

## Lymphedema Patient Health History

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Height: \_\_\_\_\_ (inches or cm) Weight: \_\_\_\_\_ (lbs. or kg)  
Medical Doctor: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

What type of lymphedema has your doctor diagnosed? \_\_\_\_\_  
How long have you had: the diagnosis \_\_\_\_\_ the lymphedema \_\_\_\_\_  
Did it appear suddenly or gradually? \_\_\_\_\_  
Do you know the cause of the lymphedema? \_\_\_\_\_  
Have you been treated for cancer or malignant disease? \_\_\_\_\_ when? \_\_\_\_\_  
If yes, what type of treatment did you receive (indicate dates)? \_\_\_\_\_  
\_\_\_\_\_

What type of treatment have you received for your lymphedema and when?

Medication: \_\_\_\_\_  
Combined Decongestive Therapy: \_\_\_\_\_  
Compression Garments: \_\_\_\_\_  
Pneumatic Pump: \_\_\_\_\_  
Surgery: \_\_\_\_\_  
Other: \_\_\_\_\_

On a scale of 1 (non-existent) to 10 (most severe)

Pain:      Mobility:      Bursting:      Increased Temperature:      Numbness:      Loss of Sensation:  
Have you ever has an infection in the limb (dates)? \_\_\_\_\_  
Was it treated with antibiotics? \_\_\_\_\_ Which type? \_\_\_\_\_  
Have you recently noted any changes in: the skin \_\_\_\_\_ the nails \_\_\_\_\_  
Are any areas of the limb noticeably harder than usual? \_\_\_\_\_  
At home: do you have someone to help you with day today functions? \_\_\_\_\_ Name: \_\_\_\_\_

Are you prepared to make a commitment to the treatment programme explained to you by the therapist? Please circle and initial Yes / No \_\_\_\_\_

If you have an arm lymphedema, the therapist will need to work on the chest/breast area in order to provide effective care. Are you willing to consent to the treatment of your chest/breast area?

Please circle and initial Yes / No \_\_\_\_\_

If you have a leg lymphedema, the therapist will need to work on the upper inner thigh and buttock area. Are you willing to consent to treatment of these areas? Please circle and initial Yes / No \_\_\_\_\_

I have read this Case History Form and answered all the questions to the best of my ability. The therapist may contact my referring medical doctor and I hereby give permission to do so.

Signed \_\_\_\_\_ Date: \_\_\_\_\_