



Lafayette Dance Intensive 2025

Current Apprentice, Junior and Senior Levels

July 7-11 Ballet and Conditioning 10:00-1:00

July 21-25 Jazz and Contemporary 10:00-1:00 Ballet - Tu, Wed, Th 2:00-1:15

July 26 Jr/Sr Company Audition 10:00-12:00

FACULTY

Phyllis Allen

Phyllis trained and danced with Atlanta Civic Ballet (now Atlanta Ballet) under directors Dorothy Alexander and Robert Barnett. She was chosen at age 15 by George Balanchine for his Young Choreographers Workshop. She studied at the School of American Ballet (SAB) and the Royal Ballet School. After a varied performing career in dance and musical theatre, she began the Lawrenceville School of Ballet. She was the founding director of Southern Ballet Theatre and has taught many students that have gone on to careers in dance, theater, teaching, choreography and directing.

Abigail Tan Gamino

Abi grew up in Manila, Philippines and trained at the school of Phillipine Dance Theatre. She was invited to join PDT at 15 and a few years later accepted a company position at American Repertory Ballet in New Jersey. After one year at ARB, she was offered a position at Atlanta Ballet. Abi has danced lead roles in Don Quixote, Swan Lake, Cinderella, Giselle, Hunchback of Notre Dame, Madame Butterfly, La Bayadère, Nutcracker, Tchaikovsky Pas de Deux, Who Cares?, Serenade and Concerto Barocco. Since retiring from performing, she has served as senior faculty at Atlanta Ballet Center for Dance Education and she graduated with a BA in Communication Arts from Angelicum College.

Pedro Gamino

Pedro grew up in San Francisco, California and started studying Mexican Folk Dance as a child. He began his ballet training at the SF Academy of Ballet then attended School of the Arts High School in San Francisco and School of American Ballet (SAB). He began his career with Smuin Ballet in California then danced for American Repertory Ballet in Princeton, New Jersey before joining Atlanta Ballet. During his performing career he enjoyed dancing ballets by Val Caniparoli, Twyla Tharp, Jorma Elo and Helen Pickett. Favorite ballets/roles include Arabian and Snow Pas de deux in John Mc Fall's Nutcracker, Romeo and Juliet, Carmina Burana and many contemporary works.

Alex Gonzaga

Alex grew up in Rio, Brazil and started dancing at the age of 9 after following his sister into the dance world. At the age of 15 Alex moved to the US to pursue his dream of becoming a ballet dancer. He has danced professionally with Atlanta Ballet and Terminus Modern Ballet Theatre and has had the opportunity to guest with many wonderful companies including Lafayette Ballet Company. After a serious ankle sprain Alex decided to follow his fitness passion and help other dancers in their journey to peak performance and a healthy career. Alex holds multiple certifications from NASM (National Academy of Sports Medicine) and is the founder/owner of Proteus Fitness. Alex and his team work with professional and pre-professional dancers to optimize strength, flexibility, injury prevention and injury recovery.

Kristin Foister

Kristin is a respected dancer, choreographer and teacher with decades of experience. She has danced in television commercials, industrial shows, theme park performances and promotional appearances for various artists, under the direction of Emmanuel Lewis. Her unique and diverse choreography ranges from the lighting of the Great Macy's Tree to the Indiana Pacers Gala held in Indianapolis. She has choreographed shows for Six Flags over Georgia, the premier reveal of Coca-Cola's C2O and fashion shows for Simon Mall Group. She served as assistant choreographer for the opening and half time of the Chick-fil-a Bowl, as well as being the resident choreographer for Entertainment Design Group of Atlanta. Her choreography and her dancers are always recognized for their pronounced passion and musicality. She is experienced in teaching dancers from early childhood to

professional in the dance styles of Lyrical, Jazz, Hip Hop, Musical Theater, and Ballet. She is especially grateful to be able to pass on the “Gift of Dance.” She and husband Beau Foister are the founders and owners of Dance Tech and Talent studio in Kennesaw, Georgia.

Beau Foister

Beau is a native of Georgia and has taught for many years nationwide. He is an experienced adjudicator and master class teacher especially known for his classical, entertaining and high energy jazz classes and choreography. Beau has choreographed for The Georgia Ballet, Miss Georgia Scholarship Pageant, Albany Ballet Theater, Third Edition Color Guard, Stevenson High School Competitive Pom Team, and USA Cheer under the direction of Pamela Antista in which he was an assistant for the Chick-fil-a Bowl. He has danced in such classics as “The Nutcracker”, “Serenade”, “Where the Wild Things Are”, “Swan Lake”, “West Side Story”, and many more. Beau was a featured dancer in the 20th Anniversary Celebration for Home Depot, as well as many Miss Georgia Pageants. Beau danced for the Georgia Ballet for many years and guest performed for many regional companies. He was very proud to have been selected as a dancer for the 1992 Summer Olympic Games in Barcelona, Spain. Beau always looks forward to educating and inspiring dancers from Beginner to Professional. Beau and his wife Kristin Foister are founders and owners of Dance Tech and Talent studio in Kennesaw, Georgia.