## 7 Habits of Highly Effective People Comprehension Questions

1. What are habits?
Habits are
2. What are the 7 Habits of Highly Defective Teens?
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What's a "paradigm?  A paradigm is
4. What's a "paradigm shift?"
A paradigm shift is
What are two great habits that you have?  •
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What is one habit that you would like to change?

Habit 1: Be Proactive What's the difference between a "proactive" person and a "reactive" one?
Who has the power in YOUR life?
What's the one thing you can control? What is this called, and why is it so important?
Habit 2: Begin with the End in Mind What does this mean to you?
Habit 3: Put First Things First What does this mean to you?
Habit 4: Think "Win-Win" What does this mean to you?
Habit 5: Seek First to Understand, Then to be Understood What does this mean to you?
Habit 6: Synergize What does this mean to you?
Habit 7: Sharpen the Saw What does this mean to you?

Think about who you are and how you would like to design your life. After reading 7 Habits of Highly Effective People by Stephen Covey, what can you change in your life? What are you committing to change in your life for the better? Why?	