



# MORTAL ART ACADEMY

## *Class Schedule Timetable*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

### **Kids BJJ**

Juniors/Teens

5:15pm - 6:15pm

Coaches

Pierre/Piero

### **Adult Wrestling**

7:30pm - 9:00pm

Coaches

Azie/Pierre/Kohi/Piero/Josh

### **Adult No Gi BJJ**

7:00pm - 8:30pm

Coaches

Dante/Pierre/Steve

### **Wrestling Conditioning**

7:30pm - 9:00pm

Coaches

Pierre/Azie/Kohi/Piero/Josh

### **Adult No Gi BJJ**

7:00pm - 8:30pm

Coaches

Dante/Pierre/Steve

### **Kids BJJ**

Juniors 5:15pm - 6:15pm

Teens 6:15pm - 7:15pm

Coaches

Pierre/Piero

### **Adult Boxing Pad**

#### **Tech & Circuit**

7:30pm – 8:15pm

Coach

Pierre

### **Adults Open Mat Sparring**

8:15pm - 9:00pm

Coach

Pierre

### **Kids Mixed Martial Art (M.M.A)**

Juniors

10:00am – 11:00am

Coaches

Pierre/Piero

### **Adult No Gi BJJ**

11:30am – 1:30pm

Coaches

Dante/Pierre/Steve



IN ASSOCIATION WITH NEW SCHOOL BJJ

@MORTALARTACADEMY