



Parent Resource Guide

The following national organizations, support networks, and educational tools provide guidance, advocacy, and community support for families navigating autism services.

Major National & International Resource Organizations

- **Autism Speaks** – Phone: (646) 385-8500 | Email: contactus@autismspeaks.org | Website: autismspeaks.org | Offers a resource guide, service locator, and Autism Response Team support.
- **Autism Society of America** – Helpline: 1-800-328-8476 | Email: Info@AutismSociety.org | Address: 6110 Executive Blvd, Suite 305, Rockville, MD 20852 | Website: autismsociety.org
- **Autism NOW** – Phone: 202-600-3480 | Toll-Free: 1-855-828-8476 | Fax: 202-534-3731 | Website: autismnow.org
- **CDC – Learn the Signs. Act Early.** – Website: cdc.gov/actearly | Developmental milestone checklists and early intervention tools.

Support & Community Networks

- **MyAutismTeam** – Online social network for parents of autistic children to connect and share experiences. Website: myautismteam.com
- **Facebook Support Groups** – Mothers of ADHD and Autism Special Children; Autism Parents Support Group; Autism Mama's; Autism Parent's Support Group of Indiana
- **Parent Center Hub** – Website: parentcenterhub.org | Directory of federally funded parent centers in every state to help with special education navigation.

Guides & Family-Focused Tools

- **A Parent's Guide to Autism** – Often available through organizations like Autism Speaks (check their resource section or search directly).
- **Autism Parenting Magazine** – Articles geared toward parenting challenges and tools.
Website: autismparentingmagazine.com

Helpful Books

- Parenting Children with Autism and Special Needs
- The Ultimate Guide to Parenting Kids with BIG Emotions
- The Essential Guide to Raising Complex Kids
- Prayers for a Special Child
- Love Needs No Words
- The Autism Spectrum Survival Guide for Parents – Practical explanation of autism and parenting strategies.
- Different... Not Less – Encourages embracing strengths and individuality.
- Parenting a Child with Autism Spectrum Disorder – Broad practical strategies for daily life.
- Finding Autonomy Within the Family – Helpful for supporting independence and family balance.