Monday	Tuesday		Wednesday	Thursday		Friday
8:30 Coffee & Friends	8:30 Coffee & Friends	2	8:30 Coffee & Friends	8:30 Coffee & Friends	5	8:30 Coffee & Friends 6
10:00 Bring the Artist out in You	9:30 Maintain the Brain	J	9:30 Brain Challenge	10:00 Arts & Craft Hour		9:30 Brain Challenge
11:00 Morning walk	10:30 Sing-along		10:30 Sing-along	11:00 Morning Walk		10:30 Sing-along
11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day
12:10 Glory Days Fitness	12:10 Golden Glory Workout		12:10 Chair Fitness	12:10 Wise Moves Exercise		12:10 Sit & Be Fit
12:30 Lunch	12:30 Lunch		12:30 Lunch	12:30 Lunch		12:30 Lunch
1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo
2:00 Game Time	2:00 Game Time		2:00 Game time	2:00 Let's Keep moving		2:00 Zumba Gold w/ Foresight Fit.
3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Snack & Daily Chronicles
3:15 Trivia Time	3:30 Did you know that?		3:30 Trivia Time	3:30 Trivia Time		3:30 Word Games
4:00 End of Day Brain Challenge	4:00 Brain Games with Becky		4:00 Brain Games with Robert	4:00 Afternoon Brain Teaser		4:00 Afternoon Brain Teaser
8:30 Coffee & Friends	9 8:30 Coffee & Friends	10	8:30 Coffee & Friends	8:30 Coffee & Friends	2	8:30 Coffee & Friends 13
10:00 Bring the Artist out in You	9:30 Maintain the Brain		9:30 Brain Challenge	9:30 Bring the Artist out in You		9:30 Maintain the Brain
11:00 Morning walk	10:30 Table Orchestra		10:30 Sing-along	10:30 Rhythm Activities		10:30 Stretch & Rhythm Activities
11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day 12:10 Chair Fitness	11:45 The word of the Day 12:10 Sit & Be Fit		11:45 The word of the Day
12:10 Glory Days Fitness 12:30 Lunch	12:10 Chair Fitness 12:30 Lunch		12:10 Chair Fitness 12:30 Lunch	12:30 Lunch		12:10 Golden Glory Workout 12:30 Lunch
1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo
2:00 Classic Bingo 2:00 Drumming circle with Lily	2:00 Let's Keep Moving		2:00 Classic biligo 2:00 Live Music w/ Tom Applegate	2:00 Game Time		2:00 Gassic Birigo 2:00 Game Time
3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Same Time 3:00 Snack & Daily Chronicles
3:15 Trivia Time	3:30 Word Games		3:30 Did you know that?	3:30 Word Games		3:30 Word Games
4:00 Afternoon Brain Teaser	4:00 End of Day Brain Challenge		4:00 Late Day Mind Games	4:00 Brain Games with Regina		4:00 Late Day Mind Exercise
	6 8:30 Coffee & Friends		8:30 Coffee & Friends 18	8:30 Coffee & Friends		,
10:00 Arts & Craft Hour	9:30 Maintain the Brain	17	9:30 Brain Challenge	9:30 Let's Be Creative	9	8:30 Coffee & Friends 9:30 Maintain the Brain
11:00 Morning walk	10:30 Morning Walk		11:00 Table Orchestra	10:30 Morning Trivia		11:00 Morning Stretch & Walk
11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day
12:10 Golden Glory Workout	12:10 Sit & Be Fit		12:10 Wise Moves Exercise	12:10 Wise Moves Exercise		12:10 Wise Moves Exercise
12:30 Lunch	12:30 Lunch		12:30 Lunch	12:30 Lunch		12:30 Lunch
1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo
2:00 Father's Day Activities	2:00 Live music w/ Mike Kauffman	1	2:00 Let's Keep Moving	2:00 Game Time		2:00 Zumba Gold w/ Foresight Fit.
3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles	-	3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Snack & Daily Chronicles
3:30 Word Games	3:15 Trivia Time		3:30 Trivia Time	3:30 Trivia Time		3:30 Word Games
4:00 Brain Games with Robert	4:00 Brain Games with Becky		4:00 End of Day Brain Challenge	4:00 End of Day Brain Challenge		4:00 Brain Games with Robert
8:30 Coffee & Friends	8:30 Coffee & Friends	24	8:30 Coffee & Friends	8:30 Coffee & Friends	96	8:30 Coffee & Friends 27
10:00 Bring the Artist out in You	9:30 Maintain the Brain	24	9:30 Brain Challenge	9:30 Let's Be Creative	-0	9:30 Maintain the Brain
11:00 Morning walk	10:30 The Nail Salon is Open		10:30 Sing-along	10:30 Morning Walk		10:30 Stretch & Rhythm Activities
11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day	11:45 The word of the Day		11:45 The word of the Day
12:10 Glory Days Fitness	12:10 Chair Fitness		12:10 Chair Fitness	12:10 Sit & Be Fit		12:10 Golden Glory Workout
12:30 Lunch	12:30 Lunch		12:30 Lunch	12:30 Lunch		12:30 Lunch
1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo	1:00 Classic Bingo		1:00 Classic Bingo
2:00 Armchair Travel to Colombia	2:00 Let's Keep Moving		2:00 Live Music w/ Tom Applegate	2:00 Game Time		2:00 1960s Party and music w/ Lisa
3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Snack & Daily Chronicles	3:00 Snack & Daily Chronicles		3:00 Snack & Daily Chronicles
3:15 Trivia Time	3:30 Word Games		3:30 Trivia Time	3:30 Word Games		3:30 Word Games
4:00 End of Day Brain Challenge	4:00 End of Day Brain Challenge		4:00 Brain Games with Robert	4:00 Brain Games with Regina		4:00 Late Day Mind Exercise
8:30 Coffee & Friends	0					
10:00 Bring the Artist out in You	DUSTIN					<u> </u>
11:00 Morning walk 11:45 The word of the Day	<b>₹</b>					
12:10 Glory Days Fitness	\$\$\$\$\$\$\$\$\$\$					5722
12:30 Lunch				-//		
1:00 Classic Bingo						
2:00 Movement Matters w/ Foresigh	t Name of the state of the stat	-				
3:00 Snack & Daily Chronicles						
3:15 Trivia Time			A Breeze A	ult Day Cent		r
4:00 Afternoon Brain Teaser		K	June Sea Breeze Ad	iuit Day Cellu	<u> </u>	
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