

<p>Title: AFC Littlehampton Recovery Risk Assessment</p>	<p>Date Completed: 20th July 2020 Completed by: Ciaran Helly Role: Chairman &amp; Covid-19 Officer Verified by: Michelle Watkins Role/s: Secretary and Treasurer</p>		<p>Date of Issue: 20th July 2020 Date of Completion: On-going procedures until further notice.</p>
Area of Hazard	Who might they harm?	Controls Required	Action by who?
<p>Physical contact</p>	<p>All players, volunteers and therefore, family bubbles.</p>	<ul style="list-style-type: none"> <li>• Handshakes, hugging, etc. should not be encouraged.</li> <li>• Contact kept to a minimum within training.</li> <li>• Players to sanitise their hands on arrival and on departure.</li> <li>• Where possible, ensure social distancing of 1m+, and only relax this restriction when in contact training - this is to minimise chance of transmission, but will not eliminate it.</li> <li>• Masks can be worn. If worn, they should be worn properly, over the nasal cavity and mouth.</li> </ul>	<ul style="list-style-type: none"> <li>• Responsibility of manager and players to ensure hands are sanitised.</li> <li>• Manager and coaching staff to discourage 'greetings'.</li> </ul>

Use of equipment	All players, volunteers and therefore, family bubbles.	<ul style="list-style-type: none"> <li>• Players should not handle equipment, unless needed for an exercise.</li> <li>• Equipment should be cleaned OR quarantined for 72 hours post-session/match.</li> </ul>	<ul style="list-style-type: none"> <li>• Manager's responsibility to ensure equipment is cleaned/quarantined.</li> </ul>
Players with symptoms	All players, volunteers and therefore, family bubbles.	<ul style="list-style-type: none"> <li>• Players/club officials feeling any symptoms of Covid-19 should stay at home and isolate for 7 days.</li> <li>• All club members must notify the club, if suffering from symptoms.</li> </ul>	<ul style="list-style-type: none"> <li>• Responsibility of player to stay at home, if feeling any symptoms of Covid-19.</li> <li>• All members are required to declare if they're self-isolating because of vulnerability, or symptoms.</li> </ul>
Pre-training check	All players, volunteers and therefore, family bubbles.	<ul style="list-style-type: none"> <li>• Players to sanitise hands on arrival and departure.</li> <li>• Players to have temperature checked. If 38+ degrees, player to be sent home, without coming into contact with anyone else. This check MUST be completed, before they begin any kind of physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>• Responsibility of manager and players to ensure hands are sanitised.</li> <li>• Manager/appointed volunteer's responsibility to check temperatures.</li> <li>• Players should seek a Covid-19 test, if symptoms present and temperature is over 38 degrees.</li> </ul>

Spectators	All player, volunteers, family bubbles and anyone in venue vicinity.	<ul style="list-style-type: none"> <li>• Club will adhere to FA and league ruling on when, for how long and how many spectators can attend at any match.</li> <li>• If attending, a designated area, away from the coaching staff, will be marked for spectators to stand in.</li> <li>• Families are fine not to self-isolate, but if spectators are from different households, a 1m gap should be adhered to. This is the responsibility of the spectators.</li> </ul>	<ul style="list-style-type: none"> <li>• Await government/FA guidance.</li> <li>• Mark out a large spectator area for matches.</li> <li>• Team officials ensure different households are 1m apart. Although ultimate responsibility falls upon the spectators to follow such guidance.</li> </ul>
Track and Trace	All involved with the football club in any capacity.	<ul style="list-style-type: none"> <li>• All players have provided a method of contact and address on their club sign-on forms.</li> <li>• Club are regularly adding/adapting a contact portfolio with all players names, contact numbers and address that could be shared in the event of a positive case. This can only be shared securely with the FA, governing</li> </ul>	<ul style="list-style-type: none"> <li>• Team Managers/designated admin lead to keep track of all players (and updating their contact details).</li> <li>• Players must inform the club of a change in any contact information.</li> <li>• Chairman to oversee the contact portfolios and check they are up to standard.</li> </ul>

		bodies, or the league. It is not to be shared within the club.	
Mental Health	All club officials and players.	<ul style="list-style-type: none"> <li>• Club to offer support for players and volunteers' mental health.</li> <li>• <a href="http://www.hseni.gov.uk/stress">http://www.hseni.gov.uk/stress</a></li> <li>• <a href="https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/">https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Supportive service, offered by managers, fellow players and committee members - not a responsibility.</li> </ul>

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Signed: Ciaran Helly