

Group Guideline Agreement



SHARE

There is no requirement to talk or share in the group, but you're encouraged to do so!

LISTEN

Be willing to listen. When someone else is speaking, focus on what that person is saying in order to learn, comfort and help. Good listening builds relationships.

COMPLETE THE ON MY OWN HOMEWORK

Doing the On My Own exercises in your **DivorceCare Workbook** benefits both you and the group. By completing your On My Own, as well as attending the meetings, you will receive the maximum benefit from your participation in the DivorceCare program. Completing the On My Own also prepares you for the group discussion time. Group discussions reach their full potential when everyone does their exercises.

BE SENSITIVE

Some of you are naturally outgoing and comfortable sharing your feelings. Some of you are a bit shy. If you are outgoing, make sure you don't dominate the group. If you tend to be quiet or shy, make an effort to participate (you'll be glad you did).

NO DATING WITHIN THE GROUP

This is a group designed to help you and the other group members find help, support, healing, and growth. It is not an environment to encourage dating relationships among group members (dating too early can add to your hurt!).

BE WELL-MANNERED

Take care to protect the integrity of the DivorceCare program as well as each group member. Please make every effort to avoid speaking of others in disparaging terms.

MAINTAIN CONFIDENTIALITY

Don't talk about things you hear in the group to people outside the group. This will help develop an atmosphere of trust. (Keep in mind, there is no way the group can guarantee confidentiality, so use discretion about what you share.) The DivorceCare Leaders will not share participants' personal (contact) information under any circumstances without consent – participants may share their personal information with other group members, as desired.

BE ON TIME FOR THE MEETINGS

Knowing that schedules, traffic, and other issues can hinder your arrival, attempt to arrive ahead of the group start time in order to drop off children in their respective programs and to be organized and ready to begin on time.

FACILITATORS ROLE

Understand that facilitators of DivorceCare are not counselors, psychiatrists, or psychologists. This is a biblically based and Christ-centered program that is presented to all participants regardless of their affiliations or beliefs. Facilitators may periodically ask participant to conclude a discussion or request permission from participant to return to topic when needed – in order to be considerate to all participants or to stay on topic and schedule. Facilitators have the right to remove any person from the group who has misrepresented him or herself or is detrimental to the group.



Helpful Things to Know



DIVORCECARE WEBSITE LOGIN AND RESOURCES

Participants who are not registered will need to register at: Corinth Reformed Church group - DivorceCare

Once you are logged in, go to the **MyDivorceCare tab** to have access to **My Group** (session videos, group information, and more). The My Group section is where you can view the weekly videos. There are additional resources available for a more fulfilling experience under the Videos section and the Resources section.

Daily Encouragement Emails can easily be signed up for at the website under About and DivorceCare support options.

COME AS YOU ARE - COME AS YOU CAN

Although we would like for everyone to be on time for every meeting, we understand the reality of life. Therefore, come as you can – we would rather you be late or attend a portion of the meetings than not experience the healing and fellowship at all. We will have a short break midway. Feel free to periodically get a bottle of water, snack, or use the restroom.

MEETING SCHEDULE

Dates and times are available as handout or by email request to divorcecareassist@gmail.com.

WEATHER RELATED CLOSINGS

Weather related closings will be based on Corinth Wednesday Night closings – go to www.corinthtoday.org to check.

CORINTH CAMPUS SERVICES

These services include Wednesday Church Dinner – Childcare – Youth Program – Safety and Security. Information is available as a handout or by email request to divorcecareassist@gmail.com.

SAFE SPACE

DivorceCare Program is designed to provide a Safe Space for all participants. DivorceCare Leadership will address participants on a first name basis, you may share additional information as you so deem. For your safety and others, please do not walk to your vehicles alone after meeting. Corinth has a security officer on site.

COMMON COURTESIES

Please place cell phones on silent.

Don't compare your situation or level of pain or struggles to others. Each participant's experience is unique.

Be considerate to allow each participant an opportunity to share in the discussion, as well as the overall time of the meeting. We have to finish no later than 8:00 pm.

SPECIAL NEED ASSISTANCE

Assistance is available in an adjoining room by asking one of the leaders to share a few minutes with you to help you get through an emotional moment or to help with something that is keeping you from moving forward.

For assistance or questions email: divorcecareassist@gmail.com -- Marc or Jenny will respond ASAP.