

Bio-Identical Hormone Replacement (BHRT) dosages are tailored to each individual, and should be initiated and continued along with regular hormone testing. Saliva and urine based hormone testing is available at Springwater Pharmacy.

Patient: _____ Date: _____

Progesterone	Bi-Est (Estriol:Estradiol)	Estriol Cream
_____mg/dose	_____mg/dose	_____mg/dose
<input type="checkbox"/> Capsules	<input type="checkbox"/> Capsules	<input type="checkbox"/> Topical Cream
<input type="checkbox"/> Suppositories	<input type="checkbox"/> Suppositories	<input type="checkbox"/> Vaginal Cream
<input type="checkbox"/> Topical Cream	<input type="checkbox"/> Topical Cream	
<input type="checkbox"/> Vaginal Cream	<input type="checkbox"/> Vaginal Cream	

Testosterone	DHEA	T3/T4 Capsules
_____mg/dose	_____mg/dose	_____mcg/dose
<input type="checkbox"/> Capsules	<input type="checkbox"/> Capsules	<input type="checkbox"/> T4 (levothyroxine)
<input type="checkbox"/> Suppositories	<input type="checkbox"/> Suppositories	and/or
<input type="checkbox"/> Topical Cream	<input type="checkbox"/> Topical Cream	_____mcg/dose
<input type="checkbox"/> Vaginal Cream	<input type="checkbox"/> Vaginal Cream	<input type="checkbox"/> T3 (liothyronine)

Topical hormones are compounded in VersaBase™

SIG:		
MITTE:		REPEATS:
Name	Signature	Licence Number