

Stimulant Medication Prescriptions

Thank you for allowing us to participate in your care. Because stimulant medications are controlled substances, federal and state regulations require close monitoring and follow-up.

Follow-Up Requirements

Medication Changes

If any change is made to your stimulant medication (including dosage changes, medication switches, or restarting a medication), you are required to schedule a follow-up appointment approximately **30 days after the change** to evaluate effectiveness, side effects, and treatment response.

Routine Follow-Up

Patients whose stimulant medication regimen remains stable must be seen **every 3 months** for continued prescription management and refills.

Failure to maintain scheduled follow-up appointments may result in delays or interruption of prescription refills.

Understanding Your Refills

For patients receiving a 3-month supply of stimulant medication:

- Your prescription bottle may indicate "**0 Refills**" even though additional prescriptions have been sent to the pharmacy.
- This is normal and required due to how controlled substance prescriptions are processed.
- Many pharmacy mobile apps, websites, and online patient portals do **not accurately display future stimulant prescriptions**.
- Before contacting our office regarding a refill, please contact your pharmacy and speak directly with a **pharmacist or pharmacy technician** to determine whether additional prescriptions are already on file.

Medication Availability and Shortages

Unfortunately, stimulant medication shortages occasionally occur.

If your pharmacy is unable to fill your prescription:

1. Contact other pharmacies and verify that they have your medication and dosage in stock.
2. Once you have confirmed availability, contact our office with:
 - a. Pharmacy name
 - b. Pharmacy phone number
 - c. Medication name and strength

We will make every reasonable effort to resend your prescription to the verified pharmacy.

Important

- We will only send prescriptions to **one pharmacy at a time**.
- We will **not send the same prescription to multiple pharmacies simultaneously**.
- Patients are responsible for verifying medication availability before requesting that a prescription be transferred.

Prescription Processing and Requests

- Please allow up to **24 business hours** for stimulant prescriptions to be sent to your pharmacy.
- Requests received after office hours, on weekends, or on holidays may require additional processing time.
- Please avoid waiting until you have completely run out of medication before requesting assistance.
- We recommend contacting your pharmacy several days before you are due to run out of medication.
- Multiple phone calls, portal messages, or refill requests for the same prescription do not expedite processing and may delay response times.

Our goal is to provide timely and safe medication management while complying with all state and federal regulations regarding controlled substances.

Thank you for your cooperation and understanding.

Clarity and Focus, LLC