





FRESCOTENNIS™



DIFFERENCES BETWEEN FRESCOTENNIS, TENNIS AND PICKLEBALL

|  |  <u>FRESCOTENNIS</u> |  <u>TENNIS</u> |  <u>PICKLEBALL</u> |
|---|--|--|--|
| Ball Material | Hollow Hybrid Rubber Compound | Hollow Rubber with Nylon Shell | Hollow Perforated Polymer |
| Ball Pressure | Neutral (Non-Pressurized) | Pressurized at 12 PSI | Open Air with 26-40 Holes |
| Ball Size | 1.96"+ | 2.70" | 2.784"+ |
| Ball Weight | 33-35g | 56-59.4g | 22-26.5g |
| Instrument Size | 17.5" | 27" | 15.75" |
| Instrument Weight | 8-14 oz. | 9.5-11 oz. | 6-14 oz. |
| Instrument Material | Solid Carbon Fiber, Fiberglass, Wood and Composite | Carbon Fiber and Fiberglass Composite | Wood, Composite and Graphite |
| Court Size | 78x36'+ (All Modes) | 78x27' (Singles) | 44x20' (Standard) |

| | | | |
|-----------------------------|---|---|-----------------------------|
| Court Style | Hard Court, Grass, Clay and Composite | Hard Court, Grass, Clay and Composite | Hard Court and Composite |
| Calories Burned Per Hour | 400+ | 400+ | 250+ |
| Player Capacity | 2-6 Players | 2-4 Players | 2-4 Players |
| Bounces Allowed | 0-2 (Volley) | 0-1 (Volley) | 0-1 (Volley) |
| Governance | IFL | ITF | USAPA |



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