



## LONDON ALL STARS TAEKWONDO ACADEMY

**'No Surrender'**

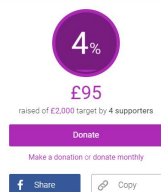
w: [www.londonallstarstaekwondoacademy.com](http://www.londonallstarstaekwondoacademy.com)  
e: [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)

Welcome to the **LONDON ALL STARS TAEKWONDO ACADEMY** Newsletter no. 17  
April 2019



**LONDON ALL STARS TAEKWONDO ACADEMY** would firstly like to wish all a **HAPPY EASTER**. We hope you all enjoy the Easter Holidays with your families

### LONDON ALL STARS TAEKWONDO ACADEMY CROWDFUNDING



We're raising £2,000 to help London All Stars Taekwondo Academy fund local community children to learn Taekwondo and gain discipline, self esteem and confidence

Lest we forget, we have launched a [Crowdfunding page](#) to raise money for our academy, so we can better support the club and its members the best we can.

To find out more click on the link below and please share the link to as many of your friends and family members as you can and help support us, support you

**Thank you** to all those who have donated so far this has been very much appreciated

<https://www.justgiving.com/crowdfunding/londonallstarstaekwondoacademy>

**Please help us reach our target**

Any queries please inform **Valerie Sandiford, Club Secretary** at [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)

Co-Founders: James Williams & Claude Williams  
Assistant Coach: Gilroy Wright & Club Secretary: Valerie Sandiford  
Flaxman Sports Centre  
8 Carew Street, London, SE5 9DF  
07984 165276



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### GRADING

Well done to all our LASTA students that graded on **Sunday 31 March 2019**

Mum's, Dad's, Guardians, well done to you all too, making sure your child(ren) practiced at home. It was clearly demonstrated on the day, and they should all be proud of themselves



**GOOD LUCK WITH YOUR RESULTS  
WATCH THIS SPACE!!!!**

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### UPCOMING EVENTS

**LONDON ALL STARS TAEKWONDO ACADEMY** will be entering the **2019 UTF NATIONAL TAEKWONDO OPEN** on the **Sunday 28<sup>th</sup> April** in Lee Valley Athletic Centre, Edmonton

This is an amazing opportunity as this is now getting **LONDON ALL STARS TAEKWONDO ACADEMY** back on the Taekwondo Tournament 2019 circuit

Please feel free to come down and support our young talent, It will cost £7 for spectators and will be an all day event held at

**Lee Valley Athletics Centre**  
**61 Meridian Way, Edmonton, London N9 0AR**



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### BIRTHDAY CELEBRATIONS FOR THE MONTH

- Tayshaun Anderson – who will be 13 years' old
- Malachi Williams – who will be 10 years' old
- Amari McFarlane – who will be 6 years' old

LONDON ALL STARS TAEKWONDO ACADEMY would like to wish you a **HAPPY BIRTHDAY** for this coming month of **APRIL 2019**



### STUDENT HANDBOOK

Please continue to familiarise yourselves and your child with our **LONDON ALL STARS TAEKWONDO ACADEMY STUDENT HANDBOOK**

This handbook will have a lot of information for all Parent's Guardians and Students, from the clubs new Code of Conduct (Tenets and Oaths), how we expect all our Students (and Parents) to behave towards one another as well as in the Dojang (Martial Arts Training Area) to showing you how to tie your (child's) belt which we expect all students to know

Any further queries you may have on this, please inform **Valerie Sandiford, Club Secretary** at [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)

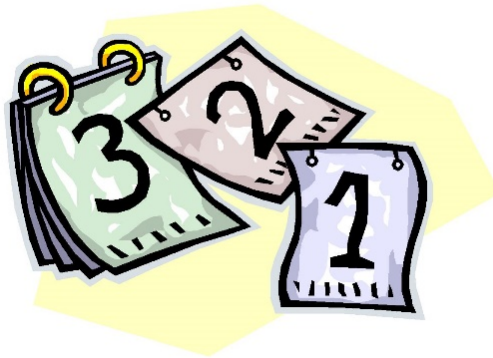
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### 2019 DATES FOR YOUR DIARIES

Sunday 21 APRIL  
CLOSED – EASTER SUNDAY

Sunday 28 APRIL  
UTF NATIONAL TAEKWONDO CHAMPIONSHIPS – LEE VALLEY LEISURE CENTRE



AND FINALLY.....Thank you all

LONDON ALL STARS TAEKWONDO ACADEMY would like to thank all the mums and dads and guardians and all the children for their commitment and hard work over the years, and we will continue to work in partnership with parents and guardians to continue providing a community led club, run by passionate and supportive coaches supporting your children to reach their full potential

James, Claude, Gilroy & Valerie (*club secretary*)

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