAEKWONDO SHOES

Please can you make sure your child(ren)s is wearing the correct taekwondo footwear during club sessions. This will be required during sparring that your child(ren) will be participating in. Please note if correct footwear is not worn during sparring, your child will spar barefoot

Trainers shown above can be purchased in Sports Direct. Information has been sent in previous correspondence. If you have not received this, please inform **Valerie Sandiford** at londonallstarstaekwondoacademy@gmail.com



GENTLE PARENTS & GUARDIANS REMINDERS: YEARLY CLUB MEMBERSHIP

For those few Parents & Guardians yet to pay for their child(ren)s yearly club membership, please can you remember to hand in your completed signed forms with £25 per child per year next Sunday. If you have not received this form via email, please inform **Valerie Sandiford** at londonallstarstaekwondoacademy@gmail.com or a hardcopy can be completed with the fee instead

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UPCOMING EVENTS

April 2018 Taekwondo Tournament – In April we will be looking to compete in a taekwondo tournament. Dates and further information to be given nearer the time. We will however be looking to take some of our club members to participate, so please be prepared



BIRTHDAY CELEBRATIONS OF THE MONTH:

- Austin Sandiford – who will be 5 years' old
- Camarley Bloomfield – who will be 8 years' old
- Richae Bovell – who will be 9 years' old
- Harley Breeze Perry – *Our newest member* who will be 9 years' old

LONDON ALL STARS TAEKWONDO ACADEMY would like to wish you a **HAPPY BIRTHDAY** for this coming month of **MARCH 2018**

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And finally.....Thank you all

LONDON ALL STARS TAEKWONDO ACADEMY would like to thank all the mums and dads and guardians and all the children for their commitment and hard work over the years, and we will continue to work in partnership with parents and guardians to continue providing a community led club, run by passionate and supportive coaches supporting your children to reach their full potential

We look forward to seeing you more in the future

James, Claude, Gilroy & Valerie (club secretary)

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