



## LONDON ALL STARS TAEKWONDO ACADEMY

'No Surrender'

w: [www.londonallstarstaekwondoacademy.com](http://www.londonallstarstaekwondoacademy.com)  
e: [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)

Welcome to the **LONDON ALL STARS TAEKWONDO ACADEMY** Newsletter no. 18  
May 2019



### Recognising Our Talent:

#### UTF National Taekwondo Tournament ■ 28 April 2019

A remarkable day at the UTF National Taekwondo Tournament in Edmonton on Sunday 28 April 2019  
8 Fighters, 8 Medals, 3 Golds and 5 Silvers. Well done to our Award Winning London All Stars Taekwondo Academy students who participated. You've done us and yourselves proud too  
A huge thank you to the instructors Claude Williams and James Williams for your dedication to these club fighters, it certainly showed today!!!

Thanks for your support and to all the family and friends that came and supported us on the day  
We are so proud of our students

**WELL DONE DOMINIC SANDIFORD, KHIMON FRIDAY, TORUEMI ITEYE-OBI, AARON ROSE, DESTINY JOHNSON, VALENTINO JOHNSON, TYRESE JOHNSON AND ANGEL JOHNSON**



Co-Founders: James Williams & Claude Williams  
Assistant Coach: Gilroy Wright & Club Secretary: Valerie Sandiford  
Flaxman Sports Centre  
8 Carew Street, London, SE5 9DF  
07984 165276

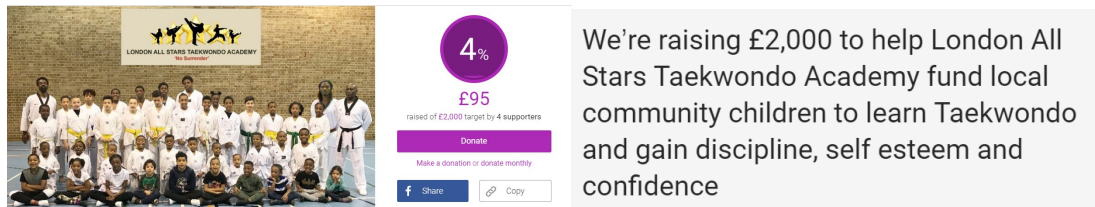


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### LONDON ALL STARS TAEKWONDO ACADEMY CROWDFUNDING



We're raising £2,000 to help London All Stars Taekwondo Academy fund local community children to learn Taekwondo and gain discipline, self esteem and confidence

Lest we forget, we have launched a [Crowdfunding page](#) to raise money for our academy, so we can better support the club and its members the best we can.

To find out more click on the link below and please share the link to as many of your friends and family members as you can and help support us, support you

Thank you to all those who have donated so far this has been very much appreciated

<https://www.justgiving.com/crowdfunding/londonallstarstaekwondoacademy>

Please help us reach our target

Any queries please inform **Valerie Sandiford, Club Secretary** at [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)



### GRADING

Well done to all our LASTA students that graded on **Sunday 31 March 2019**

Results are to be announced on Sunday 5 May 2019 . GOOD LUCK!!!!

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### UPCOMING EVENTS

**LONDON ALL STARS TAEKWONDO ACADEMY** will be entering the

### **LONDON KIXSTAR OPEN TOURNAMENT**

on the **Saturday 29 June 2019** in the K2 Arena, Crawley

This is an amazing opportunity to continue getting

**LONDON ALL STARS TAEKWONDO ACADEMY** back on the Taekwondo Tournament 2019 circuit

Please feel free to come down and support our young talent,

There will be a cost for spectators and will be an all day event held at

**K2 Crawley**

**Pease Pottage Hill, RH11 9BQ Crawley**

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### BIRTHDAY CELEBRATIONS FOR THE MONTH

- Daniel Newell Thompson – who will be 11 years' old
- Instructor Claude Williams – who will be 21 again
- Instructor Gilroy Wright – who will be 21 again

LONDON ALL STARS TAEKWONDO ACADEMY would like to wish you a **HAPPY BIRTHDAY** for this coming month of **MAY 2019**



### STUDENT HANDBOOK

Please continue to familiarise yourselves and your child with our **LONDON ALL STARS TAEKWONDO ACADEMY STUDENT HANDBOOK**

This handbook will have a lot of information for all Parent's Guardians and Students, from the clubs new Code of Conduct (Tenets and Oaths), how we expect all our Students (and Parents) to behave towards one another as well as in the Dojang (Martial Arts Training Area) to showing you how to tie your (child's) belt which we expect all students to know

Any further queries you may have on this, please inform **Valerie Sandiford, Club Secretary** at [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)

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**2019 DATES FOR YOUR DIARIES**

**SATURDAY 29 JUNE 2019**

**KIXSTAR DRAGON OPEN TOURNAMENT – K2 ARENA, CRAWLEY**

**SUNDAY 14 JULY 2019**

**UTF BRITISH INTERNATIONAL OPEN TOURNAMENT – LEE VALLEY LEISURE CENTRE, EDMONTON**



**AND FINALLY.....Thank you all**

**LONDON ALL STARS TAEKWONDO ACADEMY** would like to thank all the mums and dads and guardians and all the children for their commitment and hard work over the years, and we will continue to work in partnership with parents and guardians to continue providing a community led club, run by passionate and supportive coaches supporting your children to reach their full potential

**James, Claude, Gilroy & Valerie** (*club secretary*)

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