

Emergency Drugs



- Keep drugs locked away
- Check expiry dates regularly



Anaphylaxis	Difficulty breathing, blotchy skin, face swelling	Adrenaline IM 1:1,000 (Epinephrine) Adult dose 500mcg repeat 5 mins Contra-Indications Hypothermia
Heart Attack	Blue / greyish skin, intense central chest pain, radiating to back, arm, neck and jaw	Aspirin Dispersible Tablets 300mg (Chew) Contra-Indications <16 years, aspirin allergy, gastrointestinal bleeding, Haemophilia, Severe heptic disease Glyceryl Trinitrate (Spray or Tablet) 400mcg sub-lingual—repeat 5—10 minutes Contra-Indications Hypotension (Systolic BP <90mmHg) Hypovolaemia, Head Trauma, Cerebral haemorrhage, Sildenafil taken within previous 24 hours
Hypoxia	Blue or greyish skin, SOB, DIB	Oxygen
Seizures	Repeated tonic / clonic seizure that does not stop (>5 minutes duration)	Midazolam Oromucosal Solution, midazolam 5ml (10mg per 1ml) Buccal—individual tailored dose as per the patients' individualised care plan
Diabetes	Sweating, weakness, history of low sugar levels	Oral glucose, Glucagon IM, (Img)
Asthma	Unable to speak in full sentences, SOB, DIB, use of accessory muscles	Salbutamol Aerosol Inhalation, salbutamol 100 micrograms/metered inhalation, Oxygen if Hypoxia
CVA (Stroke)	Cerebral Haemorrhage / Thrombosis (FAST positive)	Oxygen if Hypoxia
sensory deficits, Monocular or bi Diplopia, Dysarthria, Facial droo	Abrupt onset of hemiparesis, monoparesis, or (rarely) quadriparesis, Hemisensory deficits, Monocular or binocular visual loss, Visual field deficits, Diplopia, Dysarthria, Facial droop, Ataxia, Vertigo (rarely in isolation), Nystagmus, Aphasia, Sudden decrease in level of consciousness	If you use any drugs Call for Ambulance in all cases without delay

First Aid Training call 0330 113 1018 info@learn2rescue.com www.learn2rescue.com