

MORTAL ART ACADEMY

Class Schedule Timetable

MONDAY

Adult Boxing Class

6:30pm - 7:30pm

Coaches

Pierre/Piero

Adult Wrestling

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Kids BJJ

Juniors/Teens
5:00pm - 6:00pm
Coaches
Pierre/Piero/Tiago

Adult BJJ Gi Class

6:00pm - 7:00pm Coaches Tiago/Pierre/Piero

Adult No Gi BJJ

7:30pm - 9:00pm 7:00pm - 8:30pm
Coaches Coaches
Pierre/Azie/Kohi/Alex Dante/Pierre/Steve

Kids Boxing Class

5:00pm - 6:00pm Coaches Pierre/Piero

Adults MMA Class

6:30pm - 7:45pm Coaches Pierre/Piero

Wrestling Conditioning

7:45pm - 9:00pm Coaches Pierre/Azie/Kohi/Josh/Ziggy

Kids BJJ

Juniors 5:15pm - 6:15pm Teens 6:15pm - 7:15pm Coaches Pierre/Piero/Tiago

Adult Boxing Pad Tech & Circuit

7:00pm - 7:45pm Coach Pierre

Adults Open Mat Sparring

8:00pm - 9:00pm Coach Pierre

Adult No Gi BJJ

10:00am - 12:00pm Coaches Dante/Pierre/Steve

Adult BJJ Gi Class

12:00pm - 1:30pm Coaches Tiago/Pierre/Piero



Adult No Gi BJJ

7:00pm - 8:30pm

Coaches

Dante/Pierre/Steve

IN ASSOCIATION WITH NEW SCHOOL BJJ
@MORTALARTACADEMY