

TIME WARP Step Sheet

INTRO: WAIT 16ct

PART 1: "It's astounding"

8ct Start with head down

8ct "Time is fleeting" : Slowly raise head

8ct Jazz hands out/raise hands up

8ct Crazy hands to head

8ct Lunge to R (listen, R hand to ear) - quick shoulder

8ct Lunge to L ("No" with L finger) - quick shoulder

8ct Arms outstretched/thumbs to self

8ct Grab + bring hands towards yourself

PART 2: "I remember"

16ct 2 Box steps R foot (R, cross L,R,L) monster arms up

16ct Lunge to R/move to L Lunge (hands "drinking")

16ct 2 Box steps R foot (R, cross L,R,L) monster arms up

EXTENDED CHORUS: "Let's do the Time Warp again"

8ct R arm up, L arm up/down R-down L

8ct Shimmy down (4ct), shimmy up (4ct)

8ct Raise arms up R-L/down R-down L

8ct Shimmy down (4ct) and quickly up (1ct) + hold

8ct Dance jump to L, 4 arm jerks LRLR

8ct 3 R foot fans + hands (out-in-out-in-out) + hold

8ct Circle arms inward + around/hands on hips/knock knees

8ct 4 dips with knees together

8ct 4 pelvic thrusts (2 slightly to R + 2 slightly to L)

8ct 8 swivels RLRLRLRL with "crazy hands over head"

8ct R arm up, L arm up/down R-down L

8ct Shimmy down (4ct) + up (4ct)

8ct R arm up, L arm up/down R-down L

8ct Shimmy down (4ct) + up (4ct)

PART 3: "It's so dreamy"

"IT'S SO DREAMY".....

2 BOX STEPS ON RIGHT (8CT)

"EYES" LEAN R-L-R-L (8CT)

4 MONSTER CHA-CHAS (8CT)

"EYES" LEAN R-L-R-L (8CT)

"WITH A BIT OF A MIND FLIP".....

2 BOX STEPS ON RIGHT (8CT)

"SAY NO" (over, under, over, under 8X'S)(HIPS - RLRLRLRL)

2 MONSTER CHA-CHAS R+L

8 CRAZY SWIVEL STEPS (8CT)

SHORT CHORUS: "Let's do the Time Warp again"

8ct R arm up, L arm up/down R-down L

8ct Shimmy down (4ct) + up (4ct)

8ct R arm up, L arm up/down R-down L

8ct Shimmy down (4ct) + up (4ct)

BRIDGE: "Well, I was walking"

8ct 8 quick walks to R (arms going up) RLRLRLRL

8ct 4 jerk steps back RLR, L 1/2 turn

8ct 8 quick walks to L (arms going up) RLRLRLRL

8ct 4 jerk steps back RLR, L 1/4 turn to front

8ct 8 walks (arms going up) RLRLRLRL

8ct 4 jerk steps back RLRL

EXTENDED CHORUS:

8ct R arm up, L arm up/down R-down L

8ct Shimmy down (4ct), shimmy up (4ct)

8ct Raise arms up R-L/down R-down L

8ct Shimmy down (4ct) and quickly up (1ct) + hold
8ct Dance jump to L, 4 arm jerks LRLR
8ct 3 R foot fans + hands (out-in-out-in-out) + hold
8ct Circle arms inward + around/hands on hips/knock knees
8ct 4 dips with knees together
8ct 4 pelvic thrusts (2 slightly to R + 2 slightly to L)
8ct 8 swivels RLRLRLRL with "crazy hands over head"
8ct R arm up, L arm up/down R-down L
8ct Shimmy down (4ct) + up (4ct)
8ct R arm up, L arm up/down R-down L
8ct Shimmy down (4ct), come part of the way up (4ct)
Start to lower yourself slowly down as music ends

SEQUENCE:

1 - 2 - EXTENDED CHORUS - 3 - SHORT CHORUS - BRIDGE - EXTENDED CHORUS

MUSIC: " THE TIME WARP" from The Rocky Horror Picture Show

Artist: Richard O'Brien, Patricia Quinn & Nell Campbell

Choreography: Sandi Bergheimer