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Stagione Mixed greens, tomatoes, carrots & cucumbers with balsamic dressing	 	\$8.00
Bietole Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn & tomatoes with honey dijon dressing	 	\$10.00
Tricolore Radicchio, baby arugula, endive, Gaeta olives & shaved parmigiano with balsamic dressing	 	\$10.50
Insalata Di Pere Mixed greens, pears, gorgonzola & toasted pecans with lime dressing	 	\$10.50
Insalata con Funghi Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds & mozzarella with balsamic dressing	 	\$10.50
Frutta Secca Mixed dried fruit, mixed greens, goat cheese, walnuts & honey dijon dressing	 	\$11.00
Caesar Romaine hearts, ciabatta croutons, shaved Parmigiano & Caesar dressing choice of:		\$8.50
Chicken \$11.00 Roasted Turkey \$11.75 Shrimp \$13.00 Steak \$14.00		
Roasted Turkey		
Ruchetta con Zola e Tacchino Roasted turkey, baby arugula, endive, toasted pecans & gorgonzola with roasted garlic vinaigrette		\$12.25
Spinaci e Tacchino Roasted turkey, baby spinach, goat cheese, sautéed mushrooms, roasted corn & crispy bacon with raspberry vinaigrette		\$12.25
Tacchino e Avocado Roasted turkey, mixed greens, shredded mozzarella, tomatoes, avocado, sautéed mushrooms & roasted hot peppers with balsamic dressing		\$12.50
Steak		
Bistecca e Zola Roasted angus steak, mixed greens, cherry tomatoes, Gaeta olives, marinated red onions & gorgonzola with balsamic dressing		\$13.00
Grilled Chicken		
Avocado Salad Grilled chicken, iceberg lettuce, shredded mozzarella, avocado, oasted almonds & cherry tomatoes with balsamic dressing		\$12.00
Rucola Caprino e Pollo Grilled chicken, baby arugula, goat cheese, sundried tomatoes & toasted walnuts with balsamic dressing		\$11.75
Rucola e Farro Grilled chicken, baby arugula, barley, cherry tomatoes, gorgonzola, roasted hot peppers & hearts of palm with honey dijon dressing		\$11.75
Insalatina di Pollo Grilled chicken, mixed greens, Gaeta olives, red onions, carrots & toasted almonds with balsamic dressing		\$11.00
Pollo e Guacamole Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella & cherry tomatoes with lime dressing		\$12.50
<i>La Bottega</i> Mint Salad Grilled chicken breast, romaine hearts, walnuts, raisins, fresh mint, & gluten free quinoa with mango dressing		\$11.75
Insalata di Pomodoro Grilled chicken, Iceberg lettuce, fresh tomatoes, red onions, black olives, basil & fresh mozzarella, with balsamic dressing		\$11.50
Insalata di Carciofi Artichoke hearts, baby arugula, grilled chicken, gluten free quinoa, fresh tomatoes, hot peppers, red onions, & fresh mozzarella with balsamic dressing		\$12.00
Insalata di Quinoa Gluten free quinoa, grilled chicken, romaine hearts, fresh tomatoes, avocado, black olives, almonds, & cucumber with mango dressing		\$12.75
Insalata di Cavolo Chopped organic baby kale, grilled chicken, red beets, fresh mango, avocado & pecans with honey dijon dressing		\$12.00
Insalata di Mango Chopped organic baby kale, fresh mango, grilled chicken, gluten free quinoa, cherry tomatoes, almonds & shredded mozzarella with mango dressing		\$12.50
Chicken Cutlet		
Parma Salad Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers & shaved Parmigiano with balsamic dressing		\$11.75
Sal Salad Chicken cutlet, mixed greens, red onions & tomatoes with roasted garlic vinaigrette		\$11.25
Di Rosa Salad Chicken cutlet, mixed greens, tomatoes & goat cheese with balsamic dressing		\$11.25
Susan Salad Chicken cutlet, mixed greens, red onions, roasted hot peppers, roasted corn, gorgonzola & tomatoes with balsamic dressing		\$11.75
Grilled Shrimp		
Romana con Gamberoni Grilled shrimp, romaine hearts, fresh mozzarella, raisins, toasted walnuts & tomatoes with balsamic dressing	 	\$13.50
Gamberoni e Guacamole Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes & roasted hot peppers with lime dressing	 	\$13.50
Insalata di Mango e Gamberi Roasted shrimp, fresh mango, Iceberg lettuce, cherry tomatoes & fresh mozzarella with raspberry vinaigrette	 	\$13.50
Salmon		
Salmone e Guacamole Roasted salmon, mixed greens, guacamole, hearts of palm & toasted sunflower seeds with honey dijon dressing	 	\$13.75
Salmone e Pere Roasted salmon, baby spinach, endive, pears, toasted pecans, roasted beets & cherry tomatoes with raspberry vinaigrette	 	\$14.00
Seafood		
Insalata di Calamari Grilled calamari, mixed greens, olives, capers, sundried tomatoes & scallions with lime dressing	 	\$13.00
Insalata di Tonno Italian tuna in olive oil, baby arugula, roasted corn, cherry tomatoes, roasted peppers, fried capers & shredded mozzarella with lime dressing	 	\$13.00



Additional charges may apply to Gluten Free items