## NAMI FAMILY TO FAMILY

A no cost, eight-session program led by family members to equip participants with essential skills including problemsolving, effective communication, accessing services, crisis management, and more, fostering mutual support in a compassionate group setting.

## **CLASS INFO:**

- West Chester, PA
- ▼ Tuesdays from 10/1-11/26





## **REGISTER**

bit.ly/47p3P7w



