

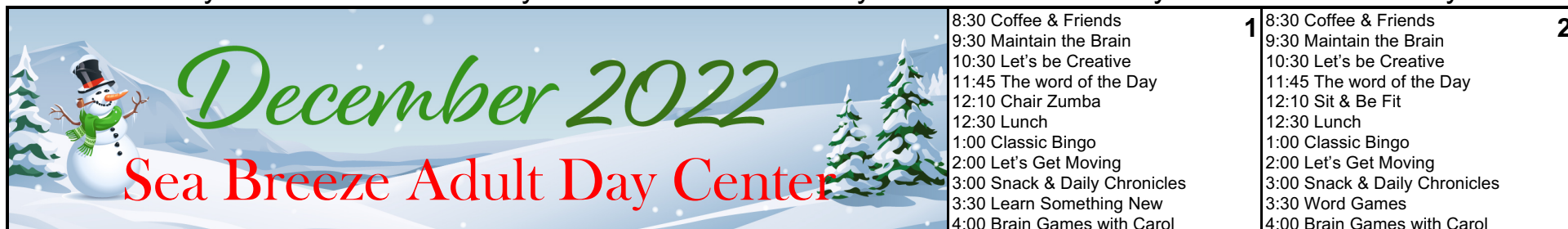
Monday

Tuesday

Wednesday

Thursday

Friday



<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Zumba 12:30 Lunch 1:00 Classic Bingo 2:00 Laughter for Health 3:00 Snack & Daily Chronicles 3:30 Learn Something New 4:00 Brain Games with Carol</p>	<p>5</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Word Games 4:00 Brain Games with Carol</p>	<p>6</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Live Music with Ilan Weill 3:00 Snack & Daily Chronicles 3:30 Brainteasers with Becky 4:00 Brain Games with Carol</p>	<p>7</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 Brain Games with Carol</p>	<p>8</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 4:00 Brain Games with Carol Did you know that?</p>	<p>9</p>
<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Word Games 4:00 Brain Games with Carol</p>	<p>12</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Zumba 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Learn Something New 4:00 Brain Games with Carol</p>	<p>13</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 Brain Games with Carol</p>	<p>14</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Brainteasers with Robert 4:00 Brain Games with Carol</p>	<p>15</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Live holiday music w/ Linda L 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 Brain Games with Carol</p>	<p>16</p>
<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Brainteasers with Robert 4:00 Brain Games with Carol</p>	<p>19</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Armchair Travel to Brazil 3:30 Armchair Travel to Brazil 4:00 Brain Games with Carol</p>	<p>20</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Zumba 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Learn Something New 4:00 Brain Games with Carol</p>	<p>21</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Word Games 4:00 Brain Games with Carol</p>	<p>22</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Zumba 12:30 Holiday Luncheon 1:00 Classic Bingo 2:00 Holiday Activities 3:00 Snack & Daily Chronicles 3:30 Learn Something New 4:00 Brain Games with Carol</p>	<p>23</p>
<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Did you know that? 4:00 Brain Games with Carol</p>	<p>26</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Trivia Time 4:00 Brain Games with Carol</p>	<p>27</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Sit & Be Fit 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Brainteasers with Becky 4:00 Brain Games with Carol</p>	<p>28</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Art & Craft 11:45 The word of the Day 12:10 Chair Fitness 12:30 Lunch 1:00 Classic Bingo 2:00 Let's Get Moving 3:00 Snack & Daily Chronicles 3:30 Did you know that? 4:00 Brain Games with Carol</p>	<p>29</p>	<p>8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:45 The word of the Day 12:10 Chair Zumba 12:30 New Year's Luncheon 1:00 Classic Bingo 2:00 New Year's Activities 3:00 Snack & Daily Chronicles 3:30 Learn Something New 4:00 Brain Games with Carol</p>	<p>30</p>

Our calendar is subject to change to match our members' interests. Participation in activities is always voluntary, but greatly encouraged