

# GREATER FOREST LAWN 55+ SOCIETY



3425 – 26<sup>th</sup> Avenue S.E.  
Calgary, Alberta T2B 2P2

Telephone: 403-272-4661 - Fax: 403-272-6153  
Website: gfls.org – email: info@gfls.org

## 2023 MEMBERSHIP APPLICATION

Membership No. \_\_\_\_\_ (Office use only)    New Member \_\_\_ Yes \_\_\_ No

(Expires December 31, 2023)    \$30.00 Fee Paid \_\_\_ Yes \_\_\_ No

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Birth Date: Month: \_\_\_\_\_ Day: \_\_\_\_\_ Year: \_\_\_\_\_

Emergency Contact Name

1. \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Please make sure you have your Alberta Health Care Card with you at all times. Any medical conditions we need to be aware of? \_\_\_\_\_

How did you hear about us? Brochure \_\_\_ Community Website \_\_\_ Our Website \_\_\_ Word of mouth \_\_\_  
Other \_\_\_\_\_ (please explain)

I am aware that it is a condition of participation in any recreational activity, volunteer service or travel provided on behalf of Greater Forest Lawn 55+ Society, that the participant does so at his/her own risk. Greater Forest Lawn 55+ Society, its' agents, volunteers or employees are not liable for any physical or material loss, damage, injury, loss of life or cost resulting from, or in connection with, such participation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I authorize Greater Forest Lawn 55+ Society to use my phone number or email to contact me for any changes related to the centers' activities or classes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I authorize Greater Forest Lawn 55+ Society to take my picture for media or advertising to promote our center.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

- How do you wish to receive your newsletter? Email  Pickup

**What are you passionate about? Please let us know is there is something you would like us to try!**

### CODE OF CONDUCT

All members and volunteers of GFLS, and drop-in guests will be required to adhere to a Code of Conduct when participating and/or utilizing the centres programs and resources. Infractions will be grounds for action by the GFLS Board of Directors which may include: verbal warnings, written warnings, suspension of membership and expulsion of membership with all the rights and privileges thereof;

1. Treat others (members, guests, volunteers and staff) with courtesy and respect.
2. Be mindful that there are a variety of needs and interested represented by the membership of our Society and that not all services and programs will impact me directly but are equally important.
3. Bring forward, with respect, any concerns to the Executive Director.
4. Use of profanity or engagement in use of derogatory language or actions that are unacceptable: abusive, threatening, loud, insulting or harassing (including racial, religious and/or sexual remarks).
5. Engagement in acts of violence, disrespect for authority and/or unsportsmanlike conduct is not tolerated.
6. Smoke only in the designated smoking area on the grounds.
7. Abuse or misuse of Centre property or removal of property from the Centre must be approved or brought to the attention of the Executive Director or staff.
8. Adhering to the hours of operation of the Centre for activities and programs is required.

### MEMBERSHIP AGREEMENT

1. I understand that membership for GFLS is based on a January 1 to December 31 time line.
2. I understand that, by becoming a member of the Society, I will be required to abide by the governance of the elected members of the Society and that, as a member, any concerns I have can be put forward to the Executive Director for consideration, either through a letter, phone call, or personal meeting and that, if requested, it may be presented to the Board at their regularly scheduled board meeting.
3. I understand that I will be required to abide by the Code of Conduct, whenever I am participating in activities with GFLS.
4. I understand that membership entitles me to participate in activities and events at GFLS and that the operation of this centre is governed by the Policies and the By-laws of the Society.

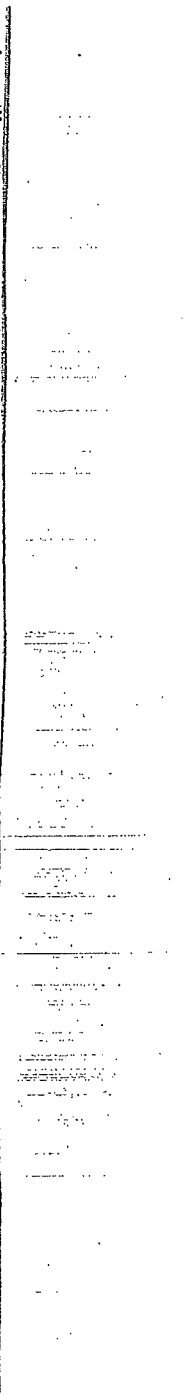
I have read and agree to abide by the Code of Conduct and the Membership Agreement

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The above information will be held in the strictest confidence and will be for the use of  
Greater Forest Lawn 55+ Society only. (Revised December 1<sup>st</sup>, 2021)

Are you a member of any voluntary organizations, or associations such as school groups, church social groups, community centres, ethnic associations, or social, civic or fraternal clubs? (sp1)	<input type="checkbox"/> No (1)	<input type="checkbox"/> Yes (2)			
If you answered yes to Question 1: How often did you participate in meetings or activities of these groups in the past 12 months? (sp2)	Not at all (1)	At least once a week (5)	At least once a month (4)	At least once a year (3)	At least 3 or 4 times a year (3)
In the past 12 months, did you do unpaid volunteer work for any organization, whether or not you were a member of this organization? (sp3)	<input type="checkbox"/> No (1)	<input type="checkbox"/> Yes (2)			
If you answered yes to Question 3: On average, about how many hours per month did you volunteer? (sp4)	I did not do any volunteer work (7)	Less than 1 hour a month (1)	1 to 4 hours a month (2)	5 to 15 hours a month (3)	Over 15 hours a month (4)
If you answered yes to Question 3: Have you made any new friends through volunteering? (sp5)	<input type="checkbox"/> No (1)	<input type="checkbox"/> Yes (2)			
If you answered yes to Question 3: Did you do this volunteer work in your own neighbourhood? (sp6)	<input type="checkbox"/> No (1)	<input type="checkbox"/> Yes, some of it (2)	<input type="checkbox"/> Yes, all of it (3)		

low often is each of the following kinds of support available to you if you need it:					
Someone to have a good time with? (ps1)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone who shows you love and affection? (ps2)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to turn to for suggestions about how to deal with a personal problem? (ps3)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to take you to the doctor if you needed it? (ps4)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to prepare your meals if you were unable to do it yourself? (ps5)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to help with daily chores if you were sick? (ps6)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to look after your child(ren) for several hours if needed? (If applicable) (ps7)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to look after your spouse for several hours if needed? (If applicable) (ps8)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)
Someone to look after your parent(s) for several hours if needed? (If applicable) (ps9)	Never (1)	A little of the time (2)	Some of the time (3)	Most of the time (4)	Always (5)





Volunteers are a valuable part of GFLS. Your time and knowledge is greatly appreciated. The following are a list of some of the volunteer opportunities at GFLS. Please indicate the volunteer areas that are of interest to you, by placing a check mark beside your choice. Training or job shadowing will be provided where necessary. All our volunteers must be 18 years or older. A Police Information Check must also be completed. This Police Information Check is free through our organization. Please feel free to let us know if you have other areas in which you would like to volunteer or if you have a special talent to share.

<b>Friendly Greeter</b> - Friendly Greeters provide a welcoming smile, chat with members and newcomers, and share information about the happenings in our facility	<b>5 Star Bingo</b> - This Bingo is held at 5 Star and requires many different volunteers. If you enjoy the ambiance of the bingo hall this volunteer experience is for you.
<b>Tuesday Lunch Volunteer</b> - Volunteers are needed for serving food and clean up; 50/50 tickets sellers. Starts at 11 am	<b>Wednesday Bingo Volunteers</b> – callers; bingo card sellers; clean up; bonanza sellers; early bird sellers. Checkers
<b>Birthday Supper</b> – Ticket takers; 50/50 ticket sellers; Servers; Clean Up crew.	<b>Bartenders</b> – must have PROS SERVE – free training provided
<b>Evening Front Desk Reception and Key Holder</b> – opening and closing facility for evening programs.	<b>Telephone Connection Volunteer</b> – you would be connecting via phone with members who do not have access to online information or need a friend.
<b>Activity Assistants</b> help GFLS deliver support to GFLS Instructors by helping with set up of classes, clean up and delivery of classes if required.	<b>Musicians and Entertainers</b> – provide music and entertainment for our members and the community.
<b>50/50 Ticket Sellers and Bonanza Ticket Sellers</b> – Training provided	<b>Saturday Dance Volunteers</b>
<b>Kitchen Help</b> – Alberta Food Handling certificate required. Free Training provided.	<b>National Geographic Club Leader</b> - GFLS has over 1000 volumes just waiting for you to share as a group leader with other like-minded members. Start your own club and discuss travel, history, and the beauty of the photos in National Geographic style.
<b>Instructors</b> needed for the following: Card making; scrapbooking; story telling; Paint Night; Fishing; Dance; Travel; Seminars on wellness and health and other topics.	<b>Special Event Volunteers</b> – volunteers are needed for fund raising events held through out the year.
<b>Other:</b>	

**NAME:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_