

HI THERE, LOVE. IT'S TOUGH OUT THERE, ISN'T IT?

Many of us did everything we could to prepare for becoming moms, but there just wasn't any way to know what might lie ahead. Most of us have, at one point or another, looked around and wondered if we are alone in our parenting challenges.

Hope for Moms offers a heartfelt guide for mothers navigating both the joys and heartbreak of being a mom, sharing Anna McArthur's personal journey through parenting difficulties such as learning disabilities, LGBTQ+ identities, and adoption. Structured around a triage plan that helped the author prioritize her family's needs, it includes practical insights, quotes, and reflection questions to support moms in their journey of resilience and soul care. With gentleness and humor, McArthur provides reassurance to mothers, reminding them they have the strength to not only survive motherhood, but thrive.

If you're a mom who feels overwhelmed by the curveballs life has thrown your way, you aren't alone—yes, it's tough out there, but so are you!



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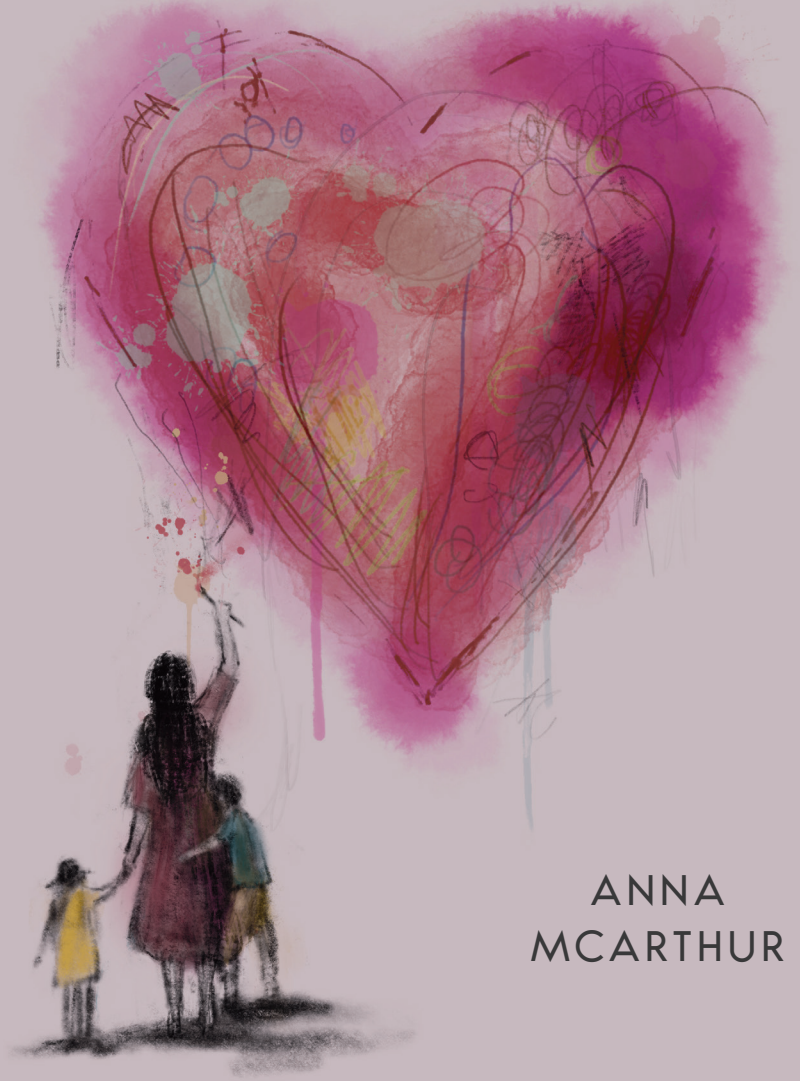
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ANNA MCARTHUR

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