

JULY 2024

Mon	Tue	Wed	Thu	Fri
1 CLOSED - Canada Day	2 9:30am - Crafts 10am - Bike Shed 10am - LD Private Event 10am - Men's Shed 12pm - Lunch 2pm - Pickle Ball 6:30pm - LD/MH Private Event 7pm - LD Private Event	3 9am - Art Studio 10am - Bingo-Doors Open 12pm - POOL: All Levels 12:30pm - Bingo 1st Call 6:30pm - MH Private Event	4 10am - Men's Coffee 10am - Men's Shed 10am - Stretching 10:30am - 5 Star Bingo - OFFSITE 11:30am - MH- Simple Simon 1pm - Woodshop	5 9am - Tai Chi 9:30am - Line Dan 1: DROP-IN 10am - Coffee Friday 10:30am - Line Dan 2: DROP-IN 1pm - Crib 7pm - Cards / Games Night
8 9am - FULL Podiatrist-Basic Foot 10am - Coffee & Conv: 10am - Stretching 12pm - Musicians' Gathering	9 9:30am - Crafts 10am - Bike Shed 10am - LD Private Event 10am - Men's Shed 12pm - Lunch 2pm - Pickle Ball 6:30pm - LD/MH Private Event	10 9am - Art Studio 10am - Bingo-Doors Open 12pm - POOL: All Levels 12:30pm - Bingo 1st Call 6:30pm - MH Private Event	11 9am - STAMPEDE BREAKFAST 1pm - Men's Shed 1pm - Woodshop	12 9am - Tai Chi 10am - Coffee Friday 1pm - Crib 7pm - Cards / Games Night
15 10am - Stretching 12pm - Musicians' Gathering 1pm - Just Dance Lite - 3 Weeks	16 9:30am - Crafts 10am - Bike Shed 10am - LD Private Event 10am - Men's Shed 12pm - Lunch 1pm - Walk Fit - 3 Weeks 2pm - Pickle Ball 6:30pm - LD/MH Private Event	17 9am - Art Studio 10am - Bingo-Doors Open 12pm - POOL: All Levels 12:30pm - Bingo 1st Call 6:30pm - MH Private Event	18 10am - Men's Coffee 10am - Men's Shed 10am - Stretching 10:30am - 5 Star Bingo - OFFSITE 1pm - Woodshop 2pm - Private Event	19 9am - Tai Chi 10am - Coffee Friday 1pm - Crib 7pm - Cards / Games Night

Mon	Tue	Wed	Thu	Fri
22	23	24	25	26
10am - Coffee & Conv: 10am - Stretching 12pm - Musicians' Gathering 1pm - Just Dance Lite - 3 Weeks	9:30am - Crafts 10am - Bike Shed 10am - LD Private Event 10am - Men's Shed 12pm - Lunch 1pm - Walk Fit - 3 Weeks 2pm - Pickle Ball 6:30pm - LD/MH Private Event	9am - Art Studio 10am - Bingo-Doors Open 12pm - POOL: All Levels 12:30pm - Bingo 1st Call 6:30pm - MH Private Event	9am - Stretching 10am - Men's Coffee 10am - Men's Shed 12pm - Pool: All Levels 1pm - Woodshop	9am - Tai Chi 10am - Coffee Friday 1pm - Crib 7pm - Cards / Games Night
29	30	31	GFLS CASINO – Elbow River Casino Saturday, July 27 & Sunday, July 28	
10am - Stretching 12pm - Musicians' Gathering 1pm - Just Dance Lite - 3 Weeks	9:30am - Crafts 9:45am - Cowboys Casino Bus - 10am - Bike Shed 10am - LD Private Event 10am - Men's Shed 12pm - Lunch 1pm - Walk Fit - 3 Weeks 2pm - Pickle Ball 6:30pm - LD/MH Private Event	9am - Art Studio 10am - Bingo-Doors Open 12pm - POOL: All Levels 12:30pm - Bingo 1st Call 6:30pm - MH Private Event		

PLEASE NOTE: Dates/Times may change. Kindly check with the Centre. THANKS