

Mentoring Conversation Prep Sheet: A Tool for Protégés



**Women in Cable
TelecommunicationsSM**
Greater Ohio

Use this as a guide to your next Mentor conversation. Complete 2 or 3 questions below and send to your Mentor a few days prior to your call/meeting. This will help your Mentor prepare feedback and provide any relevant resources. And this will help you make the most of your time with your Mentor and get the support you need.

1. What have I accomplished since our last mentoring meeting? (What are my wins?)
2. What I did not get done, but intended to do?
3. What challenges and problems am I facing now?
4. What are the opportunities available to me right now?
5. I want to leverage my mentor during this meeting to:
6. Have you had any insights or any new awareness that excites you?
7. Is there anything else you would like to discuss?