

Please read entirety of agreement.

Coaching Agreement

Coach's Role

1. Co-create a collaborative partnership that supports you to deepen self awareness, enhance creative mobility, foster personal mastery, and cultivate your full potential.
2. Ask timely and appropriate questions that foster and support greater self awareness and inner resourcefulness, and assist in working through any personal roadblocks/obstacles conscious or unconscious that may arise.
3. Honor that some experiences/things in life are private, which you may or may not choose to share or explore as part of these coaching sessions.

Honor your privacy by keeping all information shared during a session confidential.

4. Facilitate effective coaching processes/techniques designed to help tap into your own inherent wisdom/insights, work through any perceived challenges, and explore creative possibilities and potential
5. Answer any questions or concerns you may have in between sessions via email or facebook messenger.

Client's Role

1. Commit to a coaching relationship/partnership that supports my abilities to deepen self-awareness and strive to identify whatever challenges, issues, and/or opportunities you may be experiencing.

Become aware of and commit to working through any blind spots, roadblocks, or obstacles to success that may arise. utilize emerging insights/learning to enhance your personal/professional growth and development.

2. Take responsibility for my own actions and behaviors.
3. Be intentional about making empowering, conscious choices that truly reflect and support my need/desires/goals in life.
4. Follow through and be accountable for the completion of any action planning steps/activities generated as a result of each coaching session.

I, _____, agree to make payments in advance to our sessions, in agreement with our specifically curated program tailored to me. I understand that these payments are nonrefundable, however, I may reschedule an appointment if need be. I understand that I must make all payments in my specifically curated program, even if I cancel or exit the program before it's completion.

*Termination: In the case that a client decides to terminate their program with Mind Body Life Healing, they are responsible for any and all remaining payments of the specifically curated program that the client and coach agreed upon. In the case that the coach decides to terminate the program with the client, any and all remaining payments are thus forgiven.

*Note - if I ever say anything in a session that you don't feel comfortable with or you have a concern with the way we are working, please let me know as soon as possible. For our work together to be effective, you must be honest with me. Thank you.

*The Company respects Client's privacy and insists that Client respects the Company's and Program Participants (herein referred to as "Participants"). Thus, consider this a mutual non-disclosure agreement. Any Confidential Information shared by Program participants or any representative of the Company is confidential, Proprietary, and belongs solely and exclusively to the Participant who discloses it. Parties agree not to disclose, reveal or make use of any Confidential Information or any transactions, during discussions, on the forum or otherwise. Client agrees not to use such confidential information in any manner other than in discussion with other Participants during Program. Confidential Information includes, but is not limited to, information disclosed in connection with this Agreement, and shall not include information rightfully obtained from a third party. Both Parties will keep Confidential Information in strictest confidence and shall use the best efforts to safeguard the Confidential Information and to protect it against disclosure, misuse, espionage, loss and theft. Client agrees not to violate the Company's publicity or privacy rights. Furthermore Client will NOT reveal any information to a third party obtained in connection with this Agreement or Company's direct or indirect dealings with Client including but not limited to: names, email addresses, third-party company titles or positions, phone numbers or addresses. Additionally, Consultant will not at any time, either directly or indirectly, disclose confidential information to any third party. Further, by purchasing this product you agree that if you violate or display any likelihood of violating this session the Company and/or the other Program participant(s) will be entitled to injunctive relief to prohibit any such violations to protect against the harm of such violations.

*Disclaimer: Mind Body Life Healing (herein referred to as "Consultant") and Company, is not an employee, agent, lawyer, doctor, manager, therapist, public relations or business manager, registered dietician, or financial analyst, psychotherapist or accountant. Client understands that Consultant has not promised, shall not be obligated to and will not (1) procure or attempt to procure employment or business or sales for Client; (2) Perform any business management functions including but not limited to, accounting, tax or investment consulting, or advice with regard thereto; (3) act as a therapist providing psychoanalysis, psychological counseling or behavioral therapy; (4) act as a public

relations manager (5) act as a publicist to procure any publicity, interviews, write-ups, features, television, print or digital media exposure for Client; (6) introduce Client to Consultant's full network of contacts, media partners or business partners. Client understands that a relationship does not exist between the parties after the conclusion of this program. If the Parties continue their relationship, a separate agreement will be entered into. Mind Body Life Healing is not responsible for any decisions that the client makes prior, during, or after consulting.

Electronic Signature:

Date: