



B R E A K I N G T H E C H A I N S

5K Community

E V E N T A N D G A L A

7 A M - 10 P M

W W W . B R E A K S T H E C H A I N S . C O M

Thank you for joining us today for our first Breaking the Chains Event.

Drug overdoses in the United States increased nearly 30% (year to year) between April 2020 and April 2021. While this number “only” represents the 100,000+ Americans who lost their battle with addiction, there are countless more who are actively struggling — losing their homes, their children, their jobs or their freedom — and need our help. But help is limited, inaccessible and largely... ineffective.

Addiction is an old problem, exacerbated by the isolation and limited resources of pandemic living, but an old problem still. While money and political talking points are constantly being thrown at “the problem” too little evolution is actually happening in terms of solutions.

Breaking the Chains. Led by Dr. Maritsa Yzaguirre-Kelley and her husband — a former LOA turned addict turned imprisoned felon turned FULLY RECOVERED husband, father and professional — Breaking the Chains is about awareness, community, and mainly... change. A change in the way we VIEW addiction (and mental health in general).

A change in the way we APPROACH addiction. A change in how we talk about addiction, diagnose it, and treat it. We’re not just breaking the chains of addiction; we’re breaking the STIGMA of addiction... along with the stigma of mental health and suicide. We’re breaking the chains of isolation and shame.

I am Dr. Maritsa Yzaguirre-Kelley, DCM, LMHC, MCAP, I have been working in mental health and substance use disorder for close to 2 decades in a number of different capacities that include jails, treatment centers, private practice, community mental health, schools, court rooms, and more. While there is a huge — unfortunate — stigma when it comes to addiction, mental health, and suicide, most everyone will be impacted personally by one of these three within their lifetime.

This is because addiction, mental health, and suicide doesn’t just impact the person going through it, it impacts EVERYONE connected to them. And none of these things discriminate based on age, race, sex, or economic status. There’s a huge need being felt by nearly every community and it is TIME for real resources in real time to create real change.

Breaking the Chains. We're not here to rehash statistics, no matter how compelling they are. This event will bring together the greatest, most innovative voices in the space and present cutting-edge resources that have been proven to work over decades of professional — and in some cases very personal — work.

We are here to equip professionals, communities, families and individuals so they can feel confident when faced with darkness.

E V E N T D A Y S C H E D U L E O F A C T I V I T I E S

Join us at 7am with a morning motivation and
warm up with Alicia from WellStrong

7:30am to 9am 5k

E X H I B I T O R S P E A K E R S S C H E D U L E

10:00am-10:30am	Jimmy Kane
10:30am-11:00am	Matt Ganem
11:30am-12:00pm	Dr. Lisa Machoian
12:30pm-1:00pm	Matt O'Malley
1:30pm-2:00pm	Zara Gemylian
2:30pm-3:00pm	Anthony Varela
3:30pm-4:00pm	Kyle Overmyer

ABOUT OUR SPEAKERS



James "Jimmy" Kane

Jimmy is a graduate of the University of Massachusetts Boston, where he received his certification in alcohol, drug counselling, and criminal justice. Mr. Kane is highly regarded as an effective advocate within the court system for those seeking addiction treatment. This path has been proven as the most justifiable path for an individual, vs. jail time, which has never proven to be effective for those seeking recovery assistance. In addition, Mr. Kane is a certified life and success coach, with many years of experience helping substance abuse patients, assisting them with placement in treatment facilities around the country. Mr. Kane has a unique passion for addressing individual client's needs, engaging them with the utmost respect and dignity. He is renowned for his work in helping clients overcome their life struggles, patiently assisting them as they gradually find their place as successful members of society.



Matt Ganem

Matthew Ganem has been in recovery for 14 years and has worked in the field of substance abuse treatment since 2014. He has reached thousands of lives through his efforts to battle drug and alcohol addiction. At Aftermath Addiction Treatment Center, Matt takes an active role in the day to day activities with the clients, he is usually the first person a client will see as they enter in the door. Matt makes sure to let each client know that they are not alone as they begin their journey on the path to recovery and tries to inspire them to achieve a better way of life in recovery.

ABOUT OUR SPEAKERS

Matt is an award winning poet and public speaker, the author of *The Shadow Of An Addict* and was recognized as the Recovery Advocate of the year in 2015 by the Massachusetts Organization of Addiction and Recovery. He is well known for speaking on addiction and prevention at schools and local community events. Matt is committed to building Aftermath into a leading treatment provider where people feel welcomed and supported on their journey to recovery.



Dr. Lisa Machoian

Dr. Lisa Machoian is an expert on youth mental health. She is the author of *The Disappearing Girl: Learning the Language of Teenage depression*. For 30 years, she has dedicated her life to helping support and build resilience in youth, families, schools, and program that serve youth. She has lectured and conducted workshops, webinars and trainings across the United States and Canada on youth anxiety, depression, post-traumatic stress, suicide prevention and self-harm, coping, and resilience. Dr. Machoian has been interviewed for numerous newspapers and magazines and has appeared on NBC, CBS, and ABC on of behalf of teens.

Currently, she maintains a virtual and telehealth practice for consultation, therapy, and parenting support. She takes a whole child approach integrating mind, body, heart, and soul. Dr. Machoian earned a doctorate and master's degree from Harvard University and lives in Cambridge, Massachusetts.

ABOUT OUR SPEAKERS



Matt O'Malley

My name is Matty O'Malley, and I am a grateful recovering addict. My clean date is 4/4/2017. I remember feeling different while growing up, not feeling a part of the world around me. I felt discontent and uneasy at an early age because of the dysfunction within my household, which included my mother. She had substance abuse issues and severe mental health issues, which at the time, I couldn't understand my surroundings and everyday life. I knew it was not what most kids expected. I became accustomed to specific situations, like calling the paramedics when I got home from school multiple times when my mother was unconscious. These feelings and emotions left me terribly afraid, depressed, angry, and heartbroken. I just wanted an everyday life with her and loved her with all of my heart. Although these events were going on with my mom, I also had my father. My dad is the most caring, amazing man, and I remember he always found a way to support the family.

Even though I had the support of my father, I still never learned how to deal with my emotions. I would behave in a way that landed me in multiple facilities and institutions, prescribed different medications. In hindsight, I can see now that I was just seeking acceptance and love. When I was 14 years old, my mother passed away due to her mental health and substance use. I was totally shattered. I felt broken, abandoned, betrayed, angry at life, and angry with God. At 15 years old, I started running from the emotions and was not ready to face the reality of life. I was experimenting with drugs, hanging with all of the wrong people, doing all the wrong things in all the wrong places. I was so desperate not to face what had happened in my life, and I didn't want to accept that I could never see my mother again. I spent over a decade suppressing my feelings with narcotics, acting like a chameleon to gain acceptance and approval from anyone that would pay attention to me. I would have been whoever you wanted me to be. I would rather you love me for who you think I am than not love the real me. I became desperate and heavily addicted to drugs. I found myself going in and out

ABOUT OUR SPEAKERS

of jail and other institutions. My life was utterly unmanageable across-the-board. There were countless programs, facilities, detoxes, too many to list. By the grace of God, I survived 8 overdoses, multiple incarcerations, two severe crashes, and burned almost every bridge I had. Finally, when the pain was great enough, I had spent my entire life running from my emotions until I realized I couldn't run from the pain anymore. No matter what I had done to avoid it or cover it up, it was still there. I was ready to recover.

Even though I didn't fully grasp that concept back then, I knew I was prepared for a change. I received a scholarship to a treatment facility. I learned about the disease of addiction, and I had what was called "the gift of desperation." I became embedded in a 12 step fellowship. I became more educated and aware of my thought process, behavior, and spiritual connection. I started to see that I could help people suffering from the disease of addiction. I learned that I have a voice and that I can be heard. I proceeded to enroll in a class to become a recovery coach. With all of this education, I started to process my emotions. The ones I had been running from. The emotions linked to my mother. I learned that my mother couldn't deal with her feelings, which prevented her from being a mother to me. I began to practice forgiveness. I believe that I can help others, and in doing so, I feel my mother's presence with me.

This is more than a job to me and is very personal. I can keep my mother's spirit alive and with me at all times. Today, I can give back to the community that I used to selfishly take advantage of. I am able to provide services as a partner and Director of Business Development for Paramount Recovery Centers in Massachusetts and Addiction Treatment Services International in New Jersey. My good friend, Ryan Vartanian, and I have a common goal of helping others beat substance use disorder. These two centers encompass everything I feel internally into the external world.

My joy in assisting others in finding their voice in recovery is all I need to get up, dress up, and show up for my friends, family, and the stranger who asks for help. Why help these strangers? Because they're not strangers at all. I have been in their shoes, their pain, their emotions. I know how they feel. I also know the way out. My name is Matthew O'Malley. I recover out loud, so others don't have to suffer in silence.

ABOUT OUR SPEAKERS



Anthony Valera

Anthony Varela Outreach Coordinator for Foundations Group Recovery Centers. Struggled with the disease of addiction since he was 15 years old. The recovery community on cape cod helped him turn his life around. He has now been clean for over two years, and has amassed almost half a million followers online to watch his comedy antics.



Zara Gemilyan

Zara Gemilyan is the 2019 title holder for Mrs. California Globe and is a spokesperson for Women in Need Foundation. Zara is the co- founder of West Valley Detox Treatment. She has a Bachelor of Arts Degree from Pepperdine University in International Studies and Management as well as a Master's Degree in Business Administration from Pepperdine. Zara speaks four languages and is in charge of her company's admissions and outreach process.

ABOUT OUR SPEAKERS



Kyle Overmyer

Prior to my journey in the field of recovery, I was the elected Sheriff of Sandusky County in Fremont, Ohio. I was 34 years old. While Sheriff, I was diagnosed with arthritis (from sports injuries) and prescribed Vicodin for the pain. I eventually became addicted. Not only did the opiates take away the pain from the arthritis; it helped numb the pain from life in law enforcement and everyday stress. Doctor shopping and taking old medications from the take-back boxes to feed my addiction, eventually caught up with me. Flagged by a pharmacist, I began my recovery on my own. Despite being sober for a year, I was criminally indicted by a grand jury for 42 related felony drug charges. During this time, I remained sober, but continued campaigning and running for re-election. I eventually plead guilty to 12 counts, was sentenced, and served 4 years in prison. Having been on both sides of the law and a recovering addict, I have found my true passion. I have been sober for over 7 years. I work in the field of recovery, share my story as a motivational speaker, and advocate for first responders through DreamLife Recovery. During my time as a First Responder, I was graduate of the FBI Swat Academy, FBI Hostage Negotiation Training, worked in the capacities of corrections, road patrol division, detective bureau, and undercover operations with the DEA. I am a certified event interventionist, have a Bachelor's Degree in Business Administration from Tiffin University, Associate's Degree in Police Science from Terra State Community College. I am married to my wife, Jennifer. I have 2 children, Dillon and Mikayla; 2 stepchildren, Robbie and Mason; and a grandson on the way.

G A L A S P E A K E R S C H E D U L E

5:30pm-5:50pm Amanda Coleman

6:15pm-6:45pm Heather Palacios

6:50pm-7:30pm Chris Nilan

7:30pm-8:00pm Dr. Beau Nelson

8:00pm-8:30pm Buffet Dinner

8:30pm-9:00pm Mark Astor

9:00pm-9:30pm Joe Kelley

A B O U T O U R S P E A K E R S



Amanda Coleman

Irish Angel is a 501(c)(3) registered in the State of NY with a chapter in Boston, Texas and just opening in AZ and CO. We service all of the U.S. Irish Angel is a support network for law enforcement, first responders and veterans, past and present. Suffering with mental health, PTS, TBI and addiction. We educate, raise awareness, find resources and funding surrounding PTS, addiction and mental health issues. We also help fund travel expenses and certain treatments should their insurance not cover the cost or if those suffering in crisis may be in financial difficulties. We want to give as many as we can a fighting chance of living a fulfilled life by helping them get the help they need, when they need it.

ABOUT OUR SPEAKERS



Heather Funk Palacios

Heather is the founder of WONDHERFUL, Inc. She is married to Raul Palacios, has two beautiful children D.J. and Andy, and lives in sunny South Florida. Heather is a multiple attempt suicide survivor and believes if you wake up breathing that's GODS proof to you to keep going. She has dedicated her life to helping those going thru a mentally difficult time and have attempted or are contemplating suicide. Heather is a graduate of Judson University with a Bachelor's Degree in Business Management is a frequent speaker across the USA at Business Events, Mental Health Conferences, Churches, Prisons, Police Stations, Halfway Houses and various other venues. Her life verse is **Psalms 118:17**, "I will live and not die, and I will tell what the Lord has done."



Chris Nilan

Chris Nilan earned every minute of the 688 regular season games he played, patrolling the right wing for the Mtl Canadiens, Boston Bruins, and NY Rangers. Fiercely loyal to his teammates and his club, Chris answered the call every time, racking up over 3000 penalty minutes during his pro career, many of them earned against some of the toughest players the NHL has ever seen.

ABOUT OUR SPEAKERS

An Irish kid from W Roxbury, MA, where scores were often settled with their fists, Chris learned an important lesson early on; Never Back down, never stay down. Nilan was selected 231st overall by the Canadiens in the 1978 NHL Amateur draft. He scored a career high 21 goals with the Habs in the 84-85 season and 19 more the following season when the Habs won their 23rd Stanley Cup. He was traded to the Rangers in 88, then on to Bruins and finally was picked up on Waivers by the Habs, who brought him back to retire from the team he loved so much.



Dr. Beau Nelson

Dr. Nelson is Chief Clinical Officer at FHE Health in Deerfield Beach, Florida. He has worked for over 22 years in acute psychiatric care, general medical settings, and across the continuum of care for behavioral health services. He is a national speaker, lecturer, writer and consultant for many organizations, including an emphasis on first responders. Dr. Nelson specializes in Cognitive-Behavioral Therapy, behavioral management of medical conditions, and is specially trained in Integrated Behavioral Healthcare, which is the coordination of a collaborative care model, maximizing medical, psychiatry, and clinical services to treat the whole person.

A B O U T O U R S P E A K E R S



Mark Astor

Born and raised in the United Kingdom until the age of twenty-one, Mark has been an attorney since 1994. Before entering private practice, Mark began his legal career as a Palm Beach County Assistant State Attorney, a position he held until 1999. During his career as a Government lawyer, Mark served as Chief of two different County Court Divisions and, thereafter, was promoted to a felony trial division. He has handled thousands of cases ranging from first-degree misdemeanors to Capital Murder. Mark received his Bachelor of Arts Degree from the University of Michigan in 1990, his Juris Doctorate from Nova Southeastern University College of Law in 1994, and his Master of Laws Degree (L.L.M.) from American University, Washington College of Law in 2005. In February 2016, Mark formed Drug and Alcohol Attorneys (<http://drugandalcoholattorneys.com>), a concierge service dedicated to help families and individuals suffering from substance use and mental health disorders.

ABOUT OUR SPEAKERS



Joe Kelley

Originally from Cape Cod, MA, Joe Kelley has a bachelor's degree in Sociology from Hartwick College in Oneonta, NY, where he was also an All-American collegiate football player. Joe has been passionate about working to better the lives of others since he was a boy, leading him into the public sector as a law enforcement officer for 9 years (K-9, Emergency Response Team and Interview Interrogation) and as a Adolescence social worker for the Massachusetts Department Of Family And Children. But Joe Kelley's story isn't just a highlights reel. After an on-the-job injury as a Police Officer, he developed an addiction, which led to him being incarcerated for almost 2 years in a state penitentiary. This experience didn't destroy Kelley, it just delayed him. After he emerged, clean and determined, he re-engaged with his commitment to better the lives of others through working in the private sector, first as a clinician in the substance abuse field and for the past 11 years a business developer. Working in addictions facilities for a number of years, Joe knows that the issues go deeper than drugs and alcohol and his unique experience helps him get to the core of the individual. Now, the "why" no longer being a mystery, it's known surprise that Joe's senior thesis explored the stigma of addiction while at Hartwick College. Joe's core principles are hard work, perseverance, and determination. On or off the field, in or out of the office, at home or at the playground Joe is truly an inspiration to all of those in his life. Joe is a father. Kelley has continued to further his education, he is certified in children's yoga, a Trainer of Hypnotherapy, Trainer of NLP, Trainer of time techniques and EFT. He is also a high in demand Trainer of Life Coaching. When Maritsa and Joe got together it wasn't just a love connection, they shared the passion of helping people, and building their lives around reaching as many people as possible they do this through their business as well as different advocacy groups, they are a part of.

OUR VENDORS



FHE Health

FHE Health is a healthcare institution that delivers quality, medically integrated personalized treatment for those suffering from Behavioral Health Disorders. We are located in Deerfield Beach, Florida. We are proud to ethically serve the South Florida community as well as the nation with our healthcare services.

We specialize in addictive disorders and other behavioral health diagnoses such as mood disorders, depression, anxiety, and traumatic disorders. We employ a team of highly qualified, compassionate individuals who share in the desire to serve this vulnerable population. We provide innovative treatment by creating an environment that promotes healing and optimized learning. FHE Health is a facility licensed by both the Department of Children and Families (DCF) and the Agency for Healthcare Administration (AHCA). We are accredited by both the JOINT Commission and the Commission of Accreditation of Rehabilitation Facilities (CARF).

We are a Sun-Sentinel Top Workplace 5 years running due to our caring, supportive, and entrepreneurial environment. We are members of the National Association of Addiction Treatment Providers (NAATP), and Deerfield Beach's Best Alcohol and Drug Rehabilitation Center. We are not conventional; we are at the forefront of a medically integrated, modern, scientific, and technological approach to behavioral health and addiction treatment, delivering progressive services not seen in the behavioral health market. In February of 2019, The Florida House Experience became FHE Health! Same trusted service with a new look! FHE Health cares about the future of behavioral health treatment, which is why we are a teaching institution. We do not only want to provide quality care to the people we serve, but we also want to train the next generation of healthcare workers to be able to do the same. We are affiliated with multiple universities for this reason; University of Miami, Florida International University, Florida Atlantic University, and Barry University.

We train their students in social work, nursing, and master's level family and psychiatric nurse practitioners because we want to impose on them the knowledge and creativity that makes us innovative and that will encourage progressive thinking in the future of this field. At FHE Health, we want to improve upon the commonly accepted modalities in the treatment of behavioral health disorders. We also create new and medically integrated approaches, diagnostics, and outcome systems that increase the success rate of those who complete our programs.

O U R V E N D O R S

You will leave FHE Health with more knowledge about the physiology and biology of your condition, and with the tools to ensure that you can apply it in your rehabilitated life. At FHE Health, we do not take the traditional road to recovery; we want to serve the complex behavioral, medical, and psychiatric conditions that contribute to a maladaptive lifestyle. View our FHE Health brochure in the viewer below. If you would like a physical copy of our brochure for referral needs, please let us know at admissions@fhehealth.com.



Obtaining Mastery

Obtaining Mastery, LLC offers a variety of services. We offer personal development, professional certifications, and business and leadership courses for organizations. Whether you are looking to improve areas of your person life, professional life, or organization we are here to support you through it. We have been working in the health and wellness industry for over 20 years and we truly love being able to do what we do and who we do it with. If you are looking to make the move to the next level give us a call.

Joe Kelley Direct: 774-269-5143
Maritsa@obtainingmastery.com
www.obtainingmastery.com

OUR VENDORS



West Valley Detox

The West Valley difference is our dedication to inclusivity. Individuals from all walks of life are welcome, regardless of gender, faith, sexual orientation, race, or ethnicity. Looking for inclusive substance abuse treatment? Come to West Valley Detox & Residential Treatment for our comprehensive detox and inpatient treatment programs. Flourish in an environment where individuality is cultivated and every client's uniqueness is a point of pride.

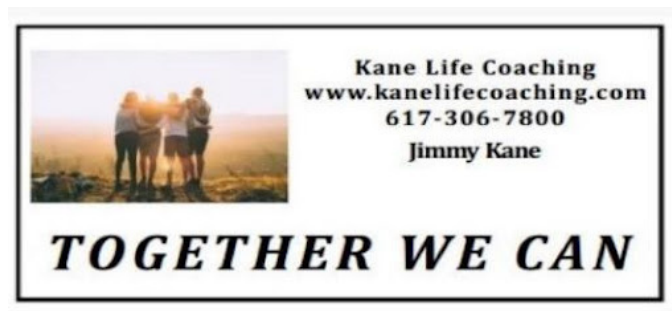
www.westvalleydetox.com



Clover Wellness

Clover Wellness is a mental health and addiction treatment wellness program, emphasizing a whole-body healthy approach to recovery. Our wellness treatments include personalized care plans focusing on the cycle of addiction, relapse prevention, and mental health awareness and healing, for individuals and families. We offer the latest and most innovative services for optimizing a successful recovery including; Neurofeedback, Hypnosis, Cryotherapy, Infrared Sauna, Reiki, Nutritional Counseling, Sound Healing, Meditation, and Equine Assisted Therapy. Train your brain, change your thoughts, heal and recover with Clover Wellness. Clover Wellness is Restoring Dreams, Changing Lives.

O U R V E N D O R S



Kane Life Coaching

James “Jimmy” Kane (CEO @Kane Life Coaching) is a graduate of the University of Massachusetts Boston, where he received his certification in alcohol, drug counselling, and criminal justice. Mr. Kane is highly regarded as an effective advocate within the court system for those seeking addiction treatment. This path has been proven as the most justifiable path for an individual, vs. jail time, which has never proven to be effective for those seeking recovery assistance. In addition, Mr. Kane is a certified life and success coach, with many years of experience helping substance abuse patients, assisting them with placement in treatment facilities around the country.

Mr. Kane has a unique passion for addressing individual client’s needs, engaging them with the utmost respect and dignity. He is renowned for his work in helping clients overcome their life struggles, patiently assisting them as they gradually find their place as successful members of society.

To learn more about Mr. Kane’s advocacy work and the services he provides, visit www.kanelifecoaching.com
jimmykane@kanelifecoaching.com
617-306-7800

OUR VENDORS



The Drug and Alcohol Attorneys Born and raised in the United Kingdom until the age of twenty-one, Mark has been an attorney since 1994. Before entering private practice, Mark began his legal career as a Palm Beach County Assistant State Attorney, a position he held until 1999. During his career as a Government lawyer, Mark served as Chief of two different County Court Divisions and, thereafter, was promoted to a felony trial division. He has handled thousands of cases ranging from first-degree misdemeanors to Capital Murder. Mark received his Bachelor of Arts Degree from the University of Michigan in 1990, his Juris Doctorate from Nova Southeastern University College of Law in 1994, and his Master of Laws Degree (L.L.M.) from American University, Washington College of Law in 2005.

In February 2016, Mark formed Drug and Alcohol Attorneys (<http://drugandalcoholattorneys.com>) a concierge service dedicated to help families and individuals suffering from substance use and mental health disorders. Together with his experienced team, and using the tools and resources only available to an experienced practitioner, Mark has been witness to many individuals experience the miracle of recovery. In 2020, not long after the Covid-19 pandemic began, Mark noticed a disturbing trend of individuals who were relapsing, suffering from anxiety and depression, and calling for help. Shortly thereafter Mark formed Baker Act Attorneys (<https://bakeractattorneys.com>). Many of these individuals found themselves being involuntary committed by the State and held against their will, under the Baker Act (Chapter 394). Now in the care, custody and control of the State, these individuals were being abused, mistreated, forced to take medications, and unable to secure their release. Mark discovered that many hospitals and Baker Act facilities only cared about making money, not helping people.

Prior to forming Baker Act attorneys, facilities were free to violate rights and the Baker Act statute itself, because no one was watching. That changed in 2020, Mark has successfully litigated against many hospitals and facilities and is now feared in that community. "I believe we can get everyone out of a hospital or facility provided the family doesn't delay calling us. I'll drop everything, day or night, to help an individual being held unlawfully."

O U R V E N D O R S

When he's not working in his law practice, Mark empowers members of the community by teaching Krav Maga (the Israeli system of hand to hand taught to the military, special forces, and anti-terror units). He also enjoys an early morning workout believing that a healthy body leads to a healthy mind.

For more information or to schedule a consultation,

Call (561) 419-6095 or

Email info@drugandalcoholattorneys.com www.drugandalcoholattorneys.com



Aftermath Addiction Treatment Center

We take immense pride in the fact that we have walked the path to recovery. We are a dual diagnosis treatment center for addicts, founded by recovering addicts. All of our staff members take great honor that we approach treatment planning differently from other treatment centers. Our foundation for our treatment planning begins and ends with the most crucial ingredients: love, empathy, and direction.

We provide and utilize other proven clinical and medical approaches and techniques to assist in recovery. Although there are many ways that Aftermath Treatment Center stands apart, we feel it is more important that we all stand together during your challenging time with either yourself or a loved one.

O U R V E N D O R S

607 North Avenue Suite 11E, Wakefield MA 01880

Call us 781.587.3636

mganem@aftermathtc.com

www.aftermathtc.com



Paramount Recovery Centers

Paramount Recovery Centers in Southborough, MA offers outpatient substance use disorder treatment for people struggling with addiction and mental health issues in Massachusetts. We offer medication-assisted treatment in our picturesque Massachusetts drug and alcohol treatment facility along with an array of substance abuse treatment modalities. Our new luxury substance use disorder treatment center in Southborough, MA allows people to be comfortable during their recovery from substance abuse.

RESPECTFUL, COMPASSIONATE, SUBSTANCE ABUSE TREATMENT IN MA

If the substances you use to manage mental health issues seem to be causing more harm than good, Paramount Recovery Centers can help. We are committed to treating every patient who walks through our door with the utmost respect and dignity. Chemical dependency is a medical condition and should be treated as such. We offer the following treatment modalities to people working to overcome substance use disorders and mental health obstacles:

- **[Outpatient addiction treatment in MA](#)**
- **[Partial Hospitalization Program in MA](#)**
- **[Intensive Outpatient Program in MA](#)**
- **[Family Therapy Programs in MA](#)**

OUR VENDORS

If you feel like you have been standing in your own way in the recovery process, you are not alone. Even if you have attempted sobriety in the past, recovery is still within your reach. We take great pride in helping people up from their lowest point. If you are ready to live a life you can be proud of but need some help getting there, we can assist you on your journey.

120 Turnpike Road

Suite 110

Southborough, MA 01772

855.945.6096

<https://paramountrecoverycenters.com/>



Foundations Group Recovery Centers

Foundations Group Recovery Centers addiction treatment center located in Mashpee, MA offers a variety of programs tailored to address the needs of individuals in multiple stages of recovery. Clinicians utilize assessment tools to determine the risks, needs, and level of care of each individual. Foundations Group Recovery Centers' mission is to eliminate barriers by implementing evidence-based resources to help men and women achieve long-term sobriety.

We are committed to helping individuals with substance use and co-occurring disorders build a strong foundation for a path to recovery. Through discipline, integrity, and dedication FGRC's assist individuals through the change process to reach their full potential. "We empower clients with the tools to build a strong foundation in their recovery"

www.foundationsgrouprecoverycenters.com

Instagram: @fgrecoverycenters

Facebook: facebook.com/fgrecoverycenters

OUR VENDORS



Banyan Treatment Centers

At Banyan Treatment Centers, we offer addiction treatment and residential mental health programs to address co-occurring disorders and mental health needs. Whether a patient is facing substance abuse, mental illness, or both, we are here to provide comprehensive treatments to help make healing a possibility. We offer residential and outpatient mental health, addiction, and dual diagnosis disorder treatment at our nationwide mental health treatment and addiction treatment programs.

www.banyantreatmentcenters.com



Gosnold Behavioral Health

Gosnold's quality program function is to establish, maintain and evaluate standards, processes and practices that encompass quality management and quality improvement activities throughout the organization's day-to-day operations.

Solidifying a sound quality infrastructure will help facilitate enhanced organizational commitment and focus on performance improvement and enable all parties to have a clear definition of the quality program structure within the organization. Ultimately, these quality management structures and processes are designed to facilitate improvements in risk mitigation and the quality of care provided to patients.

Admissions: For admission to Gosnold Treatment Center Detoxification Program, please call 800-444-1554. **General Information:** For more general inquiries, including admission to or information about our programs, employment opportunities, or other general information, please call 508-540-6550.

For more information about our mental health and addiction treatment programs. Contact us at help@gosnold.org. Family Assistance & Intervention: For more information regarding the Reaching Out Family Program and Intervention please call Michael Dias at 774-392-3721.

OUR VENDORS



DreamLife Recovery

DreamLife Recovery is a fully accredited addiction treatment facility, with expertly trained staff specializing in proven, scientific, and integrative treatments to help those suffering from substance abuse and addiction. We are accredited by The Joint Commission, earning The Gold Seal of Approval® for our specialization in rehabilitation and behavioral health. In addition, we are also accredited by the National Association of Addiction Treatment Providers (NAATP) for our proven rehabilitation processes, as well as the PA Dept. of Drug and Alcohol Programs, and the NAADAC. See below for the full list of accreditations.

<https://dreamliferecovery.com/>

One Shared Spirit

At One Shared Spirit (501c) we incorporate experience & wisdom from the recovery community to provide a safe place to heal. We honor all pathways to recovery and self-determination in choosing what recovery journey will help achieve all of your personal goals.

We provide peer support from educated peers with lived experience, advocacy, and an open heart.

Equity, inclusion and diversity is a priority towards healing stigma, disparity, and exclusion of the recovery community.

Our holistic programs offer themes that incorporate the Mind, Body, and Spirit. We are a center that is run by its members.

One Shared Spirit Recovery Center is a safe, inclusive, and confidential service we provide to the town of Mashpee & its surrounding communities for those seeking support on their Recovery Journey.

We are nonmedical and provide the recovery system model of wellness.

oss.financeandmedia@gmail.com

website <https://www.onesharedspiritrecovery.org/>

Facebook <https://www.facebook.com/onesharedspiritrecovery>

OUR VENDORS



WellStrong is a 501(c)3 nonprofit whose mission is to create safe, supportive communities of people in recovery from substance use disorder through fitness, wellness, and meditation. WellStrong is a community environment that supports anyone with a desire to maintain recovery through fitness, mindfulness, and other wellness activities. The support of peers, all aiming to achieve their goals, creates an environment of healing, strength, and empowerment. Our programs are available to anyone committed to recovery, regardless of their ability to pay. At the WellStrong Studio, we offer a variety of fitness classes including yoga, POUND, and spin. At night we host various Recovery meetings including Refuge Recovery and AA meetings. We also offer a Peer Wellness Coaching program for anyone who has less than a year in sobriety. WellStrong is more than a fitness studio, we are a community getting stronger physically and emotionally together in order to stay well.

Website: www.wellstrong.org



I Live for Leggings

iLiveForLeggings® is a luxury multi brand inspired by the women of the fitness world. We believe it's important for your mental and physical health to look and feel amazing in and out of the gym. Our clothing is unmatched from our innovative designs to buttery soft performance driven fabrics that fit perfect and make you unstoppable. Whether you're just beginning your fitness journey or searching for new designs to add to your wardrobe, we seriously offer the best selection of activewear, athleisure & lifestyle wear for women. Our Mission It's our mission to provide you with the most innovative and trendiest looks for your workouts and everyday life. Especially designed to meet all of our women's active and busy lifestyle, each piece is engineered to give you the support, functionality, and style you expect from iLiveForleggings®. Whether you do yoga, HIIT, spinning, weight training, or just

O U R V E N D O R S

like easy-going styles, our gym-ready designs are built for women like you. You'll fall in love with the fine details, like how our designs easily sculpt and shape your silhouette with our high waistline. Gone are the days of feeling uncomfortable, find yourself in our workout outfits and casual collections.

www.iliveforleggings.com

FEATURED NONPROFITS



WONDHERFUL LifeBoxes

The Wondherful Mission is to put a LIFEBOX into the hands of those struggling through mental crisis, we are supported by generous people like yourself. Your gift is tax deductible as we are a 501c3. You can help us reach nearly 1.8 million people who attempt suicide each year by sponsoring LIFEBOX's, shopping in our store, or requesting a LIFEBOX for someone you know in need, or directing them to our Resources and Videos on our site.

<https://www.wondherful.com/>

FEATURED NONPROFITS



Irish Angel

Irish Angel is a support network for Law Enforcement, EMS, Firefighters, and the Military. We provide education, awareness, and resources about addictions, PTSD, PTSI, TBI, Depression, and anxiety. Through our partnerships, we offer opportunities to inform, heal and promote a healthy lifestyle for first responders. The Story Behind "Irish Angel" Around 2015, Amanda began posting messages of support on social media for police and their families. Soon her posts began to get a lot of attention. She realized her following was rapidly growing by the hundreds of messages of gratitude she was receiving. An honorary SWAT callsign "Irish Angel" was given to Amanda by the HRT OPCON-1 in the United States. As such she was adopted into the Blue Family. The call sign became the brand. Amanda created the Irish Angel organization as a support network for all law enforcement, first responders and

military veterans primarily in the United States. The Irish Angel is the pulse of information, issues and resources for Service personnel as their loved ones log on to talk, share articles, news, and fun stories of their experiences while on the job. Irish Angel is a 501(c)3 not for profit. Charity number/ NYS Reg number 47-48-16. All contributions are tax deductible to the extent of the law. Irish Angel recognize the men and women of Law Enforcement. We stand together beside those suffering in silence, so they know they are not alone. All proceeds benefit Irish Angel Inc in the fight against PTSD.

<https://irishangel.org/>

E N T E R T A I N M E N T



DJ Frye with Straight from the Cape Entertainment

Straight from the Cape Entertainment has been in business since 1998. We thrive on making sure our customers have nothing but a great time. We have also donated our time to raised thousands of dollars for organizations such as ALS1, Dana Farber Cancer research, and several other local foundations. My wife Alicia and myself take pride in making your day the most memorable day. Our company is run by just the two of us. So when you call us. That is only who you will deal with. We do not have other DJ's that work for us. We also have the best in DJ equipment. Our goal is to give our customers exactly what they want. Great quality equipment with a great selection of any music and nothing but fun and good times. We take pride in every function we do. So give us a call and book your next function with us.

Contact: DJ Frye 774-836-3895

F I L M C O V E R A G E



Revealed Films will be at the Breaking the Chains Conference to film and capture interviews for their upcoming docu-series: Addiction Revealed. Revealed Films have uniquely successful docuseries that are seen by millions of viewers every year. Since 2017, they've released 18 multi-part series covering subjects including, health & nutrition, wealth-building, religion, political topics and more. We are excited to have Dr. Patrick Gentempo and Addiction Revealed as a part of our event.

**A V E R Y S P E C I A L T H A N K Y O U T O
O U R O M A Z I N G S P O N S O R S**

Addiction Revealed
Aftermath Addiction
Aspire Medical Billing
Atamian Honda
Banyan Treatment Centers
Boca Recovery Center
Canal Used Tires, LLC
Cavossa Excavating
Chapters Recovery Center
CLIMATECH SERVICE
Clover
Clover Wellness
D.P Fuccillo Construction, Inc
Dino Sportsbar
Dr. Lisa Machoian
Dream Life Recovery
Drug and Alcohol Attorneys
FHE Health
Foundations Group Recovery Centers
Fuccillo Ready Mix, Inc
Gosnold
Hiller Jeep
I Live for Leggings
Irish Angel
JMT, INC
Kane Life Coaching
Kyvan

Mom Bomb
MommaBear
Mini Solutions
Muse Restaurant Group
Obtaining Mastery
One Shared Spirit Recovery Community
Orchard Financial
Paul's Pizza and Seafood
Paramount Recovery Centers
Positive Insight Consulting
Rocky's Gym
Sandhill Builders
Scrubz Body
Seabrook Village
Seafood Sam's of Falmouth
Smudged
Sunrise Detox
The Fuel Company
Title King
Transform Destiny
UPS Store
Wellstrong
West Valley Detox
Wiz Barber Shop
Wondherful INC.

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