

NOVEMBER 2023

GFLS

Mon	Tue	Wed	Thu	Fri
30	31	1	2	3
		9am - Art Studio 10am - Bingo-Doors 12:30pm - Bingo 1st Call 6:30pm - Private Event	10am - Choir 10am - Men's Coffee 10am - Men's Shed 10am - Stretching 10:30am - 5 Star Bingo - 1pm - Woodshop	9am - Tai Chi 9:30am - Line Dan 1 10am - Coffee Friday 10:30am - Line Dan 2 12:30pm - Private Event 3:30pm - Set-up for
6	7	8	9	10
10am - Stretching 12pm - Musicians' 1pm - Darts 1pm - Just Dance Lite 6pm - Private Event	9:30am - Crafts 10am - Bike Shed 10am - Men's Shed 10am - Private Event 12pm - Lunch 12:30pm - Computer 1pm - Walk Fit 2pm - Pickle Ball 6:30pm - Private Event 7pm - Private Booking	9am - Art Studio 9am - Board Meeting 10am - Bingo-Doors 12:30pm - Bingo 1st Call 6:30pm - Private Event 7pm - Private Event	9am - GFLS BREAKFAST 10am - Choir 10am - Men's Shed 12pm - Angel Card 1pm - Woodshop	9am - Footcare 9am - Tai Chi 9:30am - Line Dan 1 10am - Coffee Friday 10:30am - Line Dan 2 1pm - Crib 7pm - Cards / Games
13	14	15	16	17
CLOSED -	9:30am - Crafts 10am - Bike Shed 10am - Men's Shed 10am - Private Event 12pm - Lunch 12:30pm - Computer 1pm - Card Circle 1pm - Memory SPACE 1pm - Walk Fit 2pm - Pickle Ball 6pm - PAINT NIGHT 6:30pm - Private Event	9am - Art Studio 10am - Bingo-Doors 12:30pm - Bingo 1st Call 6:30pm - Private Event	9:30am - Private Event 10am - Choir 10am - Men's Coffee 10am - Men's Shed 10am - Stretching 10:30am - 5 Star Bingo - 1pm - Private Event 1pm - Woodshop	9am - Tai Chi 9:30am - Line Dan 1 10am - Coffee Friday 10:30am - Line Dan 2 12:30pm - Private Event 1pm - Crib 7pm - Cards / Games

NOVEMBER 2023

GFLS

Mon	Tue	Wed	Thu	Fri
20	21	22	23	24
10am - Stretching 12pm - Musicians' 1pm - Darts 1pm - Just Dance Lite 6pm - Private Event	9:30am - Crafts 10am - Bike Shed 10am - Men's Shed 10am - Private Event 12pm - Lunch 12:30pm - Computer 1pm - Walk Fit 2pm - Pickle Ball 6:30pm - Private Event 7pm - Private Booking	9am - Art Studio 10am - Bingo-Doors 12:30pm - Bingo 1st Call 6:30pm - Private Event	10am - Choir 10am - Men's Coffee 10am - Men's Shed 10am - Stretching 12pm - Angel Card 1pm - Woodshop 2pm - Private Event	9am - Tai Chi 9:30am - Line Dan 1 10am - Coffee Friday 10:30am - Line Dan 2 1pm - Crib 7pm - Cards / Games
27	28	29	30	1
10am - Coffee & Conv: 10am - Stretching 12pm - Musicians' 1pm - Darts 1pm - Just Dance Lite 6pm - Private Event	9:30am - Crafts 10am - Bike Shed 10am - Men's Shed 10am - Private Event 12pm - Lunch 12:30pm - Computer 1pm - Card Circle 1pm - Memory SPACE 1pm - Walk Fit 2pm - Memory SPACE 2pm - Pickle Ball 6:30pm - Private Event	9am - Art Studio 10am - Bingo-Doors 12:30pm - Bingo 1st Call 6:30pm - Private Event	10am - Choir 10am - Men's Coffee 10am - Men's Shed 10am - Stretching 1pm - Woodshop 4:30pm - BIRTHDAY SUPPER	