



3425 - 26 Avenue SE
Calgary, Alberta T2B 2P2
Phone: 403-272-4661 Fax: 403-272-6153
Website: www.gfls.org Email: info@gfls.org

GREATER FOREST LAWN 55+ SOCIETY 2025 MEMBERSHIP APPLICATION

MEMBERSHIP NO.: _____ (Office Use ONLY)

(Expiry: December 31, 2025)

NEW MEMBER: Yes _____ No _____

\$35.00 FEE / PAID: Yes _____ No _____

NAME: _____

ADDRESS: _____

POSTAL CODE: _____ TELEPHONE: _____

EMAIL ADDRESS: _____

BIRTH DATE: Month: _____ Day: _____ Year: _____

EMERGENCY CONTACT NAME:

1) Name: _____ Telephone: _____ Relationship: _____

2) Name: _____ Telephone: _____ Relationship: _____

Please make sure you have your Alberta Health Care Card with you at all times.

DO YOU HAVE ANY MEDICAL CONDITIONS WE NEED TO BE AWARE OF?

HOW DID YOU HEAR ABOUT GREATER FOREST LAWN 55+ SOCIETY (GLFS)?

Brochure _____ Community Website _____ GFLS Website _____ Word of Mouth _____ Other _____

If Other, please explain: _____

I am aware it is a condition of participation in any recreational activity, volunteer service, and/or travel provided on behalf of Greater Forest Lawn 55+ Society (GFLS), that the participant does so at their own risk. Greater Forest Lawn 55+ Society (GFLS), its agents, volunteers, or employees are not liable for any physical and/or material loss, damage, injury, loss of life, and/or cost resulting from, or in connection with, such participation.

SIGNATURE: _____ DATE: _____

I authorize Greater Forest Lawn 55+ Society to use my phone number and/or email address to contact me for any changes related to the Centre's activities, programs, or classes.

SIGNATURE: _____ DATE: _____

I authorize Greater Forest Lawn 55+ Society (GFLS) to take my picture for media and/or advertising to promote the Centre.

SIGNATURE: _____ DATE: _____

HOW DO YOU WISH TO RECEIVE THE CENTRE'S NEWSLETTER? Email _____ Pick-Up _____

GREATER FOREST LAWN 55+ SOCIETY
2025 MEMBERSHIP APPLICATION
(continued)

CODE OF CONDUCT

All members and volunteers for the Greater Forest Lawn 55+ Society (GFLS), and drop-in guests will be required to adhere to a Code of Conduct when participating and/or utilizing the Centre's activities, programs, classes, and/or resources. Infractions will be grounds for action by the GFLS Board of Directors, which may include: verbal warnings, written warnings, suspension of membership, and/or expulsion of membership with all the rights and privileges thereof;

1. Treat others (members, guests, volunteers, and/or staff) with courtesy and respect.
2. Be mindful there are a variety of needs and interests represented by the membership of our Society and not all services and/or programs will impact me directly but are equally important.
3. Bring forward, with respect, any concerns to the Executive Director.
4. Use of profanity and/or engagement in use of derogatory language and/or actions are unacceptable: abusive, threatening, loud, insulting and/or harassing (including racial, religious and/or sexual remarks).
5. Engagement in acts of violence, disrespect for authority and/or unsportsmanlike conduct is not tolerated.
6. Smoke only in designated smoking areas on the grounds.
7. Abuse and/or misuse of the Centre's property and/or removal of property from the Centre must be approved and/or brought to the attention of the Executive Director and/or the GFLS staff.
8. Adhering to the hours of operation of the Centre for activities, programs, and/or classes.

MEMBERSHIP AGREEMENT

1. I understand membership for Greater Forest Lawn 55+ Society (GFLS) is based on a January 1st to December 31st timeline.
2. I understand by becoming a member of the Greater Forest Lawn 55+ Society (GFLS), I will be required to abide by the governance of the elected members of the Society and as a member, any concerns I have can be put forward to the Executive Director for consideration, either through a letter, phone call, and/or personal meeting and, if requested, it may be presented to the Board at their regularly scheduled board meeting.
3. I understand I will be required to abide by the Code of Conduct, whenever I am participating in activities, programs, and/or classes with GLFS.
4. I understand membership entitles me to participate in activities, programs, classes, and/or events at GFLS and the operation of the GFLS Centre is governed by the Policies and the By-Laws of the Society.

I have read and agree to abide by the Code of Conduct and the Membership Agreement.

SIGNATURE: _____ **DATE:** _____

The above information will be held in the strictest confidence and will be for the use of the Greater Forest Lawn 55+ Society (GFLS) ONLY.

(Revised October 1st, 2023)



Greater Forest Lawn 55+ Society (GFLS)
3425 - 26 Avenue SE
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(403) 272-4661 www.gfls.org

FCSS SOCIAL INCLUSION INDICATORS (FSII) SURVEY

All new and renewing members **MUST** complete the following survey every 6 months as it is vital to our FCSS Calgary funding from the City of Calgary. This survey is required by FCSS Calgary to evaluate organizations/programs funded by the City of Calgary to measure the impact they have on their communities and meet the FCSS Calgary funding criteria.

Please contact our Office Coordinator to drop off your completed survey or if you have not completed the survey within the last 6 months. Individual surveys cannot be completed online at this time.

20. Social Networks - Seniors

These questions ask how about social engagement, including family and friends. Please select your answer for each statement that is closest to your opinion.

| Questions | | | | | |
|--|----------|----------------|-------------------|-------------------|------------------|
| 1. How many relatives do you see or hear from at least once a month? (lub1) | None (0) | One or Two (1) | Three or Four (3) | Five to Eight (4) | Nine or More (5) |
| 2. How many relatives do you feel at ease with that you can talk to about private matters?. (lub2) | None (0) | One or Two (1) | Three or Four (3) | Five to Eight (4) | Nine or More (5) |
| 3. How many relatives do you feel close to such that you could call on them for help? (lub3) | None (0) | One or Two (1) | Three or Four (3) | Five to Eight (4) | Nine or More (5) |
| 4. How many of your friends do you see or hear from at least once a month? (lub4) | None (0) | One or Two (1) | Three or Four (3) | Five to Eight (4) | Nine or More (5) |
| 5. How many friends do you feel at ease with that you can talk to about private matters? (lub5) | None (0) | One or Two (1) | Three or Four (3) | Five to Eight (4) | Nine or More (5) |
| 6. How many friends do you feel close to such that you could call on them for help? (lub6) | None (0) | One or Two (1) | Three or Four (3) | Five to Eight (4) | Nine or More (5) |
| Scoring: Total score is an equally weighted sum of these six items. Scores range from 0 to 30. | | | | | |

Test Date: (MM/DD/YYYY)

Program:

Greater Forest Lawn 55+ Society - GFLS

Enter Client ID:

First 2 letters of first name:

First 2 letters of last name:

Date of Birth: (MM/DD/YYYY)

Age:

FOIP Statement

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act (FOIP) Section 33(c) for the purpose of program evaluation and planning. The data will not be shared beyond The City of Calgary and the agencies that collected it, where it will be aggregated, analyzed and reported. The findings will be used to determine overall program effectiveness to improve services for all participants. Completion of demographic and survey data is voluntary. If you have any questions about the use of the information, please contact The City of Calgary at fcss.indicators@calgary.ca and a Research Social Planner will respond.



GREATER FOREST LAWN 55+ SOCIETY VOLUNTEER OPPORTUNITIES

Volunteers are a valuable part of the Greater Forest Lawn 55+ Society (GFLS). Your time and knowledge is greatly appreciated. The following are a list of some of the volunteer opportunities at GFLS. Please indicate the volunteer areas that are of interest to you, by placing a check mark beside your choice. Training and/or job shadowing will be provided, where necessary. All our volunteers must be 18 years of age or older. Please feel free to let us know if you have other areas in which you would like to volunteer and/or if you have a special talent you would like to share with the GFLS community.

| | | | |
|--|--|---|--|
| KITCHEN HELP Work with the GFLS Team with events requiring food items. Alberta Food Handling certification required. Training provided. NOTE: Some events held outside regular business hours of the Centre. | | 5 STAR BINGO An important fundraising event for GFLS held on the 1st and 3rd Thursday afternoon sessions. Various positions available with instruction provided by the bingo hall. | |
| TUESDAY LUNCHES Assistant with set up, preparation, service and/or clean-up for GFLS Tuesday lunches. Training provided. | | SPECIAL EVENTS Other fundraising events held throughout the year. These events could be either at the GFLS Centre or held at other locations such as casinos, bowling lanes, other community centres, etc. | |
| WEDNESDAY LUNCHES Assistant with set up, preparation, service and/or clean-up for GFLS Wednesday express lunches. Training provided. | | TICKET SELLER: 50/50 DRAWS, RAFFLES, PULL TICKETS Fundraising opportunities held in conjunction with other GFLS activities such as GFLS Wednesday Bingo, Birthday Suppers, in-house drama productions and entertainment performances occurring at the Centre. | |
| BIRTHDAY SUPPERS Assist with monthly Birthday Suppers in various areas including main hall set-up, registration table, kitchen servers, clean-up crew, and coffee/tea attendants. Training provided. | | GFLS WEDNESDAY BINGOS In-house bingo requires various positions including callers, card sellers, special card sellers, verifiers, cashiers, coffee/tea attendants, and clean-up. | |
| BARTENDERS Set-up, serve and clean-up bar area at events requiring bar service. Pro-Serve certification required as per AGLC Licence. Training provided, if needed. | | MUSICIANS & ENTERTAINERS Provide music and entertainment to the GFLS community at various events such as Stampede Breakfast, Birthday Suppers, etc. | |
| FRONT DESK RECEPTION Various daytime shifts including answering multi-line phone, greeting people arriving at the Centre, light office duties, providing information about GFLS, and handling cash via a Square unit. Training provided. | | INSTRUCTORS To provide activities and programs to the GFLS community such as, but not limited to, card making, story telling, paint nights, seminars on various topics pertinent to our members. | |
| FRIENDLY GREETERS Assist Front Desk volunteer with greeting people arriving at the Centre via the main doors. Provide information and tours of the GFLS Centre is needed. Training provided. | | ACTIVITY ASSISTANTS Assist GFLS team members and instructors deliver programs to GFLS members with set-up, organizing, clean up, and deliver the activity, if needed. | |
| KEY HOLDER Trustworthy individual responsible to open and close the GFLS Centre for events held after hours including evenings and weekends. | | TELEPHONE CONNECTION Connect via phone with GFLS members who do not have access to online information and/or need someone to just to talk with. | |
| OTHER: (Please print clearly) | | | |

NAME: (Please print)

PHONE:

SIGNATURE:

EMAIL ADDRESS:

The HEART of a VOLUNTEER is not measured in size, but in the depth of
the COMMITMENT to make a DIFFERENCE in the lives of OTHERS.