

Study Skills Goals

My academic goal(s) for this year:

Personal Study Skills and Habits Review

Review your survey responses and answer the following questions:

1. Do you think your study skills habits/strategies are helping you be academically successful? Why or why not?

2. Please describe your most successful study skill habit/strategy. Include where you learned it and how it helps you.

3. After reviewing your responses to the Study Habits Survey, which habits/strategies do you need to improve in order to successfully achieve your goals in school? How will you improve it?

a. Habit/Strategy:

How I will improve it:

b. Habit/Strategy:

How I will improve it:

c. Habit/Strategy:

How I will improve it: