



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Grit 5:15am Bodypump 9:00 Zumba 6:00pm	3 Grit 5:30pm	4 Grit 5:15am Bodypump 9:00 Grit 6:00pm	5	6 LAUNCH AT THE PARK
7	8 BYOB 6:00pm	9 Grit 5:15am Bodypump 9:00 Zumba 6:00pm	10 Grit 5:30pm	11 Grit 5:15am Bodypump 9:00 Grit 6:00pm	12	13 Grit 9:15am
14	15 BYOB 6:00pm	16 Grit 5:15am Bodypump 9:00 Zumba 6:00pm	17 Grit 5:30pm	18 Grit 5:15am Bodypump 9:00 Grit 6:00pm	19	20 Grit 9:15am Zumba 10:00am
21	22  BYOB 6:00pm	23 Grit 5:15am Bodypump 9:00 Zumba 6:00pm	24 Grit 5:30pm	25 Grit 5:15am Bodypump 9:00 Grit 6:00pm	26	27 Grit/BP 9:30am Bens BC 10:30
28	29 BYOB 6:00pm	30 Grit 5:15am Bodypump 9:00 Zumba 6:00pm				