



MORTAL ART ACADEMY

Class Schedule Timetable

MONDAY

Adult Grappling

10:30am – 12pm

Coach
Pierre

Adult Boxfit

7:00pm – 8:00pm

Coaches
Pierre/Piero/Kohi

Adult Wrestling

8:00pm - 9:00pm

Coaches
Azie/Pierre/Kohi/Piero/Josh

TUESDAY

Kids BJJ

Juniors/Teens

5:15pm - 6:15pm

Coaches
Pierre/Piero

Adult No Gi BJJ

7:00pm - 8:30pm

Coaches
Dante/Pierre/Steve

WEDNESDAY

Adult Grappling

12:00pm – 1:30pm

Coach
Pierre

Adult Boxfit

7:00pm – 8:00pm

Coaches
Pierre/Piero/Kohi

Wrestling Conditioning

8:00pm - 9:00pm

Coaches
Pierre/Azie/Kohi/Piero/Josh

THURSDAY

Adult No Gi BJJ

7:00pm - 8:30pm

Coaches
Dante/Pierre/Steve



FRIDAY

Adult Grappling

10:30am – 12pm

Coach
Pierre

Kids BJJ

Juniors 5:15pm - 6:15pm

Teens 6:15pm - 7:15pm

Coaches
Pierre/Piero

Adult Boxing Pad

Tech & Circuit

7:30pm – 8:15pm

Coach
Pierre

Adults Open Mat

Sparring

8:15pm - 9:00pm

Coach
Pierre

SATURDAY

Kids Mixed Martial Art (M.M.A)

Juniors

10:00am – 11:00am

Coaches
Pierre/Piero

Adult No Gi BJJ

11:30am – 1:30pm

Coaches
Dante/Pierre/Steve

IN ASSOCIATION WITH NEW SCHOOL BJJ
@MORTALARTACADEMY