STAGIONE

\$9.00

\$11.25

\$11.75

\$9.75

Mixed greens, tomatoes, carrots & cucumbers with balsamic dressing

BIETOLE

Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn & tomatoes with honey dijon dressing

TRICOLORE

Radicchio, baby arugula, endive, Gaeta olives & shaved Parmigiano with balsamic dressing

INSALATA Di PERE \$11.75 Mixed greens, red pears, gorgonzola & toasted pecans with lime dressing

CAESAR V

Romaine hearts, ciabatta croutons, shaved Parmigiano & Caesar dressing Choice of: Chicken \$12.50 Roasted Turkey \$13.25

Shrimp \$14.00 Steak \$14.50

INSALATA con FUNGHI 🔍

Chicken

Turkey

Calamari

Shrimp

Salmon

Skirt Steak

Any Salad Chopped

Extra 3.50z Dressing

BISTECCA e

balsamic dressing

Steak

ZOLA 🍩

Cajun Chicken

Cajun Shrimp

\$11.75 Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds & mozzarella with balsamic dressing

\$4.50

\$5.00

\$6.50

\$7.00

\$7.00

\$8.00

\$1.00

\$1.00

\$15.50

CAN BE ADDED TO ANY SALAD **RUCOLA CAPRINO** \$4.00 e POLLO \$4.50

Grilled chicken, baby arugula, goat cheese, sundried tomatoes & toasted walnuts with balsamic dressing

Grilled Chicken

Grilled chicken, iceberg lettuce,

shredded mozzarella, avocado,

with balsamic dressing

toasted almonds & cherry tomatoes

RUCOLA e FARRO \$12.75 Grilled chicken, baby arugula barley, cherry tomatoes, gorgonzola, roasted hot peppers & hearts of palm with honey dijon dressing

INSALATINA di POLLO \$12.50

Grilled chicken, mixed greens, Gaeta olives, red onions, carrots & toasted almonds with balsamic dressing

La Bottega MINT SALAD

dressing

\$12.75

\$12.75 AVOCADO SALAD 9 \$13.25 Grilled chicken breast, romaine hearts, walnuts, raisins, fresh mint, & quinoa with mango

> **INSALATA** di POMODORO 💿 \$12.50

Grilled chicken, Iceberg lettuce, fresh tomatoes, red onions, Gaeta olives, basil & fresh mozzarella, with balsamic dressing

INSALATA di CARCIOFI 👳 \$13.00

Artichoke hearts, baby arugula, grilled chicken, quinoa, fresh tomatoes, hot peppers, red onions, & fresh mozzarella with balsamic dressing

INSALATA di QUTNOA+ \$13.50

Quinoa+, grilled chicken, romaine hearts, fresh tomatoes, avocado, Gaeta olives, almonds, & cucumber with mango dressing

INSALATA di CAVOLO

Chopped organic baby kale, grilled chicken, red beets, fresh mango, avocado & pecans with honey dijon dressing

INSALATA di MANGO 👳

Chopped organic baby kale, fresh mango, grilled chicken, quinoa+, cherry tomatoes, almonds & shredded mozzarella with mango dressing

POLLO e GUACAMOLE

Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella & cherry tomatoes with lime dressing

Chicken Cutlet **PARMA SALAD**

Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers & shaved Parmigiano with balsamic dressing

SAL SALAD \$12.50 \$13.00 Chicken cutlet, mixed greens,

red onions & tomatoes with roasted garlic vinaigrette

DI ROSA SALAD \$12.50 Chicken cutlet, mixed greens, tomatoes & goat cheese with \$13.25 balsamic dressing

SUSAN SALAD \$12.75 Chicken cutlet, mixed greens, red onions, roasted hot peppers, roasted corn, gorgonzola & tomatoes with balsamic dressing

Roasted Turkey

RUCHETTA con ZOLA e TACCHINO 🍩

Roasted turkey, baby arugula, endive, toasted pecans & gorgonzola with roasted garlic vinaigrette

SPINACI e \$12.75 TACCHINO \$13.50

Roasted turkey, baby spinach, goat cheese, sautéed mushrooms, roasted corn & crispy bacon with raspberry vinaigrette

TACCHINO e AVOCADO 🍩

Seafood

INSALATA di

CALAMARI

ROMANA con

e GAMBERI 🍩

& fresh mozzarella with

raspberry vinaigrette

GAMBERONI

Grilled calamari, mixed greens,

& scallions with lime dressing

mozzarella, raisins, toasted walnuts

& tomatoes with balsamic dressing

INSALATA di MANGO

Roasted shrimp, fresh mango,

Iceberg lettuce, cherry tomatoes

Italian tuna in olive oil, baby Roasted turkey, mixed greens, shredded mozzarella, tomatoes, arugula, roasted corn, cherry tomatoes, roasted peppers, fried capers & shredded mozzarella avocado, sautéed mushrooms & roasted hot peppers with with lime dressing balsamic dressing

\$13.75

GAMBERONI e **GUACAMOLE**

INSALATA di

TONNO 🐵

\$14.50 Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes & roasted hot Gaeta olives, capers, sundried tomatoes peppers with lime dressing

> **SALMONE** e **GUACAMOLE**

Roasted salmon, mixed greens, Grilled shrimp, romaine hearts, fresh guacamole, hearts of palm & toasted sunflower seeds with honey dijon dressing

> **SALMONE** e PERE \$14.75 Roasted salmon, baby spinach, endive, red pears, toasted pecans, roasted beets & cherry tomatoes with raspberry vinaigrette

> > + Gluten Free Quinoa

\$12.25

\$14.00

\$14.75

PANINI

Gluten Free Bread \$2.50 Udine @ Side Spreads Available at an additional charge Grilled chicken, roasted red onion,

Chicken

Ispica 🌚 \$11.25 Grilled chicken breast with sautéed onions & fontina cheese on focaccia

Pollo e Pomodoro

\$12.50 Chicken cutlet with tomato sauce & mozzarella on ciabatta

Pollo e Spinaci \$11.00 Chicken tenders sautéed with spinach, fontina, white wine, & garlic on round rustic

Latina 🍩 \$11.75 Grilled chicken, mozzarella, roasted peppers & baby arugula on focaccia

Trieste 👳 \$11.50 Grilled chicken, olive paste, grilled zucchini, mozzarella on ciabatta

Anthony 🌚 \$11.50 Grilled chicken, mozzarella, baby arugula, balsamic on krispina

Pollo 👳 Grilled chicken, broccoli rabe, smoked mozzarella on ciabatta

NYCOM 👳 \$11.25 Grilled chicken, Parma ham, mozzarella, baby arugula on krispina

\$11.75 mozzarella, tomato on ciabatta

Cuneo 👳 \$11.75 Grilled chicken, mozzarella, grilled zucchini, roasted pepper on ciabatta

Grass fed skirt steak, mixed greens,

red onions and gorgonzola with

cherry tomatoes, Gaeta olives, marinated

Savona 👳 \$11.50 Grilled chicken, mozzarella, roasted garlic aioli, tomato on ciabatta

Hogans 🐵 \$11.75 Grilled chicken, marinated artichoke, sundried tomato. mozzarella, basil pesto on ciabatta

Nuoro 🐵 \$11.75 Grilled chicken, roasted hot pepper, basil pesto, mozzarella, chopped iceberg, tomato on ciabatta

Perugia 👳 \$12.00 Grilled chicken, guacamole, chopped iceberg, mozzarella on rustic hero

Prato \$12.00 Chicken cutlet, fontina, roasted red onion, roasted pepper, spicy artichoke sauce on ciabatta

\$12.00 Pietro \$12.00 Chicken cutlet, mixed greens, roasted pepper, mozzarella, herb mayo on ciabatta

> Peperoni \$12.00 Chicken cutlet, mozzarella, roasted pepper, red onion on ciabatta

Cotoletta

Chicken cutlet, mozzarella, tomato, Fried eggplant, mozzarella, red onion, herb mayo on ciabatta

Piccante Chicken cutlet, mozzarella, mixed greens, spicy salsa aioli on ciabatta

Ancona Chicken cutlet, mixed greens, mozzarella, roasted hot pepper, tomato on ciabatta

Vegetarian

Vittoria 🔍 🖤 \$11.00 Artichoke hearts, sundried tomatoes, roasted peppers, & baby arugula on focaccia

Vegetariano \$11.00 on krispina Grilled mixed vegetables with fresh tomatoes, & mozzarella on rustic hero

Cagliari 🔍 🕜 \$11.00 Fresh mozzarella, sundried tomatoes, Gaeta olives, & red onions on focaccia

Trapani 🔍 🕜 Portobello mushroom, mozzarella, roasted peppers, & sautéed onions on focaccia

La Bottega Goat Cheese W \$11.00 Foggia Goat cheese, sundried tomatoes, Gaeta olives, grilled zucchini, & red onion on focaccia

\$12.00 Sicilia 🕜

roasted peppers on krispina

\$11.25

Quattro Formaggi • V \$10.50 Four cheese panino, brie, fontina. mozzarella, asiago cheese, grilled zucchini, spicy roasted pepper sauce on round rustic

Gubbio 🔍 \$11.25 Roasted Portobello, goat cheese, basil pesto, roasted pepper on whole wheat

Sienna 🔍 \$8.25 Mozzarella, tomato, basil, extra virgin olive oil, balsamic

Portobello \$10.75 Roasted portobello, tomato, mozzarella on whole wheat

Terra **●**♥ \$12.25 Roasted portobello, broccoli rabe, roasted pepper, grilled zucchini, \$11.00 Asiago cheese on whole wheat

> Potenza 🥨 \$11.00 Fried eggplant, mozzarella, tomato, basil on krispina

> \$11.00 Fried eggplant, smoked mozzarella, olive paste, sundried tomato on krispina

Cured Meats

Lodi 🌚 Prosciutto, artichoke hearts, smoked mozzarella, & red onion on focaccia

Lecce 🌚 \$11.25 Parma ham, mozzarella, tomatoes, & spicy aioli on focaccia

Calabria 🐵 \$11.25 Sopressata, brie cheese, & fresh tomatoes on focaccia

Matt 👳 \$12.00 Parma ham, mozzarella, tomato,

herb mayo, mixed greens, roasted pepper, balsamic on ciabatta

Crudo 🌚 Prosciutto crudo, mozzarella. baby arugula on ciabatta

Prosciutto \$11.75 Prosciutto crudo, mozzarella, tomato on ciabatta

Pippo 🐵 \$12.75 Prosciutto crudo, mozzarella, sundried tomato, spicy salsa aioli, red onion, Gaeta olives, roasted hot peppers on ciabatta

Como 🌚 \$12.75 Imported smoked prosciutto (speck), fontina, baby arugula on ciabatta

Bolzano 👳 \$12.50

\$12.25 Imported smoked prosciutto (speck), mozzarella, baby arugula, spicy roasted pepper sauce on

> Caltanissetta \$12.00 Sopressata, fontina, baby arugula, roasted hot pepper, tomato, on ciabatta

> > Seafood

Tonno 👳 \$11.75 Italian tuna in olive oil with fresh tomato, baby arugula, & spicy aioli on krispina

\$11.75 Panarea \$11.75 Italian tuna in olive oil with Gaeta olives, roasted peppers, & artichoke hearts on krispina

> Napoli 🌚 \$12.00 Grilled shrimp, salsa aioli, baby arugula on round rustic

Asti 👳 \$13.00 Grilled shrimp, broccoli rabe, mozzarella, roasted hot pepper on ciabatta

Spoleto 👳 \$13.00 Grilled shrimp, baby arugula, guacamole on rustic hero

Agrigento 👳

Grilled shrimp, marinated artichoke, tomato, roasted garlic aioli on round rustic

Roasted Turkey

Sanremo 👳 Roasted turkey, mozzarella,

roasted hot pepper, guacamole on ciabatta Frosinone \$12.00

Roasted turkey, crispy bacon, smoked mozzarella, sautéed onion, herb mayo on krispina

Salerno 👳 Roasted turkey, chopped iceberg, tomato, fontina, guacamole on rustic hero

Crotone 👳 Roasted turkey, roasted red onion, sautéed mushrooms, fontina on rustic hero

Steak

Bistecca 🐵 \$13.00 Grass fed roasted angus steak, sautéed onion, smoked mozzarella on ciabatta

Bistecca 🐵 \$13.00 E Mozzarella Grass fed roasted angus steak,

mozzarella, roasted pepper on ciabatta

Bistecca E Funghi 9 \$13.00 Grass fed roasted angus steak, fontina,

sautéed mushrooms on ciabatta

Alexandro 👳 Grass fed roasted angus steak, avocado,

roasted hot pepper, romaine, tomato, red onion on ciabatta

Pork

Ascoli 🐵 \$12.25 Slowly roasted porchetta, mozzarella, broccoli rabe, roasted hot pepper on round rustic

Gela 🌚

Slowly roasted porchetta, provolone, roasted pepper, baby arugula on round rustic Trentino 🐵 \$12.25

Slowly roasted porchetta, sautéed mushroom, smoked mozzarella \$12.00 on round rustic

> Bari 👳 \$12.00 Sweet sausage, broccoli rabe, olive paste on round rustic

> Sardegna 👳 \$12.00 Sweet sausage, mozzarella, roasted hot pepper on round rustic

Panini Basket Your choice of panini cut in quarters **10 PANINI \$95**

5 PANINI \$55

Soup Specials

Pint \$5.25 or Quart \$9.75

ZUPPA di POLLO e **VEGETALI**

Chicken Vegetable LENTICCHIE I

PASTA con FAGIOLI (optional GF with no pasta)

SPLIT PEA 🔍 🕜

ESCAROLE & BEAN pint: \$6.75 with sausage \$5.75 without quart: \$11.50 with sausage \$10.00 without

CLASSICA (V)

Fresh tomato, garlic, fresh basil **GAMBERI**

Roasted jumbo shrimp, tomato, hot peppers

MOZZARELLA - BASILICO Roasted red peppers, mozzarella & basil pesto

POMODORINI (V) Roasted cherry tomatoes & fresh mozzarella

PARMA

Prociutto di parma, parmigiano Reggiano, baby arugula, & spicy oil

CAPRINO con NOCI Goat cheese, raisins & walnuts

PERA 🥨

Roasted squash, fresh ricotta & pears

ZUCCA @ (V) Butternut Squash

MINESTRONE V (optional GF with no pasta)

TORTELLINI in BRODO cheese tortellini, tomatoes &

VEGETARIANO 🕯 🕜 Mixed vegetables with egg whites in broth

SEAFOOD SOUP \$7.50 pint \$13.50 quart

scallions in broth

\$7.50 pint \$13.50 quart

SEASONAL SOUP LOBSTER BISQUE

Bruschette

\$7 Choice of Three \$13 Choice of Six

RICOTTA (V)

Sautéed mushrooms and kale with fresh ricotta

ZUCCHINI (V)

Grilled zucchini, smashed avocado and hot pepper

Artichoke puree, bacon & parmigiano

PEPERONCINO V Avocado, red onion, tomato with hot pepper

POLPETTE

Mini meat ball with fresh tomato sauce & mozzarella

PORTOBELLO V Roasted portobello & walnut with goat cheese

Panini Per I Bambini

(Kids Only)

MATTIA **(7)** \$6.50 Mozzarella, tomato, basil on rustic hero

ERIKA \$9.00 Chicken cutlet, mozzarella on rustic hero

FORMAGGINO V Double mozzarella melted between flattened round bread

POLLO con PATATINE \$8.50 Chicken strips with a side of Tuscan fries

PENNE \$8.50 RAVIOLINI **9.00**

Penne with choice of marinara, garlic and oil, or butter sauce, add \$1.50 for alla vodka

GIUSEPPE JR. 98.00 Hamburger, mozzarella, ketchup and tomato on round bread

Piadina Classica

Served with a side order of Stagione or Caesar salad, Tuscan fries or sweet potato fries

PROSCIUTTO DI PARMA \$12.00

with fresh baby arugula, brie cheese, and drizzled with Mike's hot honey

GRASS FED SKIRT STEAK

Grass fed skirt steak with fontina cheese, peppers and onions

GRILLED CHICKEN \$11.00

with stracchino cheese & baby spinach

GRILLED SHRIMP \$14.50

\$15.50 half **\$20.50** full Crumbled Italian sweet sausage, with with stracchino cheese & mixed vegetables tomato sauce and fresh mozzarella

topped with balsamic glaze

MOZZARELLA CAPRESE V

Fresh mozzarella, tomato and fresh basil

MOZZARELLA CARROZA 🤍

Homemade mozzarella breaded

SALUMERIA 🗐

MEATBALLS

with a scoop of ricotta

OR MOZZARELLA STICKS \$12.50

& pan fried, served with marinara sauce

Assorted Italian cured meats, mixed

cheese and roasted peppers

5 meatballs in marinara sauce

Lightly breaded and served with a marinara dipping sauce

FRIED ZUCCHINI \$8.50 MINI ARANCINI

Antipasti

3 for \$5; 5 for \$7; 10 for \$13.50 or **\$1.75** ea

Famous cheese rice balls served with a tomato dipping sauce

STUFFED AVOCADO Stuffed with shrimp, cherry tomato over a bed of arugula with balsamic glaze

EGGPLANT BRUSCHETTE V Two grilled or fried eggplant topped with tomato, onion, basil, & avocado

GRILLED CALAMARI Over mixed greens, cherry tomatoes with lemon wedges

CALAMARI FRITTI \$12.50 Crispy golden fried calamari served with a fresh tomato sauce

Secondi

*Served with choice of potato & vegetable, or pasta

POLLO MOZZARELLA* \$21.50 Chicken breast topped with fresh tomato, broccoli rabe, and fresh mozzarella in a lemon and white wine

POLLO FUNGHI* Chicken breast with mixed mushrooms, onions and marsala wine

POLLO POMODORINI* \$20.50 Breast of chicken with white wine

and cherry tomatoes POLLO al VINO BIANCO*

\$20.50 Breast of chicken with white wine. lemon, fresh parsley

POLLO alla SORRENTINO* \$21.50

Breast of chicken with eggplant, prosciutto and fresh mozzarella in a marsala sauce

PETTO di POLLO alla "La Bottega East Meadow"*

\$21.50 Breast of chicken with spinach, roasted peppers and mozzarella in a brown sauce

SHRIMP FRANCESE * \$22.00 fresh egg battered shrimp, pan seared in our white wine and lemon sauce topped with parsley

with fresh mozzarella & basil

MARGHERITA

\$15.50 half

BIANCA

SALSICCIA

\$14.50 half

CAULIFLOWER CRUSTED

\$21.50 full

A blend of cheeses, fresh mozzarella, ricotta &

goat cheese, drizzled with extra virgin olive oil

POLLO alla GRIGLIA con CIME di RABE *

\$21.50 Grilled chicken, broccoli rabe and roasted peppers, with melted fresh mozzarella, in a light wine sauce

BRUSCHETTE di POLLO*

Grilled chicken breast lightly marinated in balsamic, over greens in a lite citrus dressing, topped with tomato & mozzarella bruschette

SALMONE con NOCI * \$24.00 Pan seared salmon encrusted in pecans and walnuts in an almond cream sauce

SALMONE con CREMA di SENAPE * \$23.00

Pan seared salmon in a creamy dijon mustard sauce **SALMONE con VINO BIANCO***

Grilled salmon with sundried tomato in a lemon white wine sauce

802 GRASS FED SKIRT STEAK

SHRIMP PARMIGIANA * \$21.50 breaded and fried shrimp topped with melted mozzarella and marinara

Grilled to perfection

Pizza

MARGHERITA (7) ALA VODKA PIZZ \$12.00 half \$17.00 full \$12.50 half \$18.00 full
Fresh mozzarella with ala vodka sauce Homemade tomato sauce topped

CHICKEN BACON RANCH

\$15.50 half \$22.50 full Chicken cutlet, bacon, fresh mozzarella, topped w/ ranch dressing

BUFFALO CHICKEN PIZZA \$15.50 half \$22.50 full Buffalo chicken, fresh mozzarella, blue cheese, & buffalo sauce

VEGETARIAN PRIMAVERA 🤍 **\$14.50** half **\$21.50** full Grilled zucchini, grilled eggplant, sautéed bell peppers & onions, black olives topped with fresh mozzarella

Pasta

\$19.50

Tricolor cheese tortellini with chicken

ZUCCHINE PRIMAVERA

ZUCCHINE BOLOGNESE

Zucchini style spaghetti mixed with our delicious bolognese meat sauce

SEAFOOD PASTA \$26.00

Linguini with clams, mussels, shrimp,

calamari in a light pomodoro sauce

GLUTEN FREE PASTA \$19.50

tomato, escarole and Cajun chicken in

PENNE with ITALIAN \$19.50

fresh broccoli rabe, wild mushrooms, cherry

tomato, in a garlic & virgin olive oil brodo

a garlic and oil sauce

SWEET SAUSAGE

Zucchini style spaghetti with mixed vetegables

topped with shrimp in a garlic & oil brodo

cutlet in a creamy alfredo sauce

Gluten free, brown rice penne and whole wheat pasta also available \$2.00 extra Substitute with zucchini linguine for a healthier option for \$3.00 extra

LINGUINE con GAMBERI RIGATONI BOLOGNESE \$19.50

Linguine with jumbo shrimp, white wine, TORTELLINI TRICOLORE garlic, cherry tomato & a touch of marinara \$18.50

EAST MEADOW alla VODKA

Penne with fresh mozzarella, spinach & chicken cutlet

PENNE INTEGRALI con POLLO \$18.50

Whole Wheat penne, grilled chicken, spinach, cannellini beans with garlic & oil

RAVIOLI con GAMBERI

\$19.50

Cheese ravioli & sautéed shrimp in a tomato sauce with a touch of cream

BROWN RICE PASTA \$22.00 artichoke hearts, Gaeta olives, cherry tomatoes escarole & shrimp in a garlic and oil sauce

BROWN RICE PASTA \$22.00 con **GAMBERI**

Cajun Shrimp, cherry tomato, toasted almonds, in a basil pesto sauce topped with shaved parmigiano reggiano

VEGETARIAN BOLOGNESE \$22.00

(Impossible Chop Meat: meat free & cholesterol free, made with all-natural ingredients like coconut oil and potatoes) Brown rice penne with veggie chop meat, a touch of marinara and topped with fresh mozzarella

Burgers

Served with a side order of Stagione or Caesar salad, Tuscan fries or sweet potato fries

HAMBURGER MODERNA

\$13.50

Ground angus beef, mozzarella, sautéed onion, sautéed mushroom, crispy bacon tomato, mixed greens, spicy artichoke sauceon round rustic

ELK BURGER 🐵

\$14.50

topped with provolone, caramelized onions, sautéed mushrooms and garlic aioli on round

BISON BURGER @

\$14.50

Topped with gorgonzola, bacon, sautéed onion and herb mayo on round rustic

HAMBURGER CLASSICA

Ground angus beef, mozzarella, red onion tomato, baby arugula, spicy salsa aioli, on round rustic

VEGGIE BURGER (BEYOND BURGER- MEAT FREE)

\$13.00

Topped with provolone, tomato, avocado, sauteed spinach, & roasted pepper spread on round rustic

Limited Time Only Seasonal Special LOBSTER ROLL

Lobster, avocado, chives, sprouts, light mayo and a touch of crushed red pepper, served with Tuscan fries and a pickle

Sides

Broccoli	\$7.50	Mixed Vegetables	\$7.50
Cauliflower	\$7.50	Spinach	\$7.50
Potatoes, Peppers & Onions	\$7.50	Broccoli Rabe	\$9.50
Mushrooms	\$7.50	Escarole & Beans	\$8.50
Chicken	\$4.00	Tuscan Fries	\$6.00
Shrimp	\$6.50	Sweet Potato Fries	\$7.00

ASK ABOUT OUR DRINK OPTIONS

Including our homemade unsweetened Iced Tea \$2.50 and homemade Fresh Mango or Raspberry unsweetened Iced Tea \$4.00



East Meadow Tel. 516-280-7097 Fax 516-740-3876 Catering 516-874-2807 **376 Merrick Avenue**

www.labottegagourmet.com* *click on "East Meadow" location

TAKE OUT & DELIVERY MFNU

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labottegaofeastmeadow

Please advise us when ordering Gluten Free or Vegetarian





VEGETARIAN

12/19