

2025 CLASSES:

NAVIGATING RELATIONSHIPS on the SPECTRUM

SESSION 3: September 22 - December 15

INTRODUCTORY CLASS

Climbing the Relationship Ladder



INTERMEDIATE CLASS

Expanding Your Social Circles

*Must have taken "Climbing the Relationship Ladder" before this class

Our Adult programs are held weekly at our locations in Virginia Beach. There are two time options to accommodate work and college schedules.



MONDAY or THURSDAY

Middays>) 12:00pm-1:00pm

Evenings>) 6:00pm-7:00pm

COST \$35.00 per week includes all materials!

APPLY TODAY using the link below or QR code! Adult Social Learning Group Application

https://forms.gle/wZXejgvDTJ3oQ9ci7

