



Brown Paper Bag: A Traveling Play Therapy Office for Home-based Therapists

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Learning Objectives

- 1. Participants will analyze 3 different games for a traveling bag.
- 2. Participants will create a list of 5 play therapy activities.
- 3. Participants will compare the difference in traveling office with physical office needs.



Where do we start?

- **Type of setting**
- **Theoretical Orientation**
- **Special Consideration**
 - **Style:**
 - Approach
 - Agility
 - Setting
 - Creativity
 - Quick on your feet
 - Good under pressure
 - Structure
 - Need to know exactly what you are doing

Quantity VS Quality

- Stuff: what are the basics?
- Quality: Durability, versatility, transportability,
- Quantity: how many varieties do you need?





Let's Get Started



- Three or four sheets of colored and white paper
- Pipe cleaners
- Two or three small containers of play dough
- Markers/Crayons
- Scarf/Masks
- Foil
- Deck of cards
- Scissors
- Glue Stick
- Self-inking stamps
- Feathers
- String
- Popsicle sticks



- Gloves
- Two or three animal figurines
- Three or four people figurines
- Pictures
- Three or four old greeting cards
- Strand of beads, rings, bracelets
- Musical instruments



Games

What games do we need or do we?



What else might we include?

Discussion and Play!





Q & A