



AMCG Quickstart Handout

SOURCE CONTAINERS AND CHECKLIST

The 5 Source Containers

These containers help categorize your sources for easy reference and organization:

- 📡 **Transmission**
- 🌙 **Dream Log**
- 🗺️ **Field/Timeline Log**
- 🔥 **Ritual/Protocol**
- 📖 **Conventional Source**

Transmission – oral/channeled content.

Dream Log – dated dream with symbol index.

Field/Timeline Log – observational record with context/coordinates.

Ritual/Protocol – stepwise procedure with materials & timing.

Conventional Source – books, papers, or media with standard citation.

The 3-Step Checklist

Use this checklist to ensure your documentation is complete and reproducible:

- 🗣️ **Who**
- 🕒 **When**
- 📁 **How**

Who – Who recorded or created the source?

When – Date + timestamp.

How – Method of retrieval (Print, PDF, Web, Oral).

Important Reminders

✓ Always include retrieval method.

✓ Label containers clearly.

This prevents dead data and ensures reproducibility.

By consistently applying these guidelines, you'll ensure your research remains organized, accessible, and verifiable.