

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Word Games 4:00 Brain Games with Robert	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Exercise 12:30 Lunch 1:00 Classic Bingo <b>2:00 Live Music with Lisa Noe</b> 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 End of Day Brain Challenge	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Did you know that? 4:00 End of Day Brain Challenge	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 Brain Games with Becky	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Did you know that? 4:00 End of Day Brain Challenge
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness <b>12:30 Easter Luncheon</b> 1:00 Classic Bingo <b>2:00 10 Pin Bunny Lane</b> 3:00 Snack & Daily Chronicles 3:30 Did you know that? 4:00 End of Day Brain Challenge	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 Brain Games with Becky	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Drumming with Lily 3:00 Snack & Daily Chronicles 3:30 Word Games 4:00 Brain Games with Robert	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Exercise 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 End of Day Brain Challenge	8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Pretty Nails Hour 11:45 The word of the Day 12:10 Wise Moves Exercise 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Word Games 4:00 Brain Games with Robert
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*Our calendar is subject to change to match our members' interests. Participation in activities is always voluntary, but greatly encouraged*