

"BEAT IT"
Sequence Sheet
(4/7/26)

INTRO

Circle Walk 3-4-5-6 1-8

Lean 2-3-4-5-6-7-8

Lean 2-3-4-5-6-7-8

Punch punch 1-2

Stomp stomp 3-4

Fist Fist Fist Fist 5-6-7-8

A. BEAT IT (2x)

Snap snap Snap snap 1-2-3-4

Snap Snap Snap Snap 5-6-7-8

Up Up 1-2

Out Out 3-4

Reach and pull, Reach and pull 5-6-7-8

Cross and turn, Cross and turn 1-2-3-4

Look right 5-6

Look left 7-8

Body roll, Body roll 1-2-3-4

Snap snap snap snap 5-6-7-8

(Repeat)

B. MJ SECTION

Leg Leg 1-2

Nod Nod 3-4

Tootsie roll - Tootsie roll 5-6-7-8

Hat slide to-the left 1-2-3-4

Arms, Up, Down, Open 5-6-7-8

Step Kick - Step Kick - Step Kick - Step Kick
1-2-3-4-5-6-7-8

C. 1 FINALE (left & right side blocking)

Tootsie Roll 1-2

Elbow Jab 3-4

Turn 5 (Pivot center)

Flip 6

Puff Puff 7-8

Beat It: 1x

Snap snap Snap snap 1-2-3-4

Snap Snap Snap Snap 5-6-7-8

Up Up 1-2

Out Out 3-4

Reach and pull, Reach and pull 5-6-7-8

Cross and turn, Cross and turn 1-2-3-4

Look right 5-6

Look left 7-8

Body roll, Body roll 1-2-3-4

Snap snap snap snap 5-6-7-8

C 2 Finale

Hat slide to-the left 1-2-3-4

Head nods to-the right 5-6-7-8

Right- Flip 1-2

Up - Hat 3-4

Hold 5-6-7-8