



*What's
Your Time
Worth?*



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Hi Lady!

Congratulations on being an action taker and wanting to take your business to the next level!

I think it's totally amazing that you want to grow your business, make an abundant income and impact more lives while being more strategic and having the freedom to do what you love.

That's exactly what the What's My Time Worth download will help you achieve, and I'm so excited to share with you!

In this download, I'll help you discover...

- What your time is worth
- The top items to add to your "not-to-do list"
- The top "needle movers" in your business
- How you can free up more of your time and be more effective

I trust that this will be a total game-changer for you. Enjoy!



"HOW WE VALUE OUR TIME
IMPACTS HOW WE INVEST OUR
TIME. AND HOW WE INVEST OUR
TIME DIRECTLY IMPACTS HOW
PRODUCTIVE WE ARE IN OUR
BUSINESSES, AND HOW FULFILLED
WE FEEL IN OUR LIVES."

- Tina Hyland

What's Your Time Worth?

GET CLEAR ON YOUR WHY

1. What is your annual income goal?

2. Why is that amount important to you?

3. What would you use that money for?

4. What would be different for you if you were making that amount of money each year?

What's Your Time Worth?

CALCULATE YOUR HOURLY RATE

1. How many hours do you work per week?

2. How many weeks do you work per year?

3. Multiply the two to calculate the TOTAL number of hours you work per year:

4. Divide your annual income goal by the total number of hours you work per year.

MY TIME IS WORTH...

60 MIN	$\frac{\text{Annual Income Goal}}{\text{\# of Hours / Year}}$	Hourly Rate:
30 MIN	$\frac{\text{Hourly Rate}}{2}$	Half-Hour Rate:
15 MIN	$\frac{\text{Half-Hour Rate}}{2}$	Quarter-Hour Rate:
1 MIN	$\frac{\text{Hourly Rate}}{60}$	Minute Rate:

What's Your Time Worth?

CREATE THE NEW YOU

Answer the following questions as someone who makes \$_____ per hour.

1. What projects will I spend my time on?

3. What will I no longer tolerate in my business?

2. What will I expect in my business?

4. Who will I be if I am totally committed to being the BEST at what I do?

What's Your Time Worth?

CREATE THE NEW YOU

What will I DELEGATE?

(things that need to be done, but are less than your hourly rate OR that don't bring you joy)

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What will I DELETE?

(things from my "Not-To-Do" List that DON'T need to be done)

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What will I AUTOMATE?

(things that need to be done but that can be set up to be done automatically)

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The key is to now see everything through this filter and to observe how your decisions change! See how you think of yourself as an empowered business owner. See how you focus your time and energy on revenue generating tasks instead of wasting time on things that don't grow your income or business.

GREAT JOB!!

THANKS FOR PARTICIPATING!



Congratulations on completing the What's Your Time Worth download!

I'd love to hear your experience of how this helped you! Feel free to reach out to me directly via email Tina@TinaHyland.com to share, or to send me a direct message on any of my social platforms!

If you want support additional support, I invite you to [Apply for a 1-1 Discovery Call](#) with me where I'll help you:

- Get crystal clear on your vision for your business AND your life.
- Identify the specific obstacles that have gotten in your way of growing your business to the level you want it to be.AND...
- Discover the #1 block that has prevented you from breaking through these obstacles.

Great job!