## **Keynote Topics**

## Women & Money: Relationship Status... It's Complicated

Unravel the complexities of women's relationship with money by addressing both personal and societal narratives. Discover how to overcome fear and shame, empowering women to reclaim financial confidence and freedom.

## Money Wisdom & Health: Uncovering Your Money Story to Unlock Your Potential

Explore your money narratives, uncover their origins, and learn practical strategies to conquer common financial fears and misconceptions.

## Time Well Spent: Aligning Your Daily Actions with Your Deepest Held Values

Often, we live a life that we do not control. Learn to live on purpose by aligning your daily, weekly and monthly actions with your core values and priorities for ultimate fulfillment.

