

Children's Karate Class

Join our karate class led by Sensei George 6th dan (JKA) black belt. With 47 years' experience, he brings a fun, respectful environment for you to improve fitness, gain confidence and feel part of a team.

First Lesson FREE

Tuesday: 16:45 – 17:30

Southwood Country Park Cafe & Field Centre

Ively Rd, Farnborough GU14 0LJ

No experience needed - just come ready to move!

For more
information
contact:

Sensei George
07785 628319

