





FRESCOTENNIS



DIFFERENCES BETWEEN FRESCOTENNIS, TENNIS AND PICKLEBALL

	 <u>FRESCOTENNIS</u>	 <u>TENNIS</u>	 <u>PICKLEBALL</u>
Ball Material	Hollow 100% Rubber	Hollow Rubber with Nylon Shell	Hollow Perforated Polymer
Ball Pressure	Neutral (Non-Pressurized)	Pressurized at 12 PSI	Open Air with 26-40 Holes
Ball Size	1.96"+	2.70"	2.784"+
Ball Weight	33-36g	56-59.4g	22-26.5g
Instrument Size	17.5"	27"	15.75"
Instrument Weight	8-14 oz.	9.5-11 oz.	6-14 oz.
Instrument Material	Solid Carbon Fiber, Fiberglass, Wood and Composite	Carbon Fiber and Fiberglass Composite	Wood, Composite and Graphite

Court Size	78x36' (All Modes)	78x27' (Singles)	44x20' (Standard)
Court Style	Hard Court, Grass, Clay and Composite	Hard Court, Grass, Clay and Composite	Hard Court and Composite
Calories Burned Per Hour	400+	400+	250+
Player Capacity	2-6 Players	2-4 Players	2-4 Players
Bounces Allowed	0-2 (Volley)	0-1 (Volley)	0-1 (Volley)
Governance	IFL	ITF	USAPA



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