



# CYBERGUARD VENTURES, LLC

Use the following guide to navigate through the data removal process. Reducing your digital footprint and offering less social engineering fuel will be a step in the right direction for achieving greater protection this Cybersecurity Awareness month and in the years to come.

## **Data Aggregators: Information Removal/Opt-Out Guide**

In an effort to preserve your privacy while removing your content from these data collection sites, it is recommended you consider taking the following steps:

When removing your personal information from the following websites, consider creating an anonymous email address (ex. Contactme313@) or set up an account with an email forwarding service to use for this purpose.

- The following email service providers offer users a greater sense of privacy:
  - ProtonMail: <https://protonmail.com>
  - Tutanota: <https://tutanota.com>

These two email providers offer a secure email service with built in end to end encryption. With end to end encryption, content within the email is not accessible by the company itself when emailing within the network (ex. ProtonMail to ProtonMail user). Only the communicating users can read the content.

- The following email forwarding services will allow you hide your true email address with any site you register:
  - AnonAddy: <https://anonaddy.com> (send & reply capabilities)
  - 33Mail: <https://www.33mail.com>

*Data removal process note:* This list is not exhaustive but will provide a good start for reducing your digital footprint. Many of these sites may require your follow up before successful data removal occurs. Please be sure to record the date you initially contact the service and document once removal is verified. Be diligent.

### **Cyber Background Checks:**

- Website: <https://www.cyberbackgroundchecks.com/>
- Data removal/opt-out: <https://www.cyberbackgroundchecks.com/removal>

### **Thatsthem:**

- Website: <https://thatsthem.com/>
- Data removal/Opt out: <https://thatsthem.com/optout>

### **Spokeo:**

- Website: <https://www.spokeo.com/>
- Data removal/Opt out: <https://www.spokeo.com/optout>

### **Neighbor report:**

- Website: <https://neighbor.report/>
- Data removal/Opt out: <https://neighbor.report/remove>

### **Intelius:**

- Website: <https://www.intelius.com/>
- Data removal/Opt out: <https://www.intelius.com/optout>

### **Beenverified:**

- Website: <https://www.beenverified.com/>
- Data removal/Opt out: <https://www.beenverified.com/f/optout/search>

### **Peoplefinders:**

- Website: <https://www.peoplefinders.com/>
- Data removal/Opt out: <https://www.peoplefinders.com/about/help/top4>

### **True People Search:**

- Website: <https://www.truepeoplesearch.com/>
- Data removal/Opt out: <https://www.truepeoplesearch.com/removal>

### **People Search Now:**

- Website: <https://www.peoplesearchnow.com/>
- Data removal/opt-out: <https://www.peoplesearchnow.com/opt-out>

### **Mylife:**

- Website: <https://www.mylife.com/>
- Data Removal/Opt out: Contact via email: [privacy@mylife.com](mailto:privacy@mylife.com)
- Privacy Policy: <https://www.mylife.com/privacy-policy>

### **FamilyTreeNow:**

- Website: <https://www.familytreenow.com/>

- Data removal/Opt out: <https://www.familytreenow.com/optout>

**Nuber:**

- Website: <https://nuber.com/>
- Data removal/Opt out: <https://nuber.com/removal/link>

**Spydilaer:** (This service provides users the ability to extract the outgoing cellphone message you leave for missed calls).

- Website: <https://www.spydialer.com/default.aspx>
- Data removal/Opt out: <https://www.spydialer.com/optout.aspx>

**Whitepages:**

- Website: <https://www.whitepages.com/>
- Data removal/opt-out: [http://www.whitepages.com/suppression\\_requests](http://www.whitepages.com/suppression_requests)

**Truthfinder:**

- Website: <https://www.truthfinder.com/>
- Data removal/opt-out: <https://www.truthfinder.com/opt-out/>

**Peekyou:**

- Website: <https://www.peekyou.com/>
- Data removal/opt-out: <https://www.peekyou.com/about/contact/optout/index.php>

**Instantcheckmate:**

- Website: <https://www.instantcheckmate.com/>
- Data removal/opt-out: <https://www.instantcheckmate.com/opt-out/>

**My Relatives:**

- Website: <https://www.myrelatives.com/>
- Data removal/opt-out: <https://www.myrelatives.com/privacy>

**Instant People Finder:**

- Website: <https://www.instantpeoplefinder.com/>
- Data removal/opt-out contact via email: [optout@instantpeoplefinder.com](mailto:optout@instantpeoplefinder.com)
- Privacy policy: <https://www.instantpeoplefinder.com/privacy.html>

**Axciom:**

- Website: <https://www.axciom.com/>
- Data removal/opt-out: <https://isapps.axciom.com/optout/optout.aspx>

**Lexis Nexis:**

- Website: <https://www.lexisnexis.com/en-us/gateway.page>
- Data removal/opt-out: <https://optout.lexisnexis.com>

**Cubib:**

- Website: <https://cubib.com/>
- Data removal/opt-out: <https://cubib.com/optout.php>

**Fast People Search:**

- Website: <https://www.fastpeoplesearch.com/>
- Data removal/opt-out: <https://www.fastpeoplesearch.com/removal>

**PrivateEye:**

- Website: <https://www.privateeye.com/>
- Data removal/opt-out: <https://www.peoplefinders.com/manage>

**People Wiz:**

- Website: <https://www.peoplewhiz.com>
- Data removal/opt-out: <https://www.peoplewhiz.com/remove-my-info>

**People by Name:**

- Website: <http://www.peoplebyname.com/>
- Data removal/opt-out: [www.peoplebyname.com/remove.php](http://www.peoplebyname.com/remove.php)