



LONDON ALL STARS TAEKWONDO ACADEMY

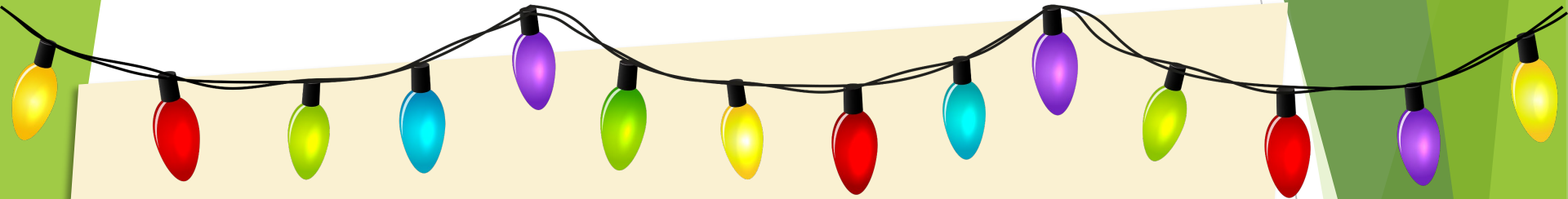
Newsletter no. 24 - December 2019





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## CHRISTMAS PARTY!!

We will be celebrating our **LONDON ALL STARS  
CHRISTMAS PARTY ON SUNDAY 15 DECEMBER 2019**  
On our last day of training

We would be grateful for any food and drink contributions  
Any food or drinks gratefully received, please can you make  
sure they do not contain any nuts





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## CHRISTMAS DATES FOR YOUR DIARIES

CLOSED - SUNDAY 22 DECEMBER 2019

RETURN BACK - SUNDAY 12 JANUARY 2020

FOLLOW LONDON ALL STARS TAEKWONDO ACADEMY ON  
OUR NEW INSTAGRAM PAGE!!!!



## STUDENT HANDBOOK

Please continue to familiarise yourselves and your child with our  
**LONDON ALL STARS TAEKWONDO ACADEMY STUDENT HANDBOOK**

This handbook will have a lot of information for all Parent's Guardians and Students, from the clubs new Code of Conduct (Tenets and Oaths), how we expect all our Students (and Parents) to behave towards one another as well as in the Dojang (Martial Arts Training Area) to showing you how to tie your (child's) belt which we expect all students to know

Any further queries you may have on this, please inform

Valerie Sandiford, Club Secretary at [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)





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Newsletter no. 24 - December 2019



## GRADING DAY IS COMING!!

SUNDAY 2 FEBRUARY 2020

### GRADING DAY IS COMING,

We will be grading our chosen members on Sunday 2 February,

**MAKE SURE YOU ARE PRACTISING YOUR PATTERNS AT HOME**

Patterns can be emailed to you if needed, email me!

## BIRTHDAY CELEBRATIONS FOR THE MONTH



**AKARI CAMPBELL** – who will be 8 years' old  
**LASRAE NEWELL THOMPSON** – who will be 7 years' old

LONDON ALL STARS TAEKWONDO ACADEMY

would like to wish you a

**HAPPY BIRTHDAY** for this coming month of **DECEMBER 2019**



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Newsletter no. 24 - December 2019

## LASTA CROWDFUNDING



£115

raised of £2,000 target by 5 supporters

Donate

Make a donation or donate monthly

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We're raising £2,000 to help London All Stars Taekwondo Academy fund local community children to learn Taekwondo and gain discipline, self esteem and confidence

Don't forget to share our Crowdfunding page helping us to raise money for our academy, so we can better support the club and its members the best we can. To find out more click on the link below and please share the link to as many of your friends and family members as you can and help support us, support you Thank you to all those who have donated so far this has been very much appreciated <https://www.justgiving.com/crowdfunding/londonallstarstaekwondoacademy>

Please help us reach our target  
Any queries please inform

Valerie Sandiford, Club Secretary at [londonallstarstaekwondoacademy@gmail.com](mailto:londonallstarstaekwondoacademy@gmail.com)

**BETTER**  
the feel good place



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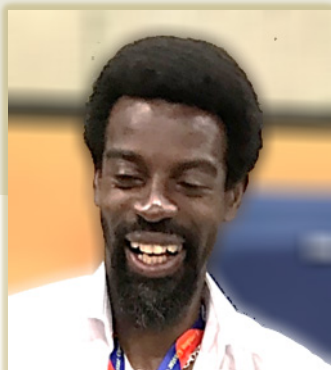
Newsletter no. 24 - December 2019

*Thank You!*

AND FINALLY.....Thank you all

LONDON ALL STARS TAEKWONDO ACADEMY would like to thank all the mums and dads and guardians and all the children for their commitment and hard work over the years, and we will continue to work in partnership with parents and guardians to continue providing a community led club, run by passionate and supportive coaches supporting your children to reach their full potential

**James, Claude, Gilroy & Valerie (club secretary)**



**James Williams**  
Instructor



**Claude Williams**  
Instructor



**Gilroy Wright**  
Instructor



**Valerie Sandiford**  
Club Secretary