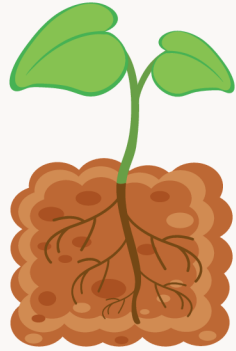




SEED

The life of a plant starts with a seed. The seed is planted in soil and needs water, warmth, and sunlight to



SPROUT

When the seed starts to grow, a sprout emerges from the soil. This sprout has a small stem and a few leaves.



SEEDLING

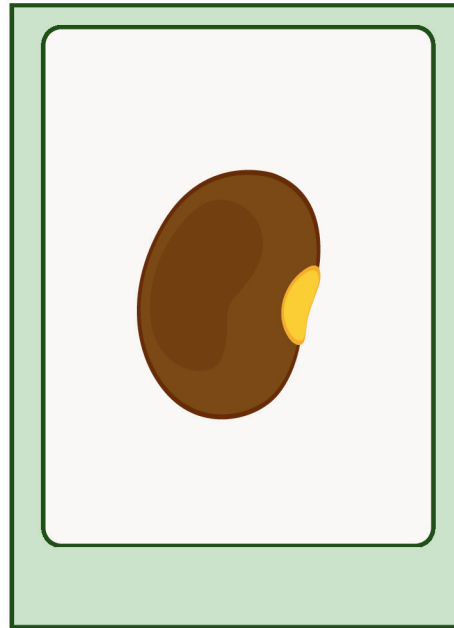
As the sprout grows, it becomes a seedling with more leaves and a stronger stem. The seedling climbs upward and begins developing tiny buds that will grow into flowers.



MATURE PLANT

After pollination, small bean pods start to grow. These pods grow bigger and are filled with seeds, which can be replanted to continue the cycle.

SEED — THE BEGINNING OF LIFE



"Then the LORD God formed man of the dust of the ground and breathed into his nostrils the breath of life."

— Genesis 2:7

Plant Life

The life of a plant begins with a seed.

Planted in soil, the seed holds everything it needs to become something more. It waits quietly beneath the surface, requiring water, warmth, and time.

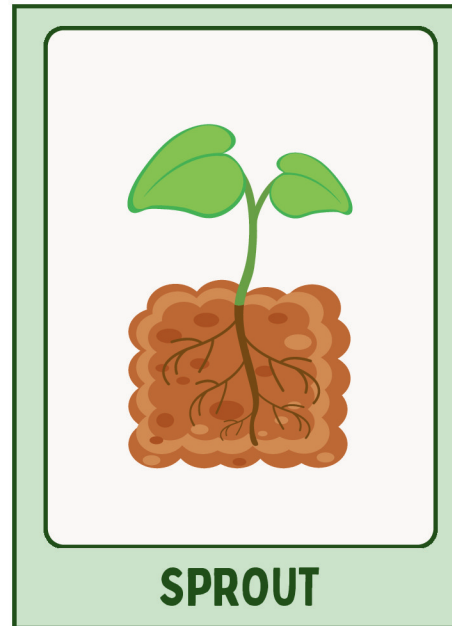
Reflection

Just as a seed begins in the soil, we begin grounded. God chose the soil as the foundation of life—for plants and for humanity.

Before growth is visible, there must be trust in the process beneath the surface.

We, too, must be planted—rooted in God's Word—before transformation can begin.

SPROUT — EMERGING IN FAITH



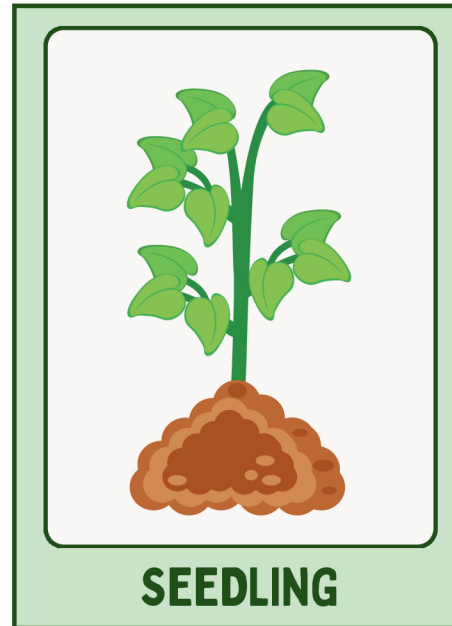
"Blessed is the one
who trusts in the
LORD, whose
confidence is in him."
— Jeremiah 17:7

Plant Life
When conditions are
right, the seed breaks
open and a sprout
pushes upward. A
small stem and first
leaves appear,
reaching toward the
light.

Reflection
The sprout represents
faith taking action.
Growth begins when
we trust enough to
push upward, even
when we're still fragile.

This is the moment
we respond to God's
call—stepping out of
darkness and
reaching toward His
light.

SEEDLING — STRENGTHENING ROOTS



SEEDLING

"So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him."

— Colossians 2:6–7

Plant Life

As the sprout grows, it becomes a seedling.

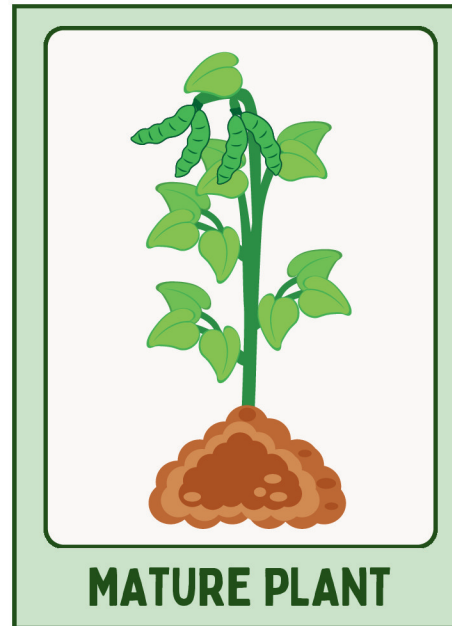
Roots deepen, the stem strengthens, and more leaves form to absorb sunlight.

Reflection

This stage reminds us that growth requires grounding. Roots must deepen before the plant can withstand wind or weather.

In the same way, we anchor ourselves through prayer, scripture, and obedience—drawing nourishment from the Creator while lifting our hearts upward.

MATURE PLANT — LIVING FULLY IN PURPOSE



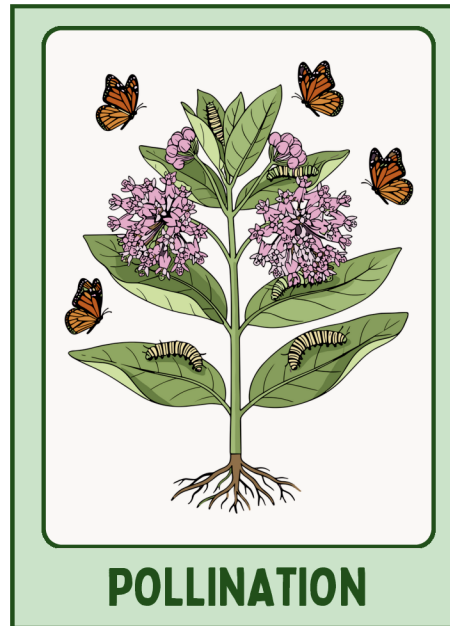
"I am the vine; you are
the branches. If you
remain in me and I in
you, you will bear much
fruit."
— John 15:5

Plant Life
The mature plant
stands tall, leaves
wide, fully capable of
producing flowers and
fruit.

Reflection
Reflection
A mature plant reflects
alignment—roots firmly
grounded, leaves open
to the sun.
We are the same.

When we remain
rooted in God and
look upward, our lives
become vessels of
nourishment and
purpose.

POLLINATION & FRUIT — CONTINUING THE CYCLE



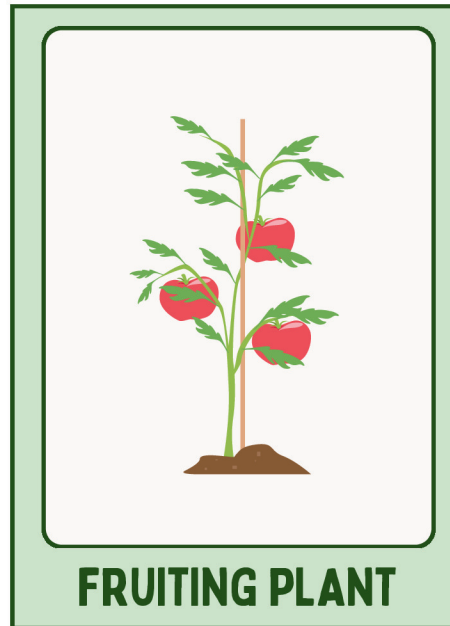
"Do not be deceived:
God cannot be
mocked. A man reaps
what he sows."
— Galatians 6:7

Plant Life
After pollination, fruit
forms. Inside the fruit
are new seeds—ready
to begin the cycle
again.

Reflection
What we cultivate
multiplies. When our
lives are rooted in
Christ, the fruit we bear
carries seeds of hope,
faith, and renewal for
others.

We are not meant to
grow only for
ourselves, but to plant
again.

FINAL REFLECTION: SOIL, SUN, AND THE SON



FRUITING PLANT

"Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'"

— John 14:6

Closing Thought
Plants require soil to stay grounded and the sun to grow upward. We are no different.

- The soil reminds us to stay rooted—humble, grounded, anchored in truth.
- The sun reminds us to lift our eyes heavenward.
- And just as plants grow toward the light, we grow through the Son.

True growth—spiritual, emotional, and physical—comes when we remain grounded in our Creator and reach upward through Christ.

PLANT LIFE CYCLE

Cut and sequence the pictures in the correct order.

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