









## THE BENEFITS OF MENTORING

- Increased confidence
- Increased clarity on career path/goals
- Useful contacts or information to help with your career
- Different insight into a problem or issue
- Greater sense of connection to the marketing community

## THE MENTORING JOURNEY

#### BUILDING **RAPPORT**

## SETTING

### PROGRESSION WINDING UP DIRECTION PROGRESSION MOVING ON

Share your story

Be curious

Look for connections

Are you able to work together?

Where are we going?

What are your goals?

What do we want to achieve?

> What are the challenges?

**Explore** 

Challenge

What needs to happen?

What support is needed?

What have we achieved?

Review and celebrate

Thank you

Goodbye

# MAKING THE MOST OUT OF YOUR MENTORING JOURNEY

HINTS & TIPS

- Take the lead
- Communicate
- · Giving, not just getting
- Ask questions be curious
- Be prepared
- Accept differing perspectives
- Respect your mentor's time
- Play the long game
- Find a time that is right for both of you
- Take action
- Stay in regular contact
- Give feedback