

## **SERMON NOTES**

*A Kingdom Heart (Matthew 5:21-30)*

### **DANGEROUS CLICHÉS**

▶ Sometimes we find ourselves repeating popular phrases about the heart that might not be accurate.

### **THE REALITIES OF THE HUMAN HEART**

▶ Jeremiah 17:9-11 informs us that the heart is \_\_\_\_\_

▶ Luke 6:43-45 teaches us that good fruit can only come from a \_\_\_\_\_ heart.

### **A KINGDOM HEART IS ...**

◆ A heart that avoids \_\_\_\_\_.

1. Anger is just as sinful as \_\_\_\_\_.

2. Anger \_\_\_\_\_ people.

3. Anger \_\_\_\_\_ people.

*How do I discipline my heart against anger?*

1. Walk by the \_\_\_\_\_.

2. Be \_\_\_\_\_ and \_\_\_\_\_.

3. \_\_\_\_\_ Scripture.

4. Leave \_\_\_\_\_ to God.

5. Actively pursue \_\_\_\_\_.

◆ A heart that builds \_\_\_\_\_.

1. Our primary relationship is with \_\_\_\_\_ — VERTICAL

2. Our secondary relationships is with \_\_\_\_\_ — HORIZONTAL.

3. Both relationships are \_\_\_\_\_ and \_\_\_\_\_ the same way.

*How do I build relationships? (Matthew 16:24)*

1. \_\_\_\_\_ self — \_\_\_\_\_.

2. Take up the \_\_\_\_\_ — sacrificial \_\_\_\_\_.

3. Follow me — give \_\_\_\_\_.

◆ A heart that admits \_\_\_\_\_.

1. Make no \_\_\_\_\_.

2. Make \_\_\_\_\_.

3. Make a new \_\_\_\_\_.

◆ A heart that pursues \_\_\_\_\_.

#### 7 Effects of Adultery

1. Breaks a promise
2. Leads to insecurity and misery
3. Is secretive and dishonest
4. Destroys the adulterer
5. Destroys the victim
6. Damages society
7. Hurts children.

*How do I pursue purity?*

1. Guards your \_\_\_\_\_. (Job 31:1-4)

2. Discipline your \_\_\_\_\_. (Prov. 10:4)

3. Think about the \_\_\_\_\_. (Rom. 6:23)

*Gouge my eyes ... cut off my hands?*

1. The seriousness of \_\_\_\_\_

2. The serious \_\_\_\_\_ to avoid temptation.

3. The remarkable \_\_\_\_\_ of God.

## **CONCLUSION**

1. I need a \_\_\_\_\_ of the heart. (Deuteronomy 30:6)

2. I need a \_\_\_\_\_ heart. (Jeremiah 31:33)

3. I need a \_\_\_\_\_ heart. (1 Corinthians 7:37a)

## **QUESTIONS FOR PRIVATE REFLECTION**

1. Why does Jesus move from commands like “Do not murder” and “Do not commit adultery” to warnings against anger and lust? What is the purpose of these antitheses?
2. Is Jesus teaching that anger and murder are equal sins? Why or why not?
3. Are there people you need to reconcile with? What steps can you take this week to do so?

4. How do Jesus's actions in the Gospel exemplify the type of reconciliation we should pursue? Why do we commit adultery and gaze lustfully? Is this an act only committed by men?
5. This passage teaches that adultery is a serious matter that is not limited to the act. What damages can committing adultery in the heart create?
6. Has the gospel set you free in the past from a pattern of adultery/lust? What is your story?
7. What does Jesus's strong language about gouging out the eye and cutting off the hand tell us about the danger of hell? How can believers help one another fight the sin of lust?
8. Because we may live in a highly sexualized culture, we cannot always prevent our eyes from seeing sexual images. How then do we protect our eyes?