

# Salads

<b>Stagione</b> Mixed greens, tomatoes, carrots & cucumbers with balsamic dressing	 	\$9.00
<b>Bietole</b> Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn & tomatoes with honey dijon dressing	 	\$11.25
<b>Tricolore</b> Radicchio, baby arugula, endive, Gaeta olives & shaved parmigiano with balsamic dressing	 	\$11.75
<b>Insalata Di Pere</b> Mixed greens, pears, gorgonzola & toasted pecans with lime dressing	 	\$11.75
<b>Insalata con Funghi</b> Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds & mozzarella with balsamic dressing	 	\$11.75
<b>Caesar</b> Romaine hearts, ciabatta croutons, shaved Parmigiano & Caesar dressing choice of: <i>Chicken</i> \$12.50 <i>Roasted Turkey</i> \$13.25 <i>Shrimp</i> \$14.00 <i>Steak</i> \$14.50		\$9.75
<b>Roasted Turkey</b> <i>Tacchino e Avocado</i> Roasted turkey, mixed greens, shredded mozzarella, tomatoes, avocado, sautéed mushrooms & roasted hot peppers with balsamic dressing		\$13.75
<b>Steak</b> <i>Bistecca e Zola</i> Roasted angus steak, mixed greens, cherry tomatoes, Gaeta olives, marinated red onions & gorgonzola with balsamic dressing		\$14.50
<b>Grilled Shrimp</b> <i>Romana con Gamberoni</i> Grilled shrimp, romaine hearts, fresh mozzarella, raisins, toasted walnuts & tomatoes with balsamic dressing	 	\$14.50
<i>Gamberoni e Guacamole</i> Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes & roasted hot peppers with lime dressing	 	\$14.50
<i>Insalata di Mango e Gamberi</i> Roasted shrimp, fresh mango, Iceberg lettuce, cherry tomatoes & fresh mozzarella with raspberry vinaigrette	 	\$14.50
<b>Grilled Chicken</b> <i>Avocado Salad</i> Grilled chicken, iceberg lettuce, shredded mozzarella, avocado, toasted almonds & cherry tomatoes with balsamic dressing		\$13.25
<i>Rucola Caprino e Pollo</i> Grilled chicken, baby arugula, goat cheese, sundried tomatoes & toasted walnuts with balsamic dressing		\$12.75
<i>Rucola e Farro</i> Grilled chicken, baby arugula, barley, cherry tomatoes, gorgonzola, roasted hot peppers & hearts of palm with honey dijon dressing		\$12.75
<i>Insalatina di Pollo</i> Grilled chicken, mixed greens, Gaeta olives, red onions, carrots & toasted almonds with balsamic dressing		\$12.50
<i>Pollo e Guacamole</i> Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella & cherry tomatoes with lime dressing		\$13.50
<i>Insalata di Pomodoro</i> Grilled chicken, Iceberg lettuce, fresh tomatoes, red onions, black olives, basil & fresh mozzarella, with balsamic dressing		\$12.50
<i>Insalata di Carciofi</i> Artichoke hearts, baby arugula, grilled chicken, gluten free quinoa, fresh tomatoes, hot peppers, red onions, & fresh mozzarella with balsamic dressing		\$13.00
<i>Insalata di Quinoa</i> Gluten free quinoa, grilled chicken, romaine hearts, fresh tomatoes, avocado, black olives, almonds, & cucumber with mango dressing		\$13.50
<i>Insalata di Cavolo</i> Chopped organic baby kale, grilled chicken, red beets, fresh mango, avocado & pecans with honey dijon dressing		\$13.00
<i>Insalata di Mango</i> Chopped organic baby kale, fresh mango, grilled chicken, gluten free quinoa, cherry tomatoes, almonds & shredded mozzarella with mango dressing		\$13.25
<b>Chicken Cutlet</b> <i>Parma Salad</i> Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers & shaved Parmigiano with balsamic dressing		\$12.75
<i>Sal Salad</i> Chicken cutlet, mixed greens, red onions & tomatoes with roasted garlic vinaigrette		\$12.50
<i>Di Rosa Salad</i> Chicken cutlet, mixed greens, tomatoes & goat cheese with balsamic dressing		\$12.50
<i>Susan Salad</i> Chicken cutlet, mixed greens, red onions, roasted hot peppers, roasted corn, gorgonzola & tomatoes with balsamic dressing		\$12.75
<b>Salmon</b> <i>Salmone e Guacamole</i> Roasted salmon, mixed greens, guacamole, hearts of palm & toasted sunflower seeds with honey dijon dressing	 	\$14.75
<i>Salmone e Pere</i> Roasted salmon, baby spinach, endive, pears, toasted pecans, roasted beets & cherry tomatoes with raspberry vinaigrette	 	\$14.75
<b>Seafood</b> <i>Insalata di Calamari</i> Grilled calamari, mixed greens, olives, capers, sundried tomatoes & scallions with lime dressing	 	\$14.00

