





FRESCOTENNIS™



DIFFERENCES BETWEEN FRESCOTENNIS, TENNIS AND PICKLEBALL

	 <u>FRESCOTENNIS</u>	 <u>TENNIS</u>	 <u>PICKLEBALL</u>
Ball Material	Hollow 100% Rubber	Hollow Rubber with Nylon Shell	Hollow Perforated Polymer
Ball Pressure	Neutral (Non-Pressurized)	Pressurized at 12 PSI	Open Air with 26-40 Holes
Ball Size	1.96"+	2.70"	2.784"+
Ball Weight	33-35g	56-59.4g	22-26.5g
Instrument Size	17.5"	27"	15.75"
Instrument Weight	8-14 oz.	9.5-11 oz.	6-14 oz.
Instrument Material	Solid Carbon Fiber, Fiberglass, Wood and Composite	Carbon Fiber and Fiberglass Composite	Wood, Composite and Graphite
Court Size	78x36'+ (All Modes)	78x27' (Singles)	44x20' (Standard)

Court Style	Hard Court, Grass, Clay and Composite	Hard Court, Grass, Clay and Composite	Hard Court and Composite
Calories Burned Per Hour	400+	400+	250+
Player Capacity	2-6 Players	2-4 Players	2-4 Players
Bounces Allowed	0-2 (Volley)	0-1 (Volley)	0-1 (Volley)
Governance	IFL	ITF	USAPA



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